

# Care Units Recreation Activities for March 2026

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>
0900 Catholic Mass 0900 Protestant Services	RC TH	0900 Catholic Mass 0930 Trip Meeting 1100 Qi Gong 1130 Popcorn 1230 Popcorn	RC TH GR CCL 3S	0715 News Brief 0730 News Brief 0900 Catholic Mass 1000 Think Tank 1500 Bible Study <b>1800 Saloon Night</b>	2S 3S RC 2SL GR <b>DI</b>	0715 News Brief 0730 News Brief 0900 Catholic Mass 0930 YMCA Boot Camp 1000 Baptism 1100 Qi Gong <b>1300 Pig Calling Contest</b>	2SE 2SW MR 2SL PL GR <b>CC</b>	0715 News Brief 0730 News Brief 0900 Catholic Mass 1000 Discussion Group 1000 Think Tank 1030 Bingo 1330 Rummikub Challenge	2S 3S RC 3S 3SH 3S CT	0715 News Brief 0730 News Brief 1100 Qi Gong 1500 Christian Fellowship	2SE 2SW GR GR	<b>1000 National Capitol Train Special Event</b> <b>1000 Veterans Yoga Project</b> 1600 Social	<b>CC</b> <b>SC</b> DI
	<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>	<b>RT Outing: Walmart</b>		<b>12</b>		<b>13</b>	<b>14</b>
0900 Catholic Mass 0900 Protestant Services <b>1000 National Capitol Train Special Event</b>	RC TH CC	0730 News Brief 0900 Catholic Mass 1000 Book Club 1100 Qi Gong 1130 Popcorn	3SH RC 2SL GR CCL	0715 News Brief 0730 News Brief 0800 AM Yoga Express 0900 Catholic Mass 0900 Dining Committee Mtg. 1000 Think Tank <b>1400 Ice Cream Social</b> 1500 Bible Study	2S 3S CC RC GR 2SL <b>CC</b> MR	0715 News Brief 0730 News Brief 0900 Catholic Mass 0930 YMCA Boot Camp 1030 Trivia 1100 Qi Gong 1100 Navy Federal Info <b>1500 Chat with the Chief</b>	2SE 3SW MR 2SL 2SL GR CCL <b>TH</b>	0900 Catholic Mass 1000 Think Tank <b>1000 Carter High School Band</b> <b>1045 PALS Visit</b> 1330 Movie Selection Mtg. 1330 Rummikub Challenge	RC 3SH <b>CC</b> <b>CCL</b> GR	0715 News Brief 0730 News Brief 1100 Qi Gong 1000 Art & Craft <b>1300 Palmetto H.S. Band</b> 1500 Christian Fellowship	2SE 2SW GR 3S <b>CC</b> GR	<b>1000 MOC Social</b> 1030 Spiritual Enrichment 1300 Bingo 1600 Social	<b>DI</b> 2SL CC DI
	<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>	<b>RT Outing: Irish Pub</b>		<b>19</b>		<b>20</b>	<b>21</b>
0900 Catholic Mass 0900 Protestant Services	RC TH	0730 News Brief 0900 Catholic Mass 1000 Discussion Group 1100 Qi Gong 1130 Popcorn	3SH RC 2SL GR CCL	0715 News Brief 0900 Catholic Mass 1000 Tech Hour 1000 Think Tank <b>1130 Birthday Luncheon</b> <b>1300 Irish Heritage Special</b> 1500 Bible Study	2S/ 3S SCL 2SL 2SL <b>TH</b> MR	0715 News Brief 0730 News Brief 0900 Catholic Mass 0930 YMCA Boot Camp 1030 Sing Along 1100 Qi Gong <b>1600 Ladies Group</b>	2SE 2SW MR 2SL 2SL GR <b>TH</b>	0900 Catholic Mass 0930 <b>Lansing H.S. Band</b> 1000 Think Tank <b>1300 Poetry Reading Club</b> 1330 Rummikub Challenge 1400 American Legion Mtg.	RC <b>CC</b> 3SH <b>LR</b> CT GR	0715 News Brief 0730 News Brief 1000 Smoothie Club 1100 Qi Gong 1500 Christian Fellowship	2SE 2SW 2SL GR GR	1300 Bingo 1600 Social	CC DI
	<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>
0900 Catholic Mass 0900 Protestant Services	RC TH	0730 News Brief 0900 Catholic Mass 1100 Qi Gong 1130 Popcorn	3SH RC GR CCL	0715 News Brief 0730 News Brief 0900 Catholic Mass 1000 Think Tank <b>1330 Jeopardy</b> 1500 Bible Study	2S 3S RC 2SL <b>CC</b> MR	0715 News Brief 0730 News Brief 0900 Catholic Mass 0930 YMCA Boot Camp 1100 Qi Gong <b>1000 Resident Memorial</b>	2SE 2SW MR 2SL <b>TH</b> GR	0715 News Brief 0730 News Brief 0900 Town Hall 0900 Catholic Mass 1000 Think Tank 1000 Open Studio Art 1330 Rummikub Challenge	2S 3S CC RC 3SH 2SL CT	0715 News Brief 0730 News Brief 1100 Qi Gong <b>1300 Korean Cooking</b> 1500 Christian Fellowship	2SE 2SW GR <b>CC</b> GR	1030 Spiritual Enrichment 1300 Bingo 1600 Social	2SL CC DI
	<b>29</b>		<b>30</b>		<b>31</b>								
0900 Catholic Mass 0900 Protestant Services	RC TH	0730 News Brief 0900 Catholic Mass 1000 Engagement Cart 1100 Qi Gong 1130 Popcorn 1300 Spelling Bee	3SH RC 2SL GR CCL CC	0715 News Brief 0730 News Brief 0900 Catholic Mass 1000 Think Tank 1330 Literary Hour 1500 Bible Study	2S 3S RC 2SL GR MR			AC – Artist Colony BF – Ball Field CC – Community Center CCL – Community Center Lobby CL – Computer Lab CR – Club Room CS – Ceramics Studio CT – Canteen		DH – Dining Hall DI – Defenders' Inn GR – Game Room HOH – Hall of Honor L – Library LR – Living Room MR – Meditation Room MS – Memory Support		PR – Promenade RC – Rose Chapel RT – Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH – Theater SCL – Sheridan Computer Lab 2SL – 2 <sup>nd</sup> Floor Scott Lobby	