

## April 6 – April 12, 2026 Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Monday</b> April 6	Donuts / Muffins Oatmeal / Grits French Toast Pork Bacon Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> New England Clam Chowder Vegetable Orzo <i>Dessert:</i> Peach Pie	Assorted Deli Cold Cuts Country Fried Steaks Mashed Potatoes Broiled Tomatoes Brussel Sprouts Yeast Rolls
		Steamed Pork Dumpling Teriyaki Chicken Fried Rice Asian Vegetables Broccoli Florets Assorted Rolls	
<b>Tuesday</b> April 7	Donuts / Bran Muffins Oatmeal / Cream of Wheat Creamed Chipped Beef Lyonnaise Potatoes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Vegetable Orzo Navy Bean <i>Dessert:</i> Chocolate Cookies	Deli Turkey Baked Salmon Wild Rice Sugar Snap Peas Okra & Tomatoes Bread Stick
		<b>Themed Meal:</b> <b>**Taco Tuesday**</b>	
<b>Wednesday</b> April 8	Donuts / Coffee Cake Oatmeal / Grits Pork Bacon Hash Browns Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Navy Bean Lobster Bisque <i>Dessert:</i> Carrot Cake	Philly Chicken & Cheese Sub Fish & Cheese Sub Crinkle Cut Fries Mushrooms & Onions Coleslaw
		Assorted Deep Dish Pizza Swedish Meatballs Mashed Potatoes Stewed Cabbage Creamed Corn O'Brien Yeast Rolls	
<b>Thursday</b> April 9	Donuts / Cinnamon Rolls Oatmeal / Grits Sausage Links / Scrapple Apple Pancakes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Lobster Bisque Chicken Noodle <i>Dessert:</i> Peach Blondie	Assorted Deli Cold Cuts Roasted Turkey Cornbread Dressing Mashed Potatoes Green Peas Creamed Cauliflower Assorted Rolls
		Chicken Tenders Smothered Pork Chops Black-eyed Peas w. Rice Collard Greens Harvard Beets Corn Muffin	
<b>Friday</b> April 10	Donuts / Assorted Danishes Oatmeal / Cream of Wheat Creamed Ground Beef Home Fried Potatoes / Tater Tots Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Cream of Broccoli Chicken Noodle <i>Dessert:</i> Coconut Cream Pie	Deli Roast Beef Chicken Cordon Bleu Scalloped Potatoes Asparagus Spears Southern Fred Succotash Slider Rolls
		Hot Rubeen Sandwich Fried Shrimp French Fries Fried Okra Coleslaw Hushpuppies	
<b>Saturday</b> April 11	Donuts / Scones Oatmeal / Grits Corned Beef Hash O'Brien Potatoes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Cream of Broccoli Kielbasa Cabbage <i>Dessert:</i> White Choc. Macadamia Nut Cookies	Deli Turkey Char Grilled Chopped Steak Baked Potato Whole Green Beans Glazed Baby Carrots Assorted Rolls
		Egg Salad Grilled Liver & Onions Mashed Potatoes Roasted Mixed Vegetables Creamed Spinach Assorted Rolls	
<b>Sunday</b> April 12	Donuts / Cinnamon Rolls Oatmeal / Grits Grilled Ham Steaks Pineapple Waffles Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Kielbasa Cabbage Beef Noodle <i>Dessert:</i> Rice Pudding	Deli Chicken Beef Pot Pie Steamed White Rice Normandy Blend Vegetables Fried Zucchini Dinner Rolls
		Seafood Salad Chicken w. Dumplings Sautéed Squash German Blend Vegetables Croissants	

## April 6 – April 12, 2026 Diet Line Menu

All items on this menu have been modified to be lower in calories, fats and/or sodium than the regular line items. The Diet Line is designed to promote healthier eating and can be used to adhere to most modified diets. Residents who require a therapeutic diet are advised to make an appointment with the Registered Dietician for a 1:1 consult.

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Monday</b> April 6	<sup>G</sup> Oatmeal / Grits Scrambled Egg Beaters Hardboiled Eggs Turkey Bacon <sup>G</sup> Biscuits & Gravy	<i>Soup of the Day:</i> Vegetable Orzo <i>Dessert:</i> NSA Apple Pie	
		Teriyaki Chicken Brown Fried Rice Asian Vegetables Steamed Broccoli Dinner Rolls	Chopped Turkey <sup>G</sup> Mashed Potatoes <sup>G</sup> Broiled Tomatoes <sup>G</sup> Brussel Sprouts Dinner Rolls
<b>Tuesday</b> April 7	<sup>G</sup> Oatmeal / <sup>G</sup> Cream of Wheat Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Turkey Sausage Patties <sup>G</sup> Lyonnaise Potatoes	<i>Soup of the Day:</i> Vegetable Orzo Chicken Stock <i>Dessert:</i> Assorted Sugar Free Cookies	
		<b>Themed Meal:</b> <b>**Taco Tuesday**</b>	<sup>G</sup> Baked Salmon <sup>G</sup> Steamed Wild Rice <sup>G</sup> Sugar Snap Peas <sup>G</sup> Okra & Tomatoes Dinner Rolls
<b>Wednesday</b> April 8	<sup>G</sup> Oatmeal / Grits Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Grilled Ham	<i>Soup of the Day:</i> Lobster Bisque <i>Dessert:</i> NSA Chocolate Pudding	
		Pizza Swedish Meatballs <sup>G</sup> Mashed Potatoes <sup>G</sup> Cabbage <sup>G</sup> Corn Dinner Rolls	Chicken Sub <sup>G</sup> Baked Crinkle Sweet Potato Fries <sup>G</sup> Mushroom & Onion Coleslaw
<b>Thursday</b> April 9	<sup>G</sup> Oatmeal / Grits Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Turkey Sausage Links	<i>Soup of the Day:</i> Chicken Noodle <i>Dessert:</i> Angel Cake w. Crushed Pineapples	
		<sup>G</sup> Baked Pork Chop <sup>G</sup> Blackeyed Peas & Brown Rice <sup>G</sup> Collard Greens <sup>G</sup> Beets Assorted Rolls	<sup>G</sup> Roasted Turkey <sup>G</sup> Mashed Potatoes <sup>G</sup> Steamed Cauliflower <sup>G</sup> Green Peas Dinner Rolls
<b>Friday</b> April 10	<sup>G</sup> Oatmeal / <sup>G</sup> Cream of Wheat Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Creamed Ground Beef	<i>Soup of the Day:</i> Chicken Stock <i>Dessert:</i> NSA Vanilla Pudding	
		<sup>G</sup> Broiled Fish <sup>G</sup> Baby Baked Potatoes <sup>G</sup> Okra <sup>G</sup> Coleslaw Wheat Rolls	<sup>G</sup> Grilled Chicken Breast <sup>G</sup> Baked Sweet Potatoes <sup>G</sup> Succotash <sup>G</sup> Asparagus Spears Dinner Rolls
<b>Saturday</b> April 11	<sup>G</sup> Oatmeal / Grits Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Turkey Bacon O'Brien Potatoes	<i>Soup of the Day:</i> Kielbasa Cabbage <i>Dessert:</i> Assorted Sugar Free Cookies	
		<sup>G</sup> Vegetable Cutlet <sup>G</sup> Mashed Potatoes <sup>G</sup> Roasted Mixed Vegetables <sup>G</sup> Spinach Assorted Rolls	<sup>G</sup> Grilled Chopped Steak Baked Potato <sup>G</sup> Carrots <sup>G</sup> Whole Green Beans Assorted Rolls
<b>Sunday</b> April 12	<sup>G</sup> Oatmeal / Grits Scrambled Egg Beaters Hardboiled Eggs <sup>G</sup> Biscuits & Gravy Grilled Ham	<i>Soup of the Day:</i> Beef Noodle <i>Dessert:</i> Fresh Fruit Cups	
		<sup>G</sup> Chicken Dumplings German Blend Vegetables <sup>G</sup> Squash Dinner Rolls	Beef Pot Pie <sup>G</sup> Brown Rice <sup>G</sup> Normandy Blend Vegetables <sup>G</sup> Zucchini Dinner Rolls

## Fixed Menu Items

**These items do not change according to the weekly menu**

### Breakfast Bar:

Bagels, English Muffins, Assorted Bread Slices

Prunes, Bananas, Grapefruit Sections, Cut Fresh Fruit, Applesauce, Raisins

Assorted Jellies, Syrup, and condiment topping

### Daily Grill:

Hamburgers, Hot Dogs, Grilled Chicken Breast, Grilled Cheese Sandwich

*Condiments:* Lettuce, Tomato, Red Onion, Dill Pickle, Bacon, Horseradish, Chili, Cheese, Assorted Chips

### Salad Bar:

Mixed Salad Greens, Cherry Tomatoes, Sliced Cucumbers, Sliced Red Onions, Matchstick Carrots, Sliced Bell Peppers, Bread & Butter Pickles, Whole Green Olives, Sliced Black Olives, Coleslaw, Tuna Fish, Boiled Eggs, Cottage Cheese, Shredded Cheese, Bacon Bits, Beets

#### *Variables:*

Jalapeno or Banana Peppers, Broccoli or Cauliflower Florets, Green Peas or Edamame, Green Onions or Celery Sticks, Avocado or Baby Corn, Chopped Nuts, Dried Cranberries or Raisins, Sunflower Seeds or Bleu Cheese Crumble, Salmon (Mon, Wed, Fri).

#### *Dressings:*

Ranch, Blue Cheese, Thousand Island, Italian, Catalina, Fat-Free Ranch, Olive Oil, Red/White Vinegar, Balsamic Vinegar

#### *Daily Rotation Items:*

	Salad	Fruit	Gelatin
Monday	Green Pea & Carrot	Mandarin Oranges	Strawberry
Tuesday	Greek	Fruit Cocktail	Orange
Wednesday	Potato	Pineapple Chunks	Cherry
Thursday	German Tomato	Apricot Halves	Lemon
Friday	Broccoli	Fruit Cocktail	Raspberry
Saturday	Fruit	Pineapple Slices	Lime
Sunday	Pasta	Pear Halves	Watermelon