

# ARMED FORCES RETIREMENT HOME – WASHINGTON

## WEEKLY BULLETIN

Monday, June 1 – Sunday, June 7, 2026

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IN MEMORY OF  
John Farrell – United States Army

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### ADMINISTRATION UPDATES AND NEWS

**Transportation:** We have now completed the first week of the new medical transportation model, and the feedback has been positive so far. For residents who have not yet used the service and would like more information, the written guide with instructions and key contact details is still available in the Wellness Center. If you have any questions or need assistance with the new system, please contact any of the Chiefs, the Ombudsman, or the Administrator.

**Campus Striping Work – June 13, 14, 20, and 21:** Roadway and parking-lot striping will take place across campus over the weekends of June 13–14 and June 20–21. Crews will update ADA spaces, parking stalls, arrows, crosswalks, speed-bump markings, and roadway lettering. You may see work occurring in different areas, but campus access will remain open. Thank you for your patience while we refresh the markings.

### HEALTHCARE SERVICES

**Hydrate N.O.W. (No Opportunity Wasted):** Staying well hydrated is important for your overall health and comfort, especially during the warmer months. Residents are encouraged to drink water throughout the day and consider keeping a refillable water bottle nearby. Water bottles may be refilled at the Scott Canteen next to the post office, and bottled water is also available in the refrigerator located in the Wellness Center lobby.

**Wellness Center After-Hours:** If a nurse is not immediately available at the Wellness Center, please use the telephone located at the front desk. A clearly posted sign provides urgent contact numbers for appropriate assistance. Nursing staff will return as promptly as possible to continue supporting your healthcare needs. A comprehensive list of emergency contact numbers is also available at the Wellness Center front desk for your convenience.

**Scam Awareness:** Residents who may have experienced a scam are encouraged to seek assistance and support. Please contact your designated Social Worker for guidance. For additional assistance, please reach out to Mr. James Robinson or Ms. Kendra Etheridge.

**Medical Insurance Reminder:** Residents are required to maintain active medical insurance as outlined in the Resident Guide. Please provide your current insurance information to the Wellness Center, especially if changes were made during open enrollment.

## RESIDENT SERVICES

- The family of resident, Louis Rine, has scheduled his funeral service for Wednesday, June 10 at 1100 at the United States Soldiers' and Airmen's Home National Cemetery. They have graciously welcomed AFRH residents and staff to attend the service. The Harewood Gate will open at 1000 to allow access for those attending. Golf carts will be available for transportation to the cemetery.
- **Friendly Reminder:** Residents are kindly asked not to direct or assign tasks to contractors working on campus. Contractors are assigned specific duties and work schedules through their supervisors. If you notice an issue or have a maintenance concern, please submit it through the appropriate channels so it can be addressed properly. Thank you for your understanding and for helping us maintain a safe and efficient community.
- For the safety and security of our community, please notify Security if you see anyone on campus who is not wearing a badge. As a reminder, all staff, residents, and visitors should wear their badges at all times while on campus. Thank you for helping us maintain a safe and secure environment for everyone.

## BUSINESS OFFICE

Staying alert to scams is essential, especially as fraudsters increasingly use phone schemes, phishing messages, and fake tech-support calls to trick people into giving up money or personal information. You can protect yourselves by being cautious with unexpected calls, *avoiding clicking on unfamiliar links*, and *verifying any request that claims to be urgent*. It helps to slow down, ask questions, and check with a trusted friend or family member before responding to anything that feels off. Staying informed about common scams and keeping communication open makes it much easier to spot red flags and stay safe. See your social worker if you're unsure.

Business Center is open Monday through Friday, 0800 – 1600, and closes daily from 1130 – 1300. We are located in Room 1067 of the Scott Building. For financial inquiries or assistance, please contact us at (202) 541-7525.

## CHAPLAINS OFFICE

**Protestant Services:** Bible Study is held in the Meditation Room on Tuesdays at 1500, and Church services take place in the Scott Theater on Sundays at 0900. Residents interested in supporting the Protestant community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Pastor Floyd.

**Catholic Services:** Daily Mass is offered Monday through Thursday at 0900, and Adoration on Wednesdays at 1500. Residents interested in supporting the Catholic community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Father Bump.

## OMBUDSMAN

**RAC Elections Reminder:** Interested in becoming more involved in the resident community? RAC voting will be taking place soon. If you would like to learn more about the responsibilities and daily activities of a RAC Chair or RAC Floor Representative, please speak with a current RAC representative. They can provide insight into the role and answer any questions you may have. We encourage residents to consider participating and helping shape our community through resident leadership.

## SPECIAL EVENTS

- Please note that the Annual AFRH Prom has been rescheduled to Tuesday, June 2 in the Scott Community Center at 1300.