**The Plan of the Week**

5 SEPTEMBER 2022 – 11 SEPTEMBER 2022

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**24/7 SECURITY** (228)897-4418

**24/7 WELLNESS CLINIC:** (228)897-4450

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**MEALS** – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

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**RESIDENT POPULATION:** 401  **AVERAGE AGE:** 83.89 as of 01SEP22

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**RESIDENT WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:**
- Theodore “Scott” Cotman (USAF), Hometown: Gulfport, MS
- Sam Davis (USCG), Hometown: Havelock, NC

**FAREWELL:**
- James “Jack” Eldreth (USN), Hometown: Wagnor, NC

**IN MEMORY OF:**
- Kenneth Gage (USA), Hometown: Clemscott, OK
- Norman Bobb (USAF), Hometown: Lynos, KS
- Mildred Sobierański (USN), Hometown: Fletcher, WV

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**EMPLOYEE / WELCOME / FAREWELL:**

**WELCOME:**
- Razia Blanchard, Licensed Practical Nurse, Healthcare Services
- Samantha McKee, Licensed Practical Nurse, Healthcare Services

**FAREWELL:**
- Lora Millsaps, Social Worker, Healthcare Services

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**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT GATE:** Idaho, known as the "Gem State", was the 43rd state to establish statehood. It achieved statehood on 07/03/1890.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted in SEP as follows:
  - Floors 8 & 7 on 07SEP22, Floors 6 & 5 on 14SEP22, and Floors 4, 3 & 2 on 21SEP22.

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**HEALTHCARE SERVICES NEWS:**

- **COVID-19 VACCINES:** Are currently being offered at local drugstores, the VA and Keesler.
- **COVID-19 TESTING STATUS:** As of 31AUG22, we have 2- Federal Employee active cases. Please continue to follow necessary precautions, particularly outside the home.
- **KEESLER PHARMACY SERVICES:** ALL Keesler Pharmacy Services are at BX Satellite Pharmacy; NOT at Main Hospital Pharmacy. ALL Medication pick-up is at BX Lobby, Drive Thru, or Locker options (register first). Activate NEW prescription at any Hospital Kiosk.

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**RECENT BINGO & TOURNAMENT RESULTS:**

- **BINGO 8/24:** Winner – John Pecoraro  **Jackpot:** $80 (Att. – 31)
- **HEARTS 8/15:** 1st – Frank Teal, 2nd – Mike Cissell, 3rd – Wayland Webb
- **“WAR” 8/16:** 1st – Mary German, 2nd – Mike Cissell, 3rd – Wolf Kiessling
- **HOOK & RING 8/22:** 1st – Wolf Kiessling, 2nd – Frank Baker, 3rd – Jim Hayden
- **CAN CURLING 8/23:** 1st – Doris Denton, 2nd – Frank Baker, 3rd – Jim Hayden

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**CURRENT ANNOUNCEMENTS:**

- **DINING SEATING:** If you notice damaged or broken seats in the Dining Facility, please notify Dining Supervisors in order to repair or replace the issue.
- **EXERCISE EQUIPMENT:** If any Resident/Staff has exercise equipment from the Fitness Center or Exercise Room, please return it. If equipment is needed to be signed out on loan, see Carol in Room #1209 in the Fitness Center.
- **HELPING HANDS:** Navy Chief Selectees are coming to lend a helping hand to AFRH Residents! They can help with small tasks around your room – move a dresser, turn a mattress, assemble a bookcase, etc. Sign-up sheet is at Recreation. For questions or concerns contact Ombudsman, Master Chief Bradshaw at 897-4404 or stop by his office.
- **MEMORABILIA COMMITTEE:** The Memorabilia Committee, responsible for placement and display of memorabilia throughout the Home, is looking for resident volunteers. 2-USA, 2- USCG, 1- USMC, and 1- USAF. If interested please contact Faye Jefferson at (563)-249-4772 or the Ombudsman, Master Chief Bradshaw at 897-4404.
- **SPONSORS/VOLUNTEERS:** New Resident sponsors and Recreation Therapy volunteers needed, please contact Rosie Lake at 897-4417 or visit office # 1020.

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*Please see Resident Services with questions/concerns regarding announcements.*
MONDAY, 5 SEPTEMBER
Labor Day Holiday – Federal Offices Closed
0900 Exercise Video – SrTV Channel 4
0900 Catholic Mass (Chapel)
1000 Water Aerobics – AFRH Swimming Pool

TUESDAY, 6 SEPTEMBER
0900 Exercise Video – SrTV Channel 4
0930 Dice Count Tournament – Community Center (RM 1109)
1300 Art Time “On your own” – Art Studio
1330 Cribbage Tournament Club Room (Rm A-244)
1400 Spare Time Bowling: – Bowling Center
1500 Apple Class w/Diana – Computer Learning Center
1800 MOVIE in Theater: “Picnic” (NR, 115 Min) Romance (1955)

WEDNESDAY, 7 SEPTEMBER
0900 Exercise Class – Exercise Room
0900 Catholic Mass (Chapel)
1000 Water Aerobics – AFRH Swimming Pool
1400 POPCORN MATINEE – on SrTV4: “Purple Heart” (NR, 90 Min) (2005)
1830 Bingo – Community Center (RM 1109)

THURSDAY, 8 SEPTEMBER
0900 Exercise Video – SrTV Channel 4
1000 RAC Forum – Community Center (RM 1109)
1300 Art Time “On your own” – Art Studio
1330 Pool Tournament – Club Room (RM A-244) Sign up in Rec Svcs
1400 Fleet Reserve Meeting – Theater

FRIDAY, 9 SEPTEMBER
0830 Wal-Mart Shopping Trip – Sign up in Rec Svcs
0900 Exercise Video – SrTV Channel 4
0900 Catholic Mass (Chapel)
1000 Water Aerobics – AFRH Swimming Pool
1130 Edgewater Mall Shopping Trip – Sign up in Rec Svcs
1400 Afternoon Bingo – Community Center (RM 1109)
1800 MOVIE on SRTV4: “Rudy” (PG, 104 Min) Drama (1993)

SATURDAY, 10 SEPTEMBER
0915 Royal Pet Visit – Front Lobby
1030 Biloxi Seafood Festival Trip – Sign up in Rec Svcs

SUNDAY, 11 SEPTEMBER
Patriot’s Day
0900 Sunday Mass (Chapel)
1030 Protestant Service – (Chapel)
1400 September 11th Remembrance Video – SrTV Channel 4)

SrTV Channel 4 Programming Schedule
Administrative Updates – 0600, 1000, 1100, 1400, & 2200
Spoken Plan of the Week – 0945 & 1545
Protestant Service – 0800 &1500
Quarterly Memorial Service – 0845, 1200, & 2230
Exercise Class Video – 0900
Dry Bar Comedy Video – 0700, 1600, & 2300
Virtual Travels – 1300 & 2100
Dial 988 Suicide Hotline Video – 1030, 1430, & 1700
AFRH-G Movie – (Sn, T, Th, F) 1800 Wednesday Matinee - 1400

Be sure to also visit SrTV Channel 2 for more information regarding AFRH activities & Menus.

Schedule is subject to change