

# Recreation Activities for July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>Independence Day</b> <b>4</b>
AC – Artist Colony BF – Ball Field CC – Community Center CCL – Community Center Lobby CL – Computer Lab CR – Club Room CS – Ceramics Studio CT – Canteen	DH – Dining Hall DI – Defenders’ Inn GR – Game Room HOH – Hall of Honor L – Library LR – Living Room MR – Meditation Room MS – Memory Support	PR – Promenade RC – Rose Chapel RT– Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH – Theater SCL – Sheridan Computer Lab 2SL – 2 <sup>nd</sup> Floor Scott Lobby	0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1100 Qi Gong GR	0900 Catholic Mass. RC <b>1130 Independence Day Cookout &amp; Dance</b> CC 1330 Movie Selection Mtg. GR 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	1100 Qi Gong GR 1500 Christian Fellowship GR	<b>1000 Veterans Yoga Project</b> SC 1300 Bingo CC 1600 Social DI
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>Bullet</i> TH	0900 Catholic Mass RC Regents Project TH 1100 Technology Hour SCL 1300 Movie: <i>Attack</i> TH 1500 Bible Study MR 1800 Saloon Night DI	0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1030 RT Bingo CC 1100 Qi Gong GR Regents Project TH	0900 Catholic Mass RC 1000 PALS Visit CCL <b>1230 RT Ice Cream Social</b> CC 1330 Rummikub Challenge CT 1400 American Legion Mtg. TH 1830 Women’s Bible Study LR	1100 Qi Gong GR <b>1300 Furry Friends</b> CC 1500 Christian Fellowship GR	1000 MOC Social DI 1300 Bingo CC 1600 Social DI
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>Toward the Unknown</i> TH	0900 Catholic Mass RC <b>0900 Dining Committee Mtg.</b> GR <b>1000 Custodial Meeting</b> GR 1300 Movie: <i>Unhinged in Hollywood</i> TH 1500 Bible Study MR	0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1100 Qi Gong GR 16:00 Ladies Group CC	0900 Catholic Mass RC <b>1300 East Maryville Baptist Social</b> CC 1300 Poetry Reading Club LR 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	<b>0800 Summer Bazaar</b> CC 1100 Qi Gong GR 1500 Christian Fellowship GR	1300 Bingo CC <b>1300 Alexandria Citizen Band</b> TH 1600 Social DI
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL 1300 Movie: <i>By Dawn’s Early Light</i> TH	0900 Catholic Mass. RC <b>1130 Birthday Luncheon</b> DH 1300 Movie: Born Free TH 1500 Bible Study MR	0900 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL 1100 Qi Gong GR 1830 Genealogy SCL	0900 Catholic Mass RC 1330 Rummikub Challenge CT 1000 RT Jeopardy! CC 1830 Women’s Bible Study LR	1100 Qi Gong GR <b>1300 Jimmy Buffet Tropical Music</b> TH 1500 Christian Fellowship GR	1300 Bingo CC 1600 Social DI
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
09:00 Catholic Mass RC 09:00 Protestant Services TH	0900 Catholic Mass RC 0930 Spanish Summer Camp GR 1100 Qi Gong GR 1130 Popcorn CCL <b>1300 Korean Cooking</b> CC 1300 Movie: <i>Tears of the Sun</i> TH	0900 Catholic Mass RC 1300 Movie: <i>Love Laughs at Andy Hardy</i> TH 1330 Literary Hour GR 15:00 Bible Study MR	09:00 Catholic Mass MR 0930 RT YMCA Boot Camp 2SL <b>10:00 Resident Memorial</b> TH 1100 Qi Gong GR	0900 Catholic Mass RC <b>0900 Town Hall</b> CC 1330 Rummikub Challenge CT 1830 Women’s Bible Study LR	1100 Qi Gong GR 1030 RT Bingo CC 1500 Christian Fellowship GR	<b>Please note: Events may be rescheduled or altered.</b>

# Bus Trips for July 2026

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						Sign up begins 6/24	1		2	Sign up begins 6/17	3		4
						Bolling Air Force Base Commissary and Exchange DPT – 1000 RTN – 1300				Independence Day Concert DPT – 1800 RTN – 2300			
	5		6		7	Sign up begins 7/1	8		9		10		11
						Walmart and Bob Evans Laurel, MD DPT – 1000 RTN – 1300							
	12		13		14	Sign up begins 7/8	15	RT Trip	16		17		18
						Celtic House Irish Pub Restaurant DPT – 1100 RTN – 1330		Walmart/Arundel Mills DPT:1000 RTN:1400					
	19		20	Sign up begins 6/29	21	Sign up begins 7/15	22		23		24		25
				Vets Baseball Game DPT: 1000 RTN: 1700		Ft Belvoir Commissary Exchange DPT – 1000 RTN – 1330							
	26		27		28	Sign up begins 7/22	29		30		31		
						Olive Garden Restaurant DPT – 1100 RTN – 1330							