

ARMED FORCES RETIREMENT HOME – WASHINGTON

WEEKLY BULLETIN

Monday, September 21 – Sunday, September 27, 2026

ADMINISTRATION UPDATES AND NEWS

President Lincoln's Cottage Homecoming will take place this Saturday, September 19, from 1000–1400. Families from the community will be on the grounds enjoying activities inspired by Tad Lincoln's childhood summers at the Soldiers' Home, including pony rides, a petting zoo, lawn games, crafts, stories, and live music. Admission and activities are free, with food available for purchase from local food trucks. Residents who enjoy family-friendly events are welcome to stop by. Please expect increased visitor traffic near the Cottage and surrounding lawns during this time.

The following weekend, **Friends of the Soldiers Home (FOSH)** will host their 12th Annual Fall Festival on Saturday, September 26 from 1500–1900 down on the driving range. The event will feature food trucks, kids' games, and live music from local band Mars Rodeo. Residents are welcome to enjoy the music, food, and early fall atmosphere. Please anticipate additional visitors and activity on the southern end of campus throughout the afternoon, as this is a popular neighborhood event.

HEALTHCARE SERVICES

Annual Flu Clinic: The Annual Flu Clinic will be held on Friday, October 2 in the Scott Community Center. Flu, COVID-19, and RSV vaccines will also be available. Residents interested in participating are asked to sign up in the Wellness Center. Please provide the Wellness Center with documentation of any vaccines received at outside facilities.

Dining Assistance: For your safety, please avoid balancing your trays on walkers, rollators, or your lap. If you drop or spill items, it can create a safety hazard for you and others. Please ask for assistance at the Dining Hall if needed.

RESIDENT SERVICES

Genesis Funeral Home Visit: Representatives from Genesis Cremation & Funeral Services will be available outside the Scott Lobby on Thursday, September 23, following Town Hall. Residents who need to make or update their funeral arrangements are welcome to stop by and speak with a representative.

SFC Mary Jean Johnson, a Resident of the Armed Forces Retirement Home – Washington from 2017 to 2019 will be laid to rest at Arlington National Cemetery on October 7 at 1300. If you are able to attend her Interment at Arlington, please arrive at Arlington National Cemetery NLT 1215. You must have a Real ID or your military ID to gain access to the grounds. Only 10 persons are allowed in the reception area at a time and all others must remain in their vehicles. There is no transportation to the burial location provided by Arlington, so if you ride with someone, ensure you have a seat to the gravesite.

Mailroom Reminder: Residents are kindly asked not to leave empty boxes in or around the Mailroom. Please break down and dispose of empty boxes in the designated recycling bins located near the Mailroom.

Bingo Volunteers Needed: We are looking for resident volunteers to help with Saturday Bingo, including calling numbers and collecting money. If you enjoy Bingo and would like to lend a hand, we encourage you to get involved. Please see Mr. Patrick Cahill if you are interested in volunteering.

Golf Cart Access: Golf Carts are a great resource for residents to be able to travel around campus. To operate a golf cart or any equipment, residents must complete the approval process, which includes obtaining approval from the medical team and demonstrating the ability to safely operate the golf cart with a member of the recreation team. To begin the approval process, please see a member of the recreation team to obtain an approval form.

BUSINESS OFFICE

5 Mistakes to avoid these financial blunders when helping grandkids:

For many grandparents, spoiling grandchildren is a true joy, but giving cash, gifts, or investments can get complicated if you overlook taxes or a child's financial readiness. Common mistakes include overspending at the expense of your own financial security, failing to create an estate plan that protects your grandchildren's inheritance, co-signing student loans that could put your Social Security at risk, and missing the chance to pass on your hard-earned financial wisdom.

CHAPLAINS OFFICE

Protestant Services: Bible Study is held in the Meditation Room on Tuesdays at 1500, and Church services take place in the Scott Theater on Sundays at 0900. Residents interested in supporting the Protestant community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Pastor Floyd.

Catholic Services: Daily Mass is offered Monday through Thursday at 0900, and Adoration on Wednesdays at 1500. Residents interested in supporting the Catholic community or assisting with stewardship efforts are encouraged to get involved. For further information, please contact Father Bump.

OMBUDSMAN

Meet Your New Resident Advisory Council (RAC): Congratulations to Mary Rechtien, our new RAC Chair, and our RAC representatives:

- John Phillips (1st Floor)
- Richard Cote (3rd Floor)
- Christine Engle and Kay Stark (Upper Levels of Care Liaisons)
- Steve Logan (4th Floor)
- Tim Brundle (7th Floor)

We look forward to working with our new RAC as they represent the voices and interests of our resident community. Congratulations to all!

The Veterans Affairs (VA) Claims Representative will be available on Monday, October 26 from 1030 – 1300 in the Scott Building, Long-Term Care, South House Den (Room 2083). Residents are encouraged to take advantage of this opportunity to consult with the representative regarding VA claims and to receive expert guidance on the benefits process. For additional information, please contact Mr. Dion Dupree.

SPECIAL EVENTS

- 🕒 Join us for our monthly Town Hall on Thursday, September 24 in the Scott Community Center at 0900.