

Upper Levels of Care Recreation Activities - December 2025

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
			1		2		3		4		5		6
		0900 Catholic Mass	RC	0715 Daily Chronicles	2SS	0715 Daily Chronicles	2SE	0715 Daily Chronicles	2SS	1000 Clay-Time	CS	1000 Veterans Yoga Project	SC
		0930 Trip Meeting	TH	0745 Daily Chronicles	3S	0745 Daily Chronicles	3S	0745 Daily Chronicles	3S	1030 Tree Decoration	3S	1600 Rib Social	DI
		1100 Qi Gong	TH	0900 Catholic Mass	RC	0900 Catholic Mass	MR	0900 Catholic Mass	RC	1100 Qi Gong	TH	1800 Movie: <i>Tora Tora Tora</i>	TH
		1130 Popcorn	CCL	1030 Carolz Craft	2SL	0930 YMCA Boot Camp	2SL	1030 Town Hall	2SL	1500 Christian Fellowship	GR		
		1330 Movie: <i>Star 1986</i>	TH	1330 Doc: <i>Riverdance in Geneva 2001</i>	TH	1030 Tree Decoration	2SL	1330 Rummikub Challenge	CT	1800 Movie: Deep Impact	TH		
				1500 Bible Study	MR	1100 Qi Gong	TH	1330 Movie Selection Mtg.	GR				
				1800 Tree Lighting Event	CCL			1800 Movie: <i>Man of Lamancha</i>	TH				
					DI								
		7	8		9		10		11		12		13
0900 Catholic Mass	RC	0900 Catholic Mass	RC	0715 Daily Chronicles	2SS	0715 Daily Chronicles	2SE	0715 Daily Chronicles	2SS	1100 Qi Gong	TH	1300 Bingo	CC
0900 Protestant Services	TH	1100 Qi Gong	TH	0745 Daily Chronicles	3S	0745 Daily Chronicles	2SW	0745 Daily Chronicles	3S	1330 DAR Christmas Party	CC	1300 Children's Choir	TH
1800 Movie: <i>Soap Episodes</i>	TH	1130 Popcorn	CCL	0900 Catholic Mass	RC	0900 Catholic Mass	MR	0900 Catholic Mass	RC	1500 Christian Fellowship	GR	1600 Pizza Social	DI
		1330 Movie: <i>Grandma 2006</i>	TH	0900 Dining Committee Mtg.	GR	0930 YMCA Boot Camp	2SL	1045 PALS Visit	CCL	1800 Movie: Black Sunday	TH	1800 Movie: <i>Lawrence of Arabia</i>	TH
				1000 Custodial Meeting	GR	1000 Face-Time	AC	1300 NE Senior Singers	CC				
				1300 Navy Band Special	TH	1100 Qi Gong	TH	1330 Rummikub Challenge	CT				
				1400 Doc: <i>Andre Rieu In Vienna</i>	TH	1100 Navy Federal Info Table	CCL	1800 Movie: <i>Steel Magnolia</i>	TH				
				1500 Bible Study	MR	1500 Chat w/the Chief	TH						
		14	15		16		17		18		19		20
0900 Catholic Mass	RC	0900 Catholic Mass	RC	0715 Daily Chronicles	2SS	0715 Daily Chronicles	2SE	0715 Daily Chronicles	2SS	1100 Qi Gong	TH	1300 Bingo	CC
0900 Protestant Services	TH	1100 Qi Gong	TH	0745 Daily Chronicles	3S	0745 Daily Chronicles	2SW	0745 Daily Chronicles	3S	1330 Art Therapy	3S	1600 Wing Social	DI
1800 Movie: <i>Soap Episodes</i>	TH	1130 Popcorn	CCL	0900 Catholic Mass	RC	0900 Catholic Mass	MR	0900 Catholic Mass	RC	1500 Christian Fellowship	GR	1800 Movie: <i>March of the Wooden Soldiers</i>	TH
		1330 Movie: <i>Yentil 1986</i>	TH	1130 Birthday Luncheon	2S	0930 YMCA Boot Camp	2SL	0900 Town Hall	CC	1800 Movie: <i>The Reader</i>	TH		
				1330 Doc: <i>The Crusades 2005</i>	TH	1030 Trivia	2SL	1000 Resident Sing-Along	DI				
				RT Outing: Olive Garden		1000-1400 Pottery Wheel		1300 Art with Kevin	3S				
				1500 Bible Study	MR	1100 Qi Gong	TH	1300 Poetry Reading Club	CT				
						1600 Ladies Group	CC	1400 American Legion Mtg.	GR				
		21	22		23		24	CHRISTMAS		25	26		27
0900 Catholic Mass	RC	0900 Catholic Mass	RC	0715 Daily Chronicles	2SS	0715 Daily Chronicles	2SE	0900 Catholic Mass	LR	0715 Daily Chronicles	2SE	0715 Daily Chronicles	2SS
0900 Protestant Services	TH	1100 Qi Gong	TH	0745 Daily Chronicles	3S	0745 Daily Chronicles	2S	1000 Resident Sing-Along	DI	0745 Daily Chronicles	2S	0745 Daily Chronicles	3S
1800 Movie: <i>Soap Episodes</i>	TH	1130 Popcorn	CCL	0900 Catholic Mass	RC	0900 Catholic Mas	W	1330 Rummikub Challenge	CT	1100 Qi Gong	W	1300 Bingo	CC
		1300 Movie: <i>A Grandpa for Christmas 2007</i>	TH	1000 Tech Hour	SCL	0930 YMCA Boot Camp	MR	1800 Movie: <i>Hello My name is Doris</i>	TH	1500 Christian Fellowship	TH	1600 Rib Social	DI
				1330 Doc: <i>Xmas w/Andre Rieu</i>	TH	10:30 Holiday Bingo	2SL			1800 Movie: <i>Home Alone 2</i>	GR	1800 Movie: <i>A River Runs Through It</i>	TH
				1500 Bible Study	MR	1100 Qi Gong	2SL				TH		
							TH						
		28	29		30		31	LEGEND:		SPECIAL EVENTS: Pool (PL)			
0900 Catholic Mass	RC	0900 Catholic Mass	RC	0715 Daily Chronicles	2SS	0900 Catholic Mass	MR	AC – Artist Colony		DH – Dining Hall		RC – Rose Chapel	
0900 Protestant Services	TH	1100 Qi Gong	TH	0745 Daily Chronicles	3S	0930 YMCA Boot Camp	2SL	BF – Ball Field		DI – Defenders' Inn		RT– Recreation Therapy	
1800 Movie: <i>Soap Episodes</i>	TH	1130 Popcorn	CCL	0900 Catholic Mass	RC	1030 Name That Tune	2SL	CC – Community Center		GR – Game Room		SHBY – Sheridan Back Yd.	
		1330 Movie: <i>Texas 1995</i>	TH	1330 Doc: <i>Andre Rieu Christmas around the World</i>	TH	1000 Resident Memorial	TH	CCL – Community Center Lobby		HOH – Hall of Honor		SC – Stanley Chapel	
				1330 Literary Hour	GR	1100 Qi Gong	TH	CL – Computer Lab		L – Library		TH – Theater	
				1500 Bible Study	MR			CR – Club Room		LR – Living Room		SCL – Sheridan Computer Lab	
								CS – Ceramics Studio		MR – Meditation Room		2SL – 2 nd Floor Scott Lobby	
								CT – Canteen		MS – Memory Support		3S- 3rd Floor Scott	
										PR – Promenade		3SH- 3 rd Floor Sheridan	

Bus Trips for December 2025

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
			1		2	Sign up begins 11/26	3		4		5		6
						Columbia Mall DPT: 1000 RTN: 1300							
	7		8		9	Sign up begins 12/03	10		11		12		13
						Bolling Air Force Base DPT: 1000 RTN: 1300							
	14	RT Outing	15		16	Sign up begins 12/10	17		18		19		20
		Olive Garden DPT: 1100 RTN: 133				Longhorn Steakhouse DPT: 1100 RTN: 1400							
	21	RT Outing	22		23		24		25		26		27
		Arundel Mill DPT: 1000 RTN: 1400											
	28		29		30	Sign up begins 12/24	31						
						Ft Belvoir Commissary DPT: 1000 RTN: 1400							