

AFRH - W / MASTER MENU / F-1A, 2016 CYLCE ONE - REGULAR LINE

1->	BREAKFAST	LUNCH	DINNER
M O N 5-Dec 2016	Donuts / Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled French Toast Pork Bacon Biscuits / Sausage Gravy	Vegetable Beef & Barley Soup Pinto Bean Soup Chicken Salad Meatloaf w Gravy Mash Potatoes w Gravy German Blend Vegetables Black Eye Peas Dinner Rolls	Pinto Bean Soup Vegetable Beef & Barley Soup Sliced Deli Turkey Char Grilled Pork Chops w Hot Apple Sauce Candied Yams Turnip Greens Creamy Cauliflower Cornbread
T U E S 6-Dec 2016	Donuts / Bran Muffins Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Cream of Broccoli Soup Chicken Noodle Soup Fried Chicken Liver Gizzards Grilled Ham Lg White Lima Beans / White Rice Corn & Carrots Club Spinach Corn Muffins	Chicken Noodle Soup Cream of Broccoli Soup Sliced Deli Roast Beef Lemon Baked Fish Rissoto Pasta Brussels Sprouts Stewed Tomatoes Dinner Rolls / White & Wheat Bread
W E D 7-Dec 2016	Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Baked Beans Biscuits / Country Gravy	Onion Soup Tomato Florentine Soup Bratwurst w/Sauerkraut Fried Chicken Macaroni & Cheese Buttery Green Peas Broccoli Florets Yeast Rolls	Onion Soup Tomato Florentine Soup Sliced Deli Chicken Sweet & Sour Ribs w/Asian Style Noodles Stir Fried Vegetables Stewed Cabbage Dinner Rolls / White & Wheat Bread
T H U R S 8-Dec 2016	Donuts / Bran Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Links / Scrapple Apple Pancakes Biscuits / Country Gravy	Chicken Tortilla Soup Split Pea Soup Barbeque Pulled Pork / Buns Fish Taco with Toppings ReFried Beans / Spanish Rice Squash Casserole Seasoned Green Beans Brown and Serve Rolls	Chicken Tortilla Soup Split Pea Soup Sliced Deli Turkey Pepper Steak w/Gravy Mashed Potatoes Fried Zucchini Harvard Beets Dinner Rolls / White & Wheat Bread
F R I 9-Dec 2016	Donuts / Assorted Muffins Assorted Danishes Oatmeal / Cream of Wheat Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Chili Bean Soup Chicken & Rice Soup Mediterranean Pasta Fried Catfish w/Bienville Sauce Praline Sweet Potatoes Cauliflower Au Gratin Garden Spinach Salad Hushpuppies	Chicken & Rice Soup Chili Bean Soup Assorted Sliced Deli Cold Cuts Pot Roast with Mushroom Gravy Baked Potato w/Sour Crm/Butter Southern Fried Succotash Sautéed Rutabagas Slider Rolls / White & Wheat Bread
S A T 10-Dec 2016	Donuts / Assorted Muffins Coffee Cake Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash O'Brian Potatoes Biscuits / Country Gravy	Loaded Potato Soup Italian Wedding Soup Turkey Pot Pie Ground Meat and Tomato Sauce Spaghetti Italian Green Beans Sautéed Okra Garlic Bread	Italian Wedding Soup Loaded Potato Soup Sliced Deli Roast Beef Orange Chicken Rice Pilaf Asparagus Mixed Vegetables Assort Rolls / White & Wheat Bread
S U N 11-Dec 2016	Donuts / Assorted Muffins Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks Pineapple Waffles Biscuits / Country Gravy	Clam Chowder Knickerbockers Soup Egg Salad Barbeque Country Ribs Southern Potato Salad Corn on the Cob Collard Greens Cornbread	Knickerbockers Soup Clam Chowder Sliced Deli Chicken Fried Shrimp w/Cocktail/Tartar Sauce Cheesy Grits Coleslaw Normandy Blend Veggies Dinner Rolls / White & Wheat Bread

DESSERTS - REGULAR LINE

DESSERTS - DIET LINE

DAILY SHORT ORDER LINE - LUNC

Mon Coconut Custard Pie

NSA Lemon Meringue Pie

Grilled Hamburgers w/ Buns / Sliced Cheese

Tue Oatmeal & Raisin Cookies

Assorted SF Cookies

Grilled Hot Dogs w/ Buns / Chili / Cheese Sa

Wed MS Mud Cake

Fresh Fruit Cups

Grilled Chicken Breast w/ Corn Rolls

Thu Cheesecake w/Drizzle

Sponge Cake w/Mandarin Oranges

Grilled Cheese Sandwiches on White or Wh

Fri Lemon Meringue Pie

NSA Peach Pie

Condiments: Green Leaf Lettuce / Sliced To

Sat Sugar Cookies

Assorted SF Cookies

Sliced Red Onions / Dill Pickle Slices

Sun Cherry Cobbler

Tropical Fruit Cups

Horseradish / Bacon / Assorted Chips