

AFRH - G / Master Menus Week of 11 / 27 / 2023 / Cycle 5 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Nov 27th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Turkey Pot Pie with Biscuit Top Creole Shrimp & Sausage Steamed White Rice Collard Greens Sugar Snap Peas Yeast Roll / Cornbread / Corn Muffin	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Assorted Deli Meats / Cheeses Burnt Brisket Ends / BBQ Sauce Scalloped Potatoes Whole Green Bean Almandine Sliced Baked Beets with Shallots Slider Roll / Corn Muffin
T U E S Nov 28th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy	Potato Sausage & Kale Soup Pasta Fagioli Soup Fried Chicken Livers / Rice / Gravy Spaghetti Au Gratin Casserole with Tomato Meat Sauce Broccoli Florets / Tuscan Blend Cheesy Rosemary Bread Garlic Bread / Cornbread / Corn Muffin	Potato Sausage & Kale Soup Pasta Fagioli Soup Assorted Deli Meats / Cheeses Blackened Fish w/ Tartar & Lemon Country Fried Steak / White Gravy Mashed Potatoes / Brown Gravy Stuffed Portabella Mushrooms Butter Beans / Brown & Serve Roll
W E D Nov 29th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Turkey Noodle Soup Chili Bean Soup / Pimento Cheese Sliced Roast Beef Wraps Baked Pork Chop w/Pork Gravy Baked Sweet Potato Creamed Cauliflower Cape Cod Blend Dinner Roll / Cornbread / Corn Muffin	* * BREAKFAST NIGHT * * Chili Bean Soup / Turkey Noodle Soup Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Egg & Sausage Casserole / Grits Cheesy Grits / Waffles / Hash Brown Patty Oatmeal / Biscuits / Country Gravy
T H U R Nov 30th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Pineapple Topping Biscuits / Country Gravy	Italian Wedding Soup Beef, Spinach & Pasta Soup Grilled Beef Tips w/ Onions & Peppers Fried Chicken Mashed Potatoes / Chicken Gravy Skillet Corn with Bacon Seasoned Cut Green Beans Slider Roll / Cornbread / Corn Muffin	Italian Wedding Soup Beef, Spinach & Pasta Soup Assorted Deli Meats / Cheeses Smoked Sausage Louisiana Style Red Beans / Rice Fried Okra Power Greens Yeast Roll / Corn Muffin
F R I Dec 1st	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Chicken & Rice Soup Kielbasa Cabbage Soup Beef Nachos with Chili & Queso and All the Toppings Fried Catfish w/Cocktail/Tartar Sauce Creamy Ranch Potatoes Squash Casserole / Stewed Cabbage Hushpuppies / Cornbread / Corn Muffin	Egg Drop Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Sweet & Sour Chicken Asian Style Noodles Stir-Fried Asian Blend / Egg Rolls Glazed Baby Carrots & Pineapple Parker House Roll / Corn Muffin
S A T Dec 2nd	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Hash Browns Biscuits / Sausage Gravy	Chicken Noodle Soup Lobster Bisque Egg Salad / Mini Croissant Cornish Hen Halves Cranberry Wild Rice Grilled Veggie Blend Spinach Vrazel Dinner Roll / Cornbread / Corn Muffin	Chicken Noodle Soup / Lobster Bisque Assorted Deli Meats / Cheeses Veggie Meat Balls in Beef Gravy Creamy Shrimp Scampi w/ Parm over Angel Hair Pasta Steamed Fresh Asparagus Spears Bermuda Vegetable Blend Assorted Rolls / Corn Muffin
S U N Dec 3rd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Smoked Rope Sausage Waffles / Apple Topping Biscuits / Country Gravy	Chicken Tortilla Soup White Bean & Wheat Berry Soup Sloppy Joe Grilled Ham with Grilled Pineapple Au Gratin Potatoes Roasted Fresh Thick Cut Zucchini Normandy Blend Vegetables Yeast Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Cut Chicken Stew with Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Brown & Serve Roll / Corn Muffin

DESSERTS - REGULAR LINE

Mon	Lemon Meringue
Tue	Peanut Butter Cookies
Wed	Chocolate Cake
Thu	Red Velvet Cake
Fri	Pecan Pie
Sat	Chocolate Chip Cookies
Sun	Apple Cobbler

DESSERTS - DIET LINE

NSA Apple Pie
Assorted SF Cookies
Fresh Fruit Cups
Sponge Cake with Diced Pears
NSA Chocolate Parfait
Assorted SF Cookies
Tropical Fruit Cups

GRILL OPTIONS (LUNCH ONLY)

* Grilled Hamburger	* Grilled All Beef Hot Dog
* Grilled Skinless, Boneless Chicken Breast	
* Grilled Cheese	* Grilled Ham & Cheese
* Breaded Cod Filet	* Bacon * Cheese * Chili
* Buns	* Flour Tortillas * White & Wheat Bread
* French Fries	* Sweet Potato Fries
* Beer Battered Onion Rings (Wed Only)	
* Condiment Stations Available	