WEEK OF 11/2 through 11/8

DAY	BREAKFAST	LUNCH	DINNER
MONDAY NOVEMBER 2, 2026	Assorted Pastries Oatmeal Grits Hard Boiled Egg Scrambled Egg Cinnamon Swirl French Toast Bacon Hash Brown Patty Sausage Country Gravy	Beef Vegetable Soup Butternut Squash Soup Korean Pasta Salad Chicken Fricassee Vegetable Primavera Seasoned Orzo Pasta Zucchini Parmesan Parmesan Baked Tomatoes	Butternut Squash Soup Beef Vegetable Soup Korean Pasta Salad Salisbury Steak & Gravy Mashed Potatoes Garden Blend Vegetables Lemon-Garlic Asparagus
TUESDAY NOVEMBER 3, 2026	Assorted Pastries Oatmeal Cream of Wheat Hard Boiled Egg Scrambled Egg Sausage Patty Creamed Chipped Beef O'Brien Potatoes Country Gravy	Butternut Squash Soup Navy Bean & Ham Soup Gazpacho Salad Garlic Steak Bites Fried Shrimp Roasted Red Potatoes California Blend Vegetables Roasted Beets	Butternut Squash Soup Navy Bean & Ham Soup Gazpacho Salad Chicken Fajita w/ Flour Tortilla Tortilla Chips Refried Beans Seasoned Broccoli Florets Southwest Corn
WEDNESDAY NOVEMBER 4, 2026	Assorted Pastries Oatmeal Grits Hard Boiled Egg Scrambled Egg Quiche Lorraine Kielbasa Lyonnaise Potatoes Sausage Country Gravy	Navy Bean & Ham Soup Cream of Mushroom Soup Tuna Pasta Salad Mediterranean Baked Fish Crispy Pork Loin Wild Rice Steamed Summer Squash Breaded Okra	Navy Bean & Ham Soup Cream of Mushroom Soup Tuna Pasta Salad Hawaiian Chicken Rice Pilaf Steamed Corn Green Beans Almondine
THURSDAY NOVEMBER 5, 2026	Assorted Pastries Oatmeal Grits Hard Boiled Egg Scrambled Egg Blueberry Pancakes Ham Country Gravy Tater Tots	Cream of Mushroom Soup Turkey Noodle Soup Potato Salad Meatloaf & Gravy Herb Roasted Lamb Chop Mashed Potatoes & Brown Gravy Southwest Corn Maple Dijon Brussels Sprouts	Cream of Mushroom Soup Turkey Noodle Soup Potato Salad Turkey & Dumplings Baked Sweet Potato Stewed Summer Squash Seasoned Broccoli Florets
FRIDAY NOVEMBER 6, 2026	Assorted Pastries Oatmeal Cream of Wheat Hard Boiled Egg Scrambled Egg Bacon Roasted Red Potatoes Sausage Country Gravy	Turkey Noodle Soup Shrimp & Roasted Corn Bisque Broccoli Salad BBQ Chicken Thighs Salmon Fillet Broiled Baked Potato Lemon Asparagus Parsley Cauliflower	Turkey Noodle Soup Shrimp & Roasted Corn Bisque Broccoli Salad Mongolian Beef Brown Rice Pacific Blend Vegetables Cabbage & Bok Choy
SATURDAY NOVEMBER 7, 2026	Assorted Pastries Oatmeal Grits Hard Boiled Egg Scrambled Egg Beef Corned Hash Sweet Potato Hash Country Gravy	Shrimp & Roasted Corn Bisque Tomato Florentine Soup Apple Pecan Salad Crab Cakes Roast Beef Rice and Gravy Seasoned Green Beans Pacific Blend Vegetables	Shrimp & Roasted Corn Bisque Tomato Florentine Soup Apple Pecan Salad Pork Chop & Mushroom Sauce Stewed Tomatoes Brussels Sprouts
SUNDAY NOVEMBER 8, 2026	Assorted Pastries Oatmeal Grits Hard Boiled Egg Scrambled Egg Waffle & Bananas Sausage Link Diced Rosemary Potatoes Country Gravy	Baked Potato Soup Tomato Florentine Soup Cucumber Salad Jerk Chicken Quarter Baked Ham Black Beans & Rice Collards Fried Plantain	Tomato Florentine Soup Baked Potato Soup Cucumber Salad Beef Chow Mein Fluffy Rice Savory Carrots Oriental Blend Vegetables

DESSERTS	
Monday	Carrot Cake
Tuesday	Blueberry Pie
Wednesday	Chocolate Chip Layer Cake
Thursday	Peanut Butter Cookies
Friday	Apple Apricot Cobbler
Saturday	Chocolate Pudding
Sunday	Cherry Pie

ALWAYS AVAILABLE	
JUICES	Apple • Grape • Prune • Orange • Cranberry
BREADS	White or Wheat Toast • Biscuit • Dinner Roll • White Bread • Wheat Berry Bread • Rye Bread
BEVERAGES	Whole Milk • 2% Milk • Skim Milk • Chocolate Milk • Lactose Free 2% Milk • Soy Milk • Coffee • Hot Tea • Hot Chocolate • Bottled Water
FRUIT	Seasonal Fresh Fruit
EXTENDED GRILL HOURS	9am to 10:30am and 1:30pm to 3pm.

WEEK OF 11/2 through 11/8 — DIET LINE MENU

DAY	BREAKFAST	LUNCH	DINNER
MONDAY NOVEMBER 2, 2026	DL Oatmeal GF Grits GF Egg Beaters DL Biscuit Gravy GF Hash Brown Patty DL Ham Biscuit	DL Beef Vegetable Soup DL Chicken Fricassee DL Vegetable Primavera GF Steamed Zucchini GF Parmesan Tomatoes	DL Beef Vegetable Soup GF Baked Beef Patty w/DL Gravy GF Mashed Potatoes GF Garden Blend Vegetables GF Lemon Asparagus
TUESDAY NOVEMBER 3, 2026	DL Oatmeal GF Cream of Wheat GF Egg Beaters DL O'Brien Potatoes DL Biscuit Gravy DL Turkey Bacon Biscuit	DL Ham and Navy Bean Soup GF Braised Beef Cubes GF Blackened Shrimp GF California Blend Vegetables GF Roasted Beets	DL Ham and Navy Bean Soup GF Chicken Fajita w/Corn Tortilla GF Refried Beans GF Seasoned Broccoli Florets GF Southwest Corn
WEDNESDAY NOVEMBER 4, 2026	DL Oatmeal GF Grits GF Egg Beaters DL Lyonnaise Potatoes GF Turkey Sausage DL Biscuit Gravy Biscuit	DL Ham and Navy Bean Soup GF Mediterranean Baked Fish GF Pork Loin Roast GF Wild Rice GF Steamed Okra GF Steamed Summer Squash	DL Ham and Navy Bean Soup GF Hawaiian Chicken GF Brown Rice GF Green Beans Almondine GF Carrots
THURSDAY NOVEMBER 5, 2026	DL Oatmeal GF Grits GF Egg Beaters GF Tater Tots DL Biscuit Gravy DL Ham Biscuit	DL Turkey Noodle Soup DL Meatloaf & Gravy GF Rosemary Chicken GF Mashed Potatoes GF Dijon Brussels Sprouts	DL Turkey Noodle Soup GF Roast Turkey GF Baked Sweet Potato GF Stewed Squash GF Seasoned Broccoli Florets
FRIDAY NOVEMBER 6, 2026	DL Oatmeal DL Cream of Wheat GF Egg Beaters DL Biscuit Gravy GF Roasted Red Potatoes GF Turkey Bacon Biscuit	DL Turkey Noodle Soup GF Herb Roasted Chicken Thighs GF Salmon Fillet Broiled GF Baked Potato GF Lemon Asparagus GF Parslied Cauliflower	DL Turkey Noodle Soup GF Beef Cubes GF Brown Rice GF Pacific Blend Vegetables GF Cabbage & Bok Choy
SATURDAY NOVEMBER 7, 2026	DL Oatmeal GF Grits GF Egg Beaters GF Turkey Sausage Patties GF Sweet Potato Hash DL Biscuit Gravy Biscuit	DL Tomato Florentine Soup GF Baked Pollock GF Quinoa GF Green Beans GF Pacific Blend Vegetables	DL Tomato Florentine Soup GF Baked Pork Chop GF Brown Rice GF Stewed Tomatoes GF Brussels Sprouts
SUNDAY NOVEMBER 8, 2026	DL Oatmeal GF Grits GF Egg Beaters DL Rosemary Potatoes DL Ham DL Biscuit Gravy Biscuit	DL Tomato Florentine Soup GF Herbed Chicken Quarter GF Black Beans & Brown Rice GF Collards	DL Tomato Florentine Soup GF Sauteed Beef Cubes GF Brown Rice GF Savory Carrots GF Oriental Blend Vegetables

DIET LINE DESSERTS	
Monday	Sponge Cake w/Mandarin Oranges
Tuesday	NSA Apple Pie
Wednesday	NSA Chocolate Pudding
Thursday	Assorted SF Cookies
Friday	NSA Cheesecake
Saturday	NSA Vanilla Pudding
Sunday	NSA Cherry Pie

ALWAYS AVAILABLE	
JUICES	Apple • Grape • Prune • Orange • Cranberry
BREADS	White or Wheat Toast • Biscuit • Dinner Roll • White Bread • Wheat Berry Bread • Rye Bread
BEVERAGES	Whole Milk • 2% Milk • Skim Milk • Chocolate Milk • Lactose Free 2% Milk • Soy Milk • Coffee • Hot Tea • Hot Chocolate • Bottled Water
FRUIT	Seasonal Fresh Fruit