

# Recreation Activities & Special Events for May 2026

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday															
										<b>1</b>		<b>2</b>															
AC – Artist Colony BF – Ball Field CC – Community Center CCL – Community Center Lobby CL – Computer Lab CR – Club Room CS – Ceramics Studio CT – Canteen		DH – Dining Hall DI – Defenders’ Inn GR – Game Room HOH – Hall of Honor L – Library LR – Living Room MR – Meditation Room MS – Memory Support		PR – Promenade RC – Rose Chapel RT– Recreation Therapy SHBY – Sheridan Back Yd. SC – Stanley Chapel TH – Theater SCL – Sheridan Computer Lab 2SL – 2 <sup>nd</sup> Floor Scott Lobby		<i>**Catholic Mass is held Sunday-Thursday at 0900 in the Rose Chapel.</i>				1100 Qi Gong <b>1300 “Scouts Skunks &amp; Snipes” Stories w/ John Phillips</b> 1500 Christian Fellowship		GR	TH	<b>1000 Veterans Yoga Project</b> 1600 Bar Nite	SC	DI											
<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>															
0900 Catholic Mass 0900 Protestant Services		RC	TH	1100 Qi Gong 1130 Popcorn	GR	CCL	0900 Trip Meeting <b>1000 Voices of Vets</b> 1500 Bible Study 1800 Saloon Night	TH	TH	MR	DI	0930 RT YMCA Boot Camp 1100 Qi Gong <b>1300 Mexican Fiesta</b>	2SL	GR	1330 Movie Selection Mtg. 1330 Rummikub Challenge 1830 Women’s Bible Study	GR	CT	LR	1100 Qi Gong <b>1300 Bloom &amp; Write Military Appreciation Social</b> 1500 Christian Fellowship	GR	<b>1000 MOC Social</b> <b>1130 Soul Food Festival</b> 1600 Bar Nite	DI	CC	DI			
<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>															
0900 Catholic Mass 0900 Protestant Services		RC	TH	0930 Spanish Summer Camp 1100 Qi Gong 1130 Popcorn	GR	GR	CCL	0800 Standing Yoga 0900 Dining Committee 1000 Custodial Meeting 1100 Technology Hour <b>1300 Line Dancing</b> 1500 Bible Study	CC	GR	GR	SCL	CC	MR	0930 RT YMCA Boot Camp 1100 Qi Gong 1100 Navy Federal Info Table <b>1500 Chat with the Chief</b>	2SL	GR	CCL	TH	1000 PALS Visit 1300 Spelling Bee 1330 Rummikub Challenge 1400 American Legion Mtg. 1830 Women’s Bible Study	GR	TH	GR	1100 Qi Gong <b>1130 Memorial Day BBQ</b> 1500 Christian Fellowship	GR	1600 Bar Nite	DI
<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>															
0900 Catholic Mass 0900 Protestant Services		RC	TH	0930 Spanish Summer Camp 1100 Qi Gong 1130 Popcorn 1300 Korean Cooking	GR	GR	CCL	CC	CC	MR	<b>1130 Birthday Luncheon w/ Christiana Drapkin Quartet</b> 1300 Paper Airplane 1500 Bible Study	DH	0900 Open RAC Meeting 0930 RT YMCA Boot Camp 1100 Qi Gong <b>1600 Ladies Group</b>	CC	2SL	GR	TH	1000 Flags-in-Ceremony 1300 Poetry Reading Club 1330 Rummikub Challenge 1830 Women’s Bible Study	GR	TH	GR	1100 Qi Gong <b>1300 Operation Earnest Will Lecture w/ Tom Duffy</b> 1500 Christian Fellowship	GR	1300 Bingo 1600 Bar Nite	CC	DI	
<b>24</b>		<b>31</b>		<b>25</b>		<b>26</b>		<b>31</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>											
0900 Catholic Mass 0900 Protestant Services		RC	TH	0930 Spanish Summer Camp <b>1000 Commemoration Ceremony</b> 1100 Qi Gong 1130 Ice Cream Social	GR	GR	MR	1330 Literary Hour 1500 Bible Study	GR	MR	0930 RT YMCA Boot Camp <b>1000 Resident Memorial</b> 1100 Qi Gong 1830 Genealogy	2SL	TH	GR	SCL	<b>0900 Town Hall</b> 1330 Rummikub Challenge 1830 Women’s Bible Study	CC	CT	LR	1100 Qi Gong <b>1300 Prom</b> 1500 Christian Fellowship	GR	CC	GR	1300 Bingo 1600 Bar Nite	CC	DI	

# Bus Trips for May 2026

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
											1		2
	3	<i>Sign up begins: 4/27</i>	4		5		6	<i>Sign up begins: 4/10</i>	7		8		9
		Bolling Air Force Base C/E  DPT: 1000 RTN: 1300						Nationals Baseball Game  DPT: 1045 RTN: 1700					
	10		11		12	<i>Sign up begins: 5/6</i>	13		14		15		16
						Arundel Mills Mall  DPT: 1000 RTN: 1400							
	17	<i>Sign up begins: 5/11</i>	18		19	<i>Sign up begins: 5/13</i>	20		21		22		23
		Ft Belvoir Commissary/Ex  DPT: 1000 RTN: 1300				Walmart/Bob Evans  DPT: 1000 RTN: 1330							
	24		25		26	<i>Sign up begins: 5/20</i>	27	<i>Sign up begins: 5/20</i>	28		29		30
National Memorial Day Concert  DPT: 1800 RTN: 2300						Sakura Restaurant  DPT: 1100 RTN: 1330		Arundel Mills Mall  DPT: 1000 RTN: 1400					