

ARMED FORCES RETIREMENT HOME –WASHINGTON

WEEKLY BULLETIN

Monday, October 26 – Sunday, November 1, 2026

IN MEMORY OF
Richard Cote – United States Navy

ADMINISTRATION UPDATES AND NEWS

AFRH Change of Leadership: As we welcome our incoming Chief Executive Officer LTG (Ret.) Doug Stitt, we recognize MG (Ret.) Steve Rippe, who will conclude his tenure as CEO at the end of October. Residents are invited to attend the **Change of Leadership Ceremony on Friday, October 30, at 1100 in the Scott Community Center**, as we honor MG Rippe's service and contributions and officially welcome LTG Stitt to AFRH.

HEALTHCARE SERVICES

Seasonal Health & Safety Reminder: As we enter another flu season, our priority remains keeping our community safe, healthy, and informed. We want to remind everyone that hand hygiene is the most effective way to prevent infection.

- We strongly encourage all Residents to consider receiving the flu vaccine. For those who cannot or choose not to be vaccinated, please wear a mask throughout the flu season to help protect yourself and others.
- As the season is changing, please consider dressing in layers to stay comfortable in the frequently shifting temperatures. Layering makes it easier to adjust throughout the day as our environment warms or cools.

A reminder to all Independent Living (IL) visitors: please sign the log book located on each unit at the front desk before proceeding to Assisted Living (AL), Long-Term Care (LTC), or Memory Support (MS).

RESIDENT SERVICES

DC General Election: The District of Columbia General Election will take place on Tuesday, November 3. Additional information and sign-up sheet for transportation to the polling location will be available next week. Residents interested in transportation assistance are encouraged to stay tuned for further details. For questions, please contact Patrick Cahill.

Thrift Shop Opportunity: The Thrift Shop is seeking a resident volunteer to assist on Wednesdays from 1300 – 1600 and Fridays from 0830 – 1130. Responsibilities include providing customer service, evaluating and organizing donations, stocking merchandise, and maintaining accurate records. Residents interested in this opportunity are encouraged to contact Max Chace (Scott 1072) for additional information.

Wreaths Across America: Stop by the Wreaths Across America information table in the Scott Community Center Lobby on Tuesday, November 17, from 1130 – 1330 to learn more about this year's event. The ceremony will take place on Saturday, December 19 at 1200, at the U.S. Soldiers' and Airmen's Home National Cemetery, followed by wreath placement beginning at 1230. For additional information, please contact Mr. John Smith.

Trip Caller Reminder: Trip callers play an essential role in making our resident outings possible. **Each trip must have a designated trip caller to proceed.** Without a volunteer to serve in this role, the trip may need to be canceled. Residents interested in participating in upcoming outings are encouraged to consider volunteering as a trip caller to help keep these opportunities available for everyone.

Bed Bug Inspections: Bed Bug Inspections in the Sheridan Building have been completed on all floors except the 1st floor, which is scheduled for Tuesday, October 27 from 0900. Please ensure to strip your beds of all sheets and blankets prior to the scheduled inspection date for your floor.

BUSINESS OFFICE

Fall-Proof Your Finances – Spotting the Latest Scams:

Pause: Take a moment to breathe. Scammers want you to rush.

Reflect: Think and research before you act. Scammers hope you won't.

Question: Look for red flags. Scammers love irreversible payments, like gift cards or cryptocurrency.

Confirm: Verify the details. Reach out through a channel you already trust.

The Business Center is located in the Scott Building, Room 1067, 0800 – 1600 Monday through Friday, and closes daily from 1130 – 1300.

CHAPLAINS OFFICE

Protestant Services: Bible Study is held in the Meditation Room on Tuesdays at 1500, and Church services take place in the Scott Theater on Sundays at 0900. Residents interested in supporting the Protestant community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Pastor Floyd.

Catholic Services: Father Dominic will be attending a workshop from October 18 – 26. During his absence, Father Pachomius will celebrate daily and Sunday Masses. John Smith will be available to distribute Holy Communion when a priest is unavailable. Residents interested in supporting the Catholic community or assisting with stewardship efforts are encouraged to get involved. For further information, please contact Father Bump.

OMBUDSMAN

The Veterans Affairs (VA) Claims Representative will be available on Monday, October 26 from 1030 – 1300 in the Scott Building, Long-Term Care, South House Den (Room 2083). Residents are encouraged to take advantage of this opportunity to consult with the representative regarding VA claims and to receive expert guidance on the benefits process. For additional information, please contact Dion Dupree.

SPECIAL EVENTS

- Join us for our monthly Town Hall on Thursday, October 29 at 0900 in the Scott Community Center.
- Get ready for a spooktacular afternoon at the Halloween Costume Party on Thursday, October 29 at 1300 in the Scott Community Center.
- Join us for the Creative Minds Storybook Parade on Friday, October 30 at 0900 on the first floor Scott Lobby.
- Enjoy a special theatrical performance by The Catholic University of America on Friday, October 30 at 1430 in the Scott Theater.