

# MS/LTC /AL Recreation Activities for July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>Independence Day</b> <b>4</b>
AC – Artist Colony BF – Ball Field CC – Community Center CCL – Community Center Lobby CL – Computer Lab CR – Club Room CS – Ceramics Studio CT – Canteen	PR – Promenade RC – Rose Chapel RT – Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH – Theater SCL – Sheridan Computer Lab 2SL – 2 <sup>nd</sup> Floor Scott Lobby	DH – Dining Hall DI – Defenders’ Inn GR – Game Room HOH – Hall of Honor L – Library LR – Living Room MR – Meditation Room MS – Memory Support	0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 Smoothie Club 2SL 1100 Qi Gong GR 1300 RT Bingo CC	0900 Catholic Mass. RC 1000 Think Tank 3SH <b>1130 Independence Day                      Cookout &amp; Dance</b> CC 1330 Movie Selection Mtg. GR 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	1100 Qi Gong GR 1500 Christian Fellowship GR	<b>1000 Veterans Yoga Project</b> SC 1300 Bingo CC 1600 Social DI
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>Bullet</i> TH	0730 News Brief 2S 0900 Catholic Mass RC <b>0900 Trip Meeting</b> TH 1000 Think Tank 2SL 1100 Technology Hour SCL 1300 Movie: <i>Attack</i> TH 1500 Bible Study MR <b>1800 Saloon Night</b> DI	0730 News Brief 3S 0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 RT Bingo CC 1100 Qi Gong GR <b>1500 Chat with the Chief</b> TH	0730 News Brief 3SH 0900 Catholic Mass RC 1000 Think Tank 3SH 1000 PALS Visit CCL <b>1230 RT Ice Cream Trivia</b> CC 1330 Rummikub Challenge CT 1400 American Legion Mtg. TH 1830 Women’s Bible Study LR	1100 Qi Gong GR <b>1300 Furry Friends</b> CC 1500 Christian Fellowship GR	1000 MOC Social DI 1030 Spiritual Enrichment 2SL 1300 Bingo CC 16:00 Social DI
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>RT Outing</b>	<b>16</b>	<b>17</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>Toward the Unknown</i> TH	0730 Morning Trivia 2S 0900 Catholic Mass RC <b>0900 Dining Committee Mtg.</b> MR 1000 Think Tank 2SL 1000 Custodial Meeting MR 1300 Movie: <i>Unhinged in Hollywood</i> TH 1500 Bible Study MR	0730 Morning Trivia 3S 0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 Smoothie Club 2SL 1100 Qi Gong GR 1600 Ladies Group CC	0900 Catholic Mass RC 1000 Think Tank 3SH <b>1300 E. Maryville Baptist                      Social</b> CC 1300 Poetry Reading Club LR 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	<b>0800 Summer Bazaar</b> CC 1100 Qi Gong GR 1230 Popcorn & Movie 3S 1500 Christian Fellowship GR	1300 Bingo CC <b>1300 Alexandria Citizen Band</b> TH 1600 Social DI
<b>19</b>	<b>20</b>	<b>RT Outing</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>By Dawn’s Early Light</i> TH	0900 Catholic Mass RC 1000 Think Tank 2SL <b>1130 Birthday Luncheon w/                      Brian Shaw</b> DH 1300 Movie: <i>Born Free</i> TH 1500 Bible Study MR	0730 News Brief 3S 0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 What Am I? 2SL 1100 Qi Gong GR 1830 Genealogy SCL	0730 News Brief 3SH 0900 Catholic Mass RC 1000 Think Tank 3SH 1000 Jeopardy! CC 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	1100 Qi Gong GR 1230 Popcorn & Movie 2SL <b>1300 Jimmy Buffet Tropical                      Music</b> TH 1500 Christian Fellowship GR	1300 Bingo CC 1030 Spiritual Enrichment 2SL 1600 Social DI
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
09:00 Catholic Mass RC 09:00 Protestant Services TH  <b>Please note: Events may be                      rescheduled or altered.</b>	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL <b>1300 Korean Cooking</b> CC 1300 Movie: <i>Tears of the Sun</i> TH	0730 News Brief 2S 0900 Catholic Mass RC 0930 Garden 3S 1000 Think Tank 2SL 1300 Movie: <i>Love Laughs at Andy Hardy</i> TH 1330 Literary Hour GR 1500 Bible Study MR	09:00 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 Name That Tune! 2SL <b>1000 Resident Memorial</b> TH 1100 Qi Gong GR	0900 Catholic Mass RC <b>0900 Town Hall</b> CC 1000 Think Tank 3SH 1330 Rummikub Challenge SCT 1830 Women’s Bible Study LR	0930 Garden 2SL 1100 Qi Gong GR 1500 Christian Fellowship GR	

# Bus Trips for July 2026

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
						Sign up begins 6/24	1		2	Sign up begins 6/17	3		4	
						Bolling Air Force Base Commissary and Exchange DPT – 1000 RTN – 1300				Capitol Forth Concert DPT – 18:00 RTN – 23:00				
	5		6		7	Sign up begins 7/1	8		9		10		11	
						Walmart and Bob Evans Laurel, MD DPT – 1000 RTN – 1300								
	12		13		14	Sign up begins 7/8	15	RT Trip		16		17		18
						Celtic House Irish Pub Restaurant DPT – 1100 RTN – 1330		Walmart/Arundel Mills DPT:1000 RTN:1400						
	19		20	RT Trip		21	Sign up begins 7/15	22		23		24		25
				Vets Baseball Game DPT – 1000 RTN – 1500			Ft Belvoir Commissary Exchange DPT – 1000 RTN – 1330							
	26		27		28	Sign up begins 7/22	29		30		31			
						Olive Garden Restaurant DPT – 1100 RTN – 1330								