

May 11 – May 17, 2026 Menu

	Breakfast	Lunch	Dinner
Monday May 11	Donuts / Muffins Oatmeal / Grits French Toast Pork Bacon Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Sweet Corn Beef Noodle <i>Dessert:</i> Coconut Custard Pie	Sliced Deli Turkey BBQ Riblette Barley Mushroom Pilaf Roasted Cauliflower Mixed Vegetables Dinner Rolls
		Honey Chicken Roasted Red Potatoes Sautéed Cabbage Baked Fish Steamed Rice Garden Blend Vegetable	
Tuesday May 12	Donuts / Muffins Oatmeal/ Cream of Wheat Creamed Chipped Beef Lyonnaise Potatoes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Tomato Beef Noodle <i>Dessert:</i> Oatmeal & Raisin Cookies	Deli Roast Beef Turkey Tetrazzini Mashed Potatoes Green Beans Dinner Rolls
		Apricot Glazed Pork Loin Garlic Noodles Savory Carrots Southern Fried Chicken Brown Rice Squash Medley	
Wednesday May 13	Donuts / Coffee Cake Oatmeal / Grits Pork Bacon Hash Browns Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Lobster Bisque Tomato <i>Dessert:</i> Mississippi Mud Cake	Sliced Deli Chicken Pork & Rice Casserole Black Beans Chuckwagon Corn Seasoned Zucchini Dinner Rolls
		Cranberry Chicken Fluffy Rice Roasted Brussel Sprouts Beef & Broccoli Seasoned Broccoli Dinner Rolls	
Thursday May 14	Donuts / Cinnamon Rolls Oatmeal / Grits Sausage Links / Scrapple Apple Pancakes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Beef Barley Lobster Bisque <i>Dessert:</i> Cheesecake	Sliced Deli Turkey Burgundy Turkey Cutlets Lemon-Garlic Asparagus Seasoned Broccoli Dinner Rolls
		Roast Beef Mashed Potatoes Seasoned Spinach Spaghetti and Meatball Parslied Carrots Dinner Rolls	
Friday May 15	Donuts / Assorted Danishes Oatmeal / Cream of Wheat Creamed Ground Beef Home Fried Potatoes / Tater Tots Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Cream of Carrot <i>Dessert:</i> Beef Barley Lemon Meringue Pie	***Themed Meal*** Memorial Day Cookout
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Saturday May 16	Donuts / Scones Oatmeal / Grits Corned Beef Hash O'Brien Potatoes Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Chicken Rice Cream of Carrot <i>Dessert:</i> Sugar Cookies	Sliced Deli Roast Beef Fried Shrimp Tator Tots Okra & Tomatoes Roasted Brussel Sprouts Dinner Rolls
		BBQ Beef Roasted Red Potatoes Garden Blend Vegetables Broccoli Cheese Quiche Sweet & Sour Beets Dinner Rolls	
Sunday May 17	Donuts / Cinnamon Rolls Oatmeal / Grits Grilled Ham Steaks Pineapple Waffles Eggs to Order Biscuits & Gravy	<i>Soup of the Day:</i> Cream of Mushroom Chicken Rice <i>Dessert:</i> Cherry Cobbler	Sliced Deli Cold Cuts Chicken Enchilada Casserole Southwest Corn Green Beans & Pimento Glazed Carrots Dinner Rolls
		Teriyaki Turkey Mashed Potatoes Lemon-Garlic Asparagus Pork Supreme Mushroom w. Gravy Brown Rice	

May 11 – May 17, 2026 Diet Line Menu

All items on this menu have been modified to be lower in calories, fats and/or sodium than the regular line items. The Diet Line is designed to promote healthier eating and can be used to adhere to most modified diets. Residents who require a therapeutic diet are advised to make an appointment with the Registered Dietician for a 1:1 consult.

Any items marked with GF are labelled Gluten Free.

	Breakfast	Lunch	Dinner
Monday May 11	Oatmeal /Grits ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs ^{GF} Turkey Bacon Biscuits & Gravy	<i>Soup of the Day:</i> Chicken Noodle <i>Dessert:</i> NSA Lemon Parfait	
		Honey Chicken ^{GF} Baked Fish ^{GF} Roasted Red Potatoes Sautéed Cabbage Mixed Vegetables ^{GF} Steamed Rice	^{GF} Roasted Ribs ^{GF} Brown Rice ^{GF} Steamed Cauliflower ^{GF} Mixed Vegetables
Tuesday May 12	Oatmeal / ^{GF} Cream of Wheat ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy ^{GF} Turkey Sausage Patties ^{GF} Lyonnaise Potatoes	<i>Soup of the Day:</i> Tomato <i>Dessert:</i> Sugar Free Cookies	
		Apricot Glazed Pork Loin Garlic Noodles ^{GF} Savory Carrots ^{GF} Squash Medley ^{GF} Garlic & Sage Chicken ^{GF} Brown Rice	^{GF} Sliced Deli Roast Beef Turkey Tetrazzini ^{GF} Mashed Potatoes ^{GF} Seasoned Green Beans Wheat Rolls
Wednesday May 13	Oatmeal / Grits ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy ^{GF} Grilled Ham	<i>Soup of the Day:</i> Tomato <i>Dessert:</i> NSA Vanilla Pudding	
		^{GF} Cranberry Chicken Quinoa ^{GF} Roasted Brussel Sprouts ^{GF} Braised Beef Cubes	^{GF} Pork & Rice Black Beans Chuckwagon Corn Seasoned Zucchini
Thursday May 14	Oatmeal / Grits ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy ^{GF} Turkey Sausage Links	<i>Soup of the Day:</i> Beef Barley <i>Dessert:</i> Sponge Cake w/ Mandarin	
		^{GF} Roast Beef ^{GF} Seasoned Spinach Spaghetti ^{GF} Mashed Potatoes ^{GF} Parslied Carrots	Sliced Deli Turkey ^{GF} Lemon-Garlic Asparagus ^{GF} Seasoned Broccoli Seasoned Egg Noodles ^{GF} Burgundy Turkey Cutlets
Friday May 16	Oatmeal / Cream of Wheat ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy Creamed Ground Beef	<i>Soup of the Day:</i> Beef Barley <i>Dessert:</i> NSA Peach Pie	
		Themed Meal Memorial Day Cookout	
Saturday May 17	Oatmeal / Grits ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy ^{GF} Turkey Bacon ^{GF} O'Brien Potatoes	<i>Soup of the Day:</i> Chicken & Rice <i>Dessert:</i> Sugar Free Cookies	
		^{GF} Roast Beef ^{GF} Soft Marinated Carrots ^{GF} Roasted Red Potatoes ^{GF} Garden Blend Vegetables Dinner Rolls	^{GF} Blackened Shrimp ^{GF} Steamed Rice ^{GF} Roasted Brussel Sprouts ^{GF} Okra & Tomatoes Dinner Rolls
Sunday May 18	Oatmeal / Grits ^{GF} Scrambled Egg Beaters ^{GF} Hardboiled Eggs Biscuits & Gravy ^{GF} Grilled Ham	<i>Soup of the Day:</i> Chicken & Rice <i>Dessert:</i> Fruit Cups	
		^{GF} Pork Supreme ^{GF} Mashed Potatoes ^{GF} Lemon-Garlic Asparagus ^{GF} Brown Rice ^{GF} Seasoned Green Beans	^{GF} Baked Chicken Breast ^{GF} Southwest Corn ^{GF} Green Beans & Pimento Dinner Rolls

Fixed Menu Items

These items do not change according to the weekly menu

Breakfast Bar:

Bagels, English Muffins, Assorted Bread Slices

Prunes, Bananas, Grapefruit Sections, Cut Fresh Fruit, Applesauce, Raisins

Assorted Jellies, Syrup, and condiment topping

Daily Grill:

Hamburgers, Hot Dogs, Grilled Chicken Breast, Grilled Cheese Sandwich

Condiments: Lettuce, Tomato, Red Onion, Dill Pickle, Bacon, Horseradish, Chili, Cheese, Assorted Chips

Salad Bar:

Mixed Salad Greens, Cherry Tomatoes, Sliced Cucumbers, Sliced Red Onions, Matchstick Carrots, Sliced Bell Peppers, Bread & Butter Pickles, Whole Green Olives, Sliced Black Olives, Coleslaw, Tuna Fish, Boiled Eggs, Cottage Cheese, Shredded Cheese, Bacon Bits, Beets

Variables:

Jalapeno or Banana Peppers, Broccoli or Cauliflower Florets, Green Peas or Edamame, Green Onions or Celery Sticks, Avocado or Baby Corn, Chopped Nuts, Dried Cranberries or Raisins, Sunflower Seeds or Bleu Cheese Crumble, Salmon (Mon, Wed, Fri).

Dressings:

Ranch, Blue Cheese, Thousand Island, Italian, Catalina, Fat-Free Ranch, Olive Oil, Red/White Vinegar, Balsamic Vinegar

Daily Rotation Items:

	Salad	Fruit	Gelatin
Monday	Green Pea & Carrot	Mandarin Oranges	Strawberry
Tuesday	Greek	Fruit Cocktail	Orange
Wednesday	Potato	Pineapple Chunks	Cherry
Thursday	German Tomato	Apricot Halves	Lemon
Friday	Broccoli	Fruit Cocktail	Raspberry
Saturday	Fruit	Pineapple Slices	Lime
Sunday	Pasta	Pear Halves	Watermelon