

# ARMED FORCES RETIREMENT HOME – WASHINGTON

## WEEKLY BULLETIN

Monday, May 4 – Sunday, May 10, 2026

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### ADMINISTRATION UPDATES AND NEWS

It will be a busy weekend on campus!

We will be hosting a one-day conference for the DC National Guard on Saturday, May 2. This event is expected to bring approximately 100 participants and will take place in the Community Center and the Theater. Participants will be arriving as early as 0730 and the conference ends at 1600. We thank you for your patience with the inconvenience.

Both Saturday and Sunday, President Lincoln's Cottage will be having their annual fundraiser Bourbon and Bluegrass. The festival is from 1300 to 1700 both days and will have live music, food trucks, beverages (alcohol and non-alcohol)....and of course bourbon tastings! All residents get free admission and two free drink tickets! You will need to go to the tent set up by the gazebo cannons and show your AFRH ID to receive the wristband and tickets.

### HEALTHCARE SERVICES

**CPR for Residents:** Ms. Carmen Pace will hold a Resident CPR class for information and practice only on Wednesday, May 6 from 1000 – 1230. All slots are currently filled; however, residents may add their name to the standby list in case of cancellations.

**Chat with the Chief:** Join us on Wednesday, May 13, at 1500 in the Theatre for this month's session. The featured topic, "*Salute Your Scripts: War on Expired Medications*". We will discuss how to identify, store, and safely dispose of expired or unused medications.

**Spring Cleaning:** If you need equipment repairs or replacements, such as a new wheelchair cushion, rollator adjustments, brake repairs, or assistance with any mobility concerns, please notify Ms. Shaconya Kendrick so appropriate arrangements can be made. As the weather warms and residents spend more time outdoors, it's important to ensure your equipment is in safe, working condition. If you are interested in being evaluated for a new electric wheelchair or determining eligibility are encouraged to contact Ms. Kendrick. Limited openings are available for the upcoming wheelchair clinic on Thursday, May 14.

### RESIDENT SERVICES

🕯 The family of resident, George Wellman has scheduled his funeral service for Wednesday, May 6 at 1100 at the United States Soldiers' and Airmen's Home National Cemetery. The family has graciously welcomed AFRH-W residents and staff to attend the service. The Harewood Gate will open at 1000 to allow access for those attending. Golf carts will be available for transportation to the cemetery. For further information, please contact Mr. Dion Dupree.

**Friendly Reminder:** The Kiosk located by AAFES is a shared resource for all residents, and we ask everyone to help maintain a respectful and trustworthy environment. Please remember to pay for all items and encourage others to do the same. If your items did not register during your purchase, kindly return them to the shelf and contact the customer service number provided on the machine. Thank you for your understanding and for helping care for our community.

**Military ID Renewal:** Residents are reminded to ensure their military identification cards are renewed upon reaching age 65. If you are approaching or have reached this age, please complete this process as soon as possible to keep your records current and to avoid any disruption in services. Please note that residents are responsible for completing their ID renewal. Your Social Worker and Ombudsman can assist with scheduling appointments, however, residents must follow through with the renewal process.

## BUSINESS OFFICE

**Where is My 2025 Federal Tax Refund:** The IRS offers an online tool to help you track the status of your refund. Please note that the IRS no longer issues paper refund checks as of 2025. Taxpayers who file electronically typically receive their refunds within 21 days, while mailed returns may take four weeks or longer. Instead of repeatedly checking your bank account, you can use the “Where’s My Refund?” tool at IRS.gov or the IRS2Go app for updates.

IRS Automated Hotlines: Refunds: (800) 829-1954, Amended Returns: (866) 464-2050

For assistance, please visit the Business Center located in the Scott Building, Room 1067.

## CHAPLAINS OFFICE

**Protestant Services:** Bible Study is held in the Meditation Room on Tuesdays at 1500, and Church services take place in the Scott Theater on Sundays at 0900. Residents interested in supporting the Protestant community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Pastor Floyd.

**Catholic Services:** Daily Mass is offered Monday through Thursday at 0900, and Adoration on Wednesdays from 1500 – 1400. Residents interested in supporting the Catholic community or assisting with stewardship efforts are encouraged to get involved. For further information or inquiries, please contact Father Bump.

## OMBUDSMAN

The Veterans Affairs (VA) Claims Representative will be available at AFRH-W on Monday, May 11 from 1030 – 1300 in the Scott Building, Long-Term Care, South House Den (Room 2083). Residents are encouraged to take advantage of this opportunity to consult with the representative regarding VA claims and to receive expert guidance on the benefits process. For additional information, please contact Mr. Dion Dupree.

## SPECIAL EVENTS

- Join us to hear the “Voices of Vets” group perform on Tuesday, May 5 at 1000 in the Scott Theater.
- Enjoy festive fun and dancing at the Cinco de Mayo Celebration on Wednesday, May 6 at 1300 in the Community Center.
- Write messages to Active Duty Service Members, and decorate flower pots at the Bloom & Write Military Appreciation Social on Friday, May 8 at 1300 in the Scott Community Center.
- Celebrate Mother’s Day at the Soldiers & Mother’s Day Soul Food Festival on Saturday, May 9 at 1130 in the Scott Community Center.

