

ARMED FORCES RETIREMENT HOME –WASHINGTON

WEEKLY BULLETIN

Monday, September 29 – Sunday, October 5, 2025

CURRENT CENSUS

USA	USN	USMC	USAF	USCG	RC	Spouse	Total
62	50	11	59	2	7	13	204
Average Age: 82							

ADMINISTRATION UPDATES AND NEWS

Sheridan Building Renovation Update: If you joined us for Thursday’s Town Hall, you’ve already heard the news – the start of demolition for the Sheridan Building has been delayed again. For those who couldn’t attend, a recap email will be forthcoming so everyone’s in the loop. The new estimate puts the start date in the third quarter of 2026. A few factors are behind the delay, including changes at GSA and unpredictable pricing due to tariffs. Keep an eye out for the email, or check the Administrator board in the Sheridan / Scott Tunnel for updates. Thank you, as always, for your patience. We know this project has been a long time coming, and while it’s not moving as fast as we’d hoped, it’s still moving forward!

HEALTHCARE SERVICES

The date for the upcoming Influenza Clinic will be announced shortly. In the meantime, if you have received the influenza vaccine, or any other vaccines outside of the Home, please provide a copy of your vaccination record so it may be entered into your medical file.

Enrollment at the Washington DC VA Medical Center is strongly encouraged to ensure access to the comprehensive range of healthcare and support services available through the Department of Veterans Affairs. When enrolled in the VA health system, you may receive medical care, and other essential resources tailored to your needs. For assistance with the enrollment process or to learn more about available services, please contact your social worker.

We extend our sincere appreciation to all who attended *Salute Your Scripts – Honoring Your Health One Prescription at a Time* during the recent *Chat with the Chief of Healthcare*.

Wellness Center After-Hours: In the event that a nurse is not immediately available at the Wellness Center, please use the telephone located at the front desk. A clearly posted sign will provide urgent contact numbers for appropriate assistance. Our nursing staff will return as promptly as possible to continue serving your healthcare needs. Additionally, a comprehensive list of emergency contact numbers is always available at the Wellness Center front desk for your convenience.

RESIDENT SERVICES

- Please note the next Chapel Fund Meeting is scheduled on Thursday, October 9, with the Protestant Meeting at 10:00 and the Catholic Meeting at 10:30.
- **Room Inspections:** The Quarterly Health, Welfare and Moral Room Inspections are scheduled for Thursday, October 16 at 09:00. If you require assistance in preparing your room, please contact Careful Cleaners.

BUSINESS OFFICE

Money Matters – Questions from Your Grandchildren (Part 3 of 12):

Should I Leave Money in my will to my grandchild?

There is no single answer. Some grandparents choose to, while others prefer to leave their estate to their adult children. Often, adult children in their 50s or 60s are already financially secure, yet there can still be a sense of tradition in leaving funds to them rather than directly to grandchildren. For those considering leaving something to younger grandchildren, one approach sometimes used is a *Uniform Transfers to Minors Act (UTMA) account*. This allows funds to be managed by a parent, aunt, or uncle until the child reaches adulthood, without the need for guardianship. The Business Center is available Monday through Friday, from 0800 – 1600, and is closed daily from 1130 – 1300. We are located in Room 1067 of the Scott Building. For financial inquiries or assistance, please contact the Business Center.

CHAPLAINS OFFICE

Protestant Services: Bible Study is held in the Meditation Room on Tuesdays at 1500. Church services are held in the Scott Theater on Sundays at 0900. For further information or inquiries, please contact Pastor Floyd.

Catholic Services: If you are interested in supporting the Catholic community and assisting with stewardship of Catholic funds and resources, we encourage you to get involved. Your voice and participation are valued. For more information, please contact Father Bump.

OMBUDSMAN

The Veterans Affairs (VA) Claims Representative will be available at AFRH-W on Monday, October 6, from 1030 – 1300 in the Scott Building, Long-Term Care, South House Den (Room 2083). Residents are encouraged to take advantage of this opportunity to consult with the representative regarding VA claims and to receive expert guidance on the benefits process. For additional information, please contact Mr. Dion Dupree.

SPECIAL EVENTS

- Join us in the Scott Theater on Tuesday, September 30 at 1300 for a heartfelt Veterans Tribute Show, followed by Korean Cuisine in the Scott Community Center at 1330.
- Enjoy festive music and seasonal treats at the Oktoberfest on Friday, October 3 at 1300 in the Scott Community Center.