

Recreation Activities & Special Events: November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
CONTACTS Steven Briefs, CTRS, Recreation Therapy Supervisor (202) 541-7733 Constance Maziel, Recreation Team Lead (202) 541-7637	PLEASE BE AWARE THAT EVENTS ARE SUBJECT TO CHANGE	9:45 M*A*S*H – Th 1:30 Planet Earth - Th 6:30 Saloon Night – DI	9:00 Trip Meeting – Th 1:00 Bingo – CC	1:00 RT Trip Meeting 1:30 RT Bingo – CC	1:30 Marine Corps Birthday – HoH 6:30 Marine Corps Happy Hour – DI	1:00 Bingo – CC
6	7	8	9	10	11	12
1:30 PAL Visit – Sh	1:30 America, 1900 – Th	9:45 M*A*S*H – Th 1:30 Planet Earth – Th 1:30 Poetry Gathering - CR 6:30 RT Big Bucks Bingo – CC	1:00 Bingo – CC	1:30 Basic Computer Class – CL 6:45 RT Jingo with Friends of the Soldiers Home – CC	9:30 RT Veteran's Day Bingo w/ Omega Psi Phi Fraternity – CC 11:11 Wreath Laying 1:30 Ice Cream Social & Karaoke w/ Zeta Phi Beta Sorority – CC	8:00 Military Family Volunteer Day 1:00 Bingo - CC
13	14	15	16	17	18	19
	9:30 Ceramic Pouring – C 10:00 RT Bowling with Norwood Middle School – BC 1:30 Movie and Popcorn – Th 2:30 Ceramic Pouring Pt 2 – C	9:45 M*A*S*H – TH 1:30 RT Leisure World Musical Performance - CC 1:30 Fused Glass Class – C 4:30 Birthday Dinner – Dining 6:30pm RT FOSH Bowling – BC	9:00 RAC Meeting - CC 9:30 Art Club - C 1:00 Bingo – CC 7:00 Genealogy – CL	9:00 Town Hall Meeting – CC 1:30 RT Bingo – CC 1:30 Movie Selection Meeting – CR	1:30 Planet Earth – Th 6:15 RT Country Currents Navy Band and Dance – CC	10:00 PAL Orientation – CC 10:30 PAL Visit – Sh 1:00 Bingo - CC 1:30 Marine Corps History Discussion – CR
20	21	22	23	24	25	26
1:30 Arts/Crafts Assistance – AC/C	9:30 Pottery – C 1:30 Pottery Pt 2 – C 1:30 America, 1900 – Th	9:45 M*A*S*H – TH 1:30 Planet Earth – Th 1:30 Drawing – AC	9:30 Pottery – C 1:00 Bingo – CC	Happy Thanksgiving!	1:30 RT Bingo – CC	1:00 Bingo – CC 1:30 Musical Matinee – Th 1:30 RT Ice Cream Bar Social – CCL
27	28	29	30			
1:30 Arts/Crafts Assistance – AC/C	9:30 Ceramic Pouring – C 1:30 Movie and Popcorn – Th 2:30 Ceramic Pouring Pt 2 – C	9:45 M*A*S*H – TH 1:30 Greatest Fights – CC 1:30 Science Discussion - CR 1:30 Fused Glass - C	9:30 Planet Earth - Th 1:00 Bingo – CC 1:00 Art Club – AC	LEGEND AC- Artist Colony BC- Bowling Center C- Ceramics CC- Community Center CCL- Community Center Lobby CL- Computer Lab CR- Club Room	DH- Dining Hall DI- Defenders' Inn HoH- Hall of Honor P- Pool RT – Recreation Therapy SCP- Scott Patio Sh- Sheridan TH- Theater	

CONTINUAL CAMPUS/INTERACTIVE RECREATION ACTIVITIES

SUNDAY	1:30 p.m.	Classic Movies	SC Club Room
	6:00 p.m.	Movie	SC Theater
MONDAY	11:00 a.m.	Tai Chi & Qigong	SC Theatre
	1:00 p.m.	Cardio Lite Chair Exercise Class	SH 2 nd Floor ALP
	6:00 p.m.	Social Bridge	SC Game Room
	6:00 p.m.	TV Series/Music Program	SC Club Room
TUESDAY	9:45 a.m.	M*A*S*H	SC Theatre
	1:00 p.m.	Bowling Shoot- Out	Bowling Center
	6:00 p.m.	8/9 Ball Pool Tournament	Sh 4 th Floor Dayroom
WEDNESDAY	11:00 a.m.	Tai Chi & Qigong	SC Theatre
	1:00 p.m.	Cardio Lite Chair Exercise Class	SC 3 rd Floor East Wing
	1:00 p.m.	Bingo	SC Community Center
	6:00 p.m.	Pinochle	SC Game Room
THURSDAY	10:00 a.m.	Table Tennis	Sh 5 th Floor
	5:45 p.m.	Hand & Foot (Canasta)	SC Game Room
	6:00 p.m.	Movie	SC Theater
FRIDAY	11:00 a.m.	Tai Chi & Qigong	SC Theatre
	1:00 p.m.	Current Events Discussion	SC Club Room
	6:00 p.m.	Movie	SC Theater
SATURDAY	1:00 p.m.	Bingo	SC Community Center
	6:00 p.m.	Movie	SC Theater

The Computer Game Room is located on the Sheridan ground floor & the Fitness Room is located on the Sheridan 7th floor.

The 24 hour Sheridan Computer/ Game Room is located next to the Sheridan Bowling Center.

There is also a 24 hour Computer Room in the Scott Building, room 1090, near the library.

Puzzles are located in Scott Building Room 1091. Key access is needed, which you may pick up at security anytime.

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AL Recreation Programs for November 2016

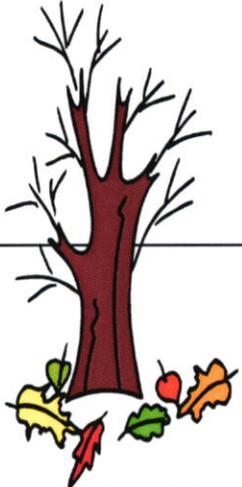
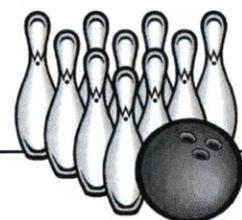
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00am Meet & Greet 9:30am Travel Hour-Sh.3 1:30pm AL Bingo-Sh.3	2 7:00am Meet & Greet 9:30am Peanut Lovers Social-Sh.3 1:30pm I.D. Rounds-Sh.3	3 7:00am Meet & Greet 9:15am Morning Movie-Sh.3 1:30pm RT Bingo-CC	4 7:00am Meet & Greet 9:30am Thanksgiving Scavenger Hunt-Sh.3 1:30pm Marine Birthday-HOH	5 
6 9:00am Protestant Service 10:10am Catholic Mass in Scott Chapel 	7 7:00am Meet & Greet 9:15am November Facts & Trivia 1:00pm Cardio-Lite w/Walter-Sh.2	8 7:00am Meet & Greet 9:30am Cooking Group-Sh.3 1:30pm AL Bingo-Sh.3 6:30pm Big Bucks Bingo-CC 	9  7:00am Meet & Greet 10:30am RT Bus Trip - Osaka Grill & Buffet	10 7:00am Meet & Greet 9:30am Movies All Day-Sh.3 6:45pm FOSH Jingo-CC	11  9:30am RT Veteran's Day Bingo w/ Omega Psi Phi Fraternity-CC 11:11am Wreath Laying 1:30pm Ice Cream Social-CC 1:30pm KOC Visits-Units	12  Military Volunteer Day
13 9:00am Protestant Service 10:10am Catholic Mass in Scott Chapel	14 7:00am Meet & Greet 10:00am RT Norwood Bowling 1:00pm Cardio-Lite w/Walter-Sh.2	15 7:00am Meet & Greet 9:30am AL Morning Bingo-Sh.3 1:30pm RT Leisure World Music Program-CC 4:30pm Birthday Dinner 6:30pm FOSH Bowling	16  7:00am Meet & Greet RT Bus Trip - Lorton American Legion	17 7:00am Meet & Greet 9:15 am Morning Movie-Sh.3 1:30pm RT Bingo-CC	18 1:00pm Meet & Greet 6:15pm- RT Country Currents Navy Band Dance-CC	19 10:30am PAL Visit 1:30pm History Discussion-CR
20 9:00am Protestant Service 10:10am Catholic Mass in Scott Chapel	21 7:00am Meet & Greet 9:15am News Group-Sh.3 1:00pm Cardio-Lite w/Walter-Sh.2	22 *Sarah-AL RT Bus Trip - Odyssey Cruise 9:45am MASH Series-TH 1:30pm Planet Earth-TH	23 *Sarah-AL 1:00pm Bingo-CC	24  Happy Turkey Day	25 *Sarah-AL 1:30pm RT Bingo-CC	26 1:30pm Musical Matinee-Th 2:00pm Ice Cream Bar Social-CCL
27 9:00am Protestant Service 10:10am Catholic Mass in Scott Chapel	28 7:00am Meet & Greet 9:15am Beachball Volleyball-Sh.3 1:00pm Cardi-Lite w/Walter-Sh.2	29 7:00am Meet & Greet 9:30am Arts & Crafts-Sh.3 1:30pm AL Bingo-Sh.3 6:00pm RT Happy Hour-CC	30  7:00am Meet & Greet 10:30am RT Bus Trip - Super Walmart	November Facts November's flower is the Chrysanthemum November's birthstone is the Citrine or Topaz November is: Flu Awareness Month National Alzheimer's Month National Peanut Lover's Month		Steve Briefs CTRS RT Supervisor (202)541-7733 Sarah E. Kenan Recreation Therapy (202)541-7726

Scott 2 LTC: November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30am News Review- SC2 10:00am IDT Meeting 1:30pm Crossword Puzzle- SC2	2 9:30am Comedy Hour- SC2 1:30pm Room Visits- SC2	3 9:30am Travel Club- SC2 1:30pm RT Bingo- CC	4 9:30am 1:30pm Marine Birthday Celebration- HoH	5 9:00am Room Visits- SC2 1:30pm Manicures- SC2
		6 9:00am Protestant Service- Med. Room 10:15am Catholic Mass- Med. Room	7 1:00pm CardioLite w/ Walter- AL	8 9:30am News Review- SC2 10:00am IDT Meeting 1:30pm Afternoon Stretch- SC2 6:30pm RT Big Bucks Bingo- CC	9 10:30am RT Bus Trip: Osaka Grill & Buffet	10 1:30pm Educational Video- SC2 6:45pm RT Jingo w/ FoSH- CC
13 9:00am Protestant Service- Med. Room 10:15am Catholic Mass- Med. Room	14 10:00am RT Norwood M.S. Bowling- BC 1:00pm CardioLite w/ Walter- AL	15 9:30am News Review- SC2 10:00am IDT Meeting 1:30pm RT Leisure World Music Performance- CC 6:30pm RT Bowling- BC	16 10:00am RT Bus Trip: Lorton American Legion	17 9:30am Travel Club- SC2 1:30pm RT Bingo- CC	18 6:15pm RT "Country Currents" Navy Band Dance- CC	19 9:00am Room Visits- SC2 1:30pm Manicures- SC2
20 9:00am Protestant Service- Med. Room 10:15am Catholic Mass- Med. Room	21 1:00pm CardioLite w/ Walter- AL	22 9:30am RT Bus Trip: Oddysey Thanksgiving Lunch Cruise	23 9:30am News Review- SC2 10:00am IDT Meeting 1:30pm Afternoon Stretch- SC2	24 <i>Have a Happy Thanksgiving</i>	25 9:30am Travel Club- SC2 1:30pm RT Bingo- CC	26 9:00am Room Visits- SC2 2:00pm RT Ice Cream Bar Social- CCL
27 9:00am Protestant Service- Med. Room 10:15am Catholic Mass- Med. Room	28 1:00pm CardioLite w/ Walter- AL	29 9:30am News Review- SC2 10:00am IDT Meeting 1:30pm Crossword Puzzle- SC2 6:00pm RT Happy Hour- CC	30 10:30am RT Bus Trip: Super Walmart	<p>Amanda Jensema, CTRS, Recreation Therapist (202) 541-7721</p> <p>Steven Briefs, CTRS, Recreation Therapy Supervisor (202) 541-7733</p>		



November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RECREATION THERAPY Steven Briefs, CTRS Recreation Therapy Supervisor 202-541-7733 Carol Mitchell, Recreation Therapist 202-541-7724</p>		<p>1 11:30am SC3 Family & Friends Luncheon 1:00pm SC3 Fun & Fitness 1:30pm SC3 Down Memory Lane</p>	<p>2 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Terrace Stroll 1:00pm SC3 Workout w/Walter</p> 	<p>3 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Arts & Crafts 1:30pm RT Bingo- CC 3:00pm RT Trip Discussion- CC</p>	<p>4 </p>	<p>5 </p>
<p>6 DAYLIGHT SAVINGS 9:00am Protestant Services- MR 10:15am Catholic Mass- MR</p>	<p>7 9:00am SC3 Music & Munchies 10:00am SC3 News & Views 10:30am SC3 Monthly Manicures 1:30pm SC3 Movie & Popcorn</p>	<p>8 10:00am P.A.L.'s Visits 12:30 SC3 Andrews Adult Outreach Social 1:00pm SC3 Fun & Fitness 1:30pm SC3 Down Memory Lane 6:30pm RT Big Bucks Bingo- CC</p>	<p>9 9:00am SC3 News & Views 10:30am TRIP: Osaka Grill & Buffet 1:00pm SC3 Workout w/Walter</p>	<p>10 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Spelling "B" 6:45pm RT Jingo- CC</p>	<p>11 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Small Games Challenge</p>	<p>12 </p>
<p>13 9:00am Protestant Services- MR 10:15am Catholic Mass- MR</p>	<p>14 10:00am Norwood Intergenerational Bowling League- BC 1:30pm SC3 Movie & Popcorn</p>	<p>15 1:00pm SC3 Fun & Fitness 1:30pm SC3 Down Memory Lane 4:00pm Monthly Birthday Dinner 6:30pm FOSH Bowling- BC</p>	<p>16 10:00am TRIP: Lorton American Legion Luncheon 1:00pm SC3 Workout w/Walter</p>	<p>17 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Cooking Group 1:30pm RT Bingo- CC</p>	<p>18 6:00pm-8:15pm Country Western Dance w/Navy Country Currents- CC</p>	<p>19 1:30pm RT Ice Cream Social- CCL</p>
<p>20 9:00am Protestant Services- MR 10:15am Catholic Mass- MR</p>	<p>21 9:00am SC3 Music & Munchies 10:00am SC3 News & Views 10:30am SC3 Arts & Crafts 1:30pm SC3 Movie & Popcorn</p>	<p>22 9:30am TRIP: Odyssey Boat Cruise 1:00pm SC3 Fun & Fitness 1:30pm SC3 Down Memory Lane</p>	<p>23 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Turkey Trivia 1:00pm SC3 Workout w/Walter</p>	<p>24 <i>Have a Happy Thanksgiving</i> </p>	<p>25 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:00am SC3 Medal of Honor Recipients</p>	<p>26 1:30pm RT Bowling- BC </p>
<p>27 9:00am Protestant Services- MR 10:15am Catholic Mass- MR</p>	<p>28 9:00am SC3 Music & Munchies 10:00am SC3 News & Views 10:30am SC3 Holiday Decorating 1:30pm SC3 Movie & Popcorn</p>	<p>29 1:00pm SC3 Fun & Fitness 1:30pm SC3 Down Memory Lane 2:00pm SC3 Banana Split Day</p>	<p>30 9:00am SC3 Music & Munchies 9:30am SC3 News & Views 10:30am TRIP: Super Walmart 1:00pm SC3 Workout w/Walter</p>			

SC3 Recreation Therapy Activities & Events