



***** The Plan of the Week *****

5 SEPTEMBER 2022 – 11 SEPTEMBER 2022



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 401

AVERAGE AGE: 83.89 as of 01SEP22

RESIDENT WELCOME / FAREWELL / IN MEMORY OF:

WELCOME: Theodore “Scott” Cotman (USAF), Hometown: Gulfport, MS
Sam Davis (USCG), Hometown: Havelock, NC
FAREWELL: James “Jack” Eldreth (USN), Hometown: Wagnor, NC
IN MEMORY OF: Kenneth Gage (USA), Hometown: Clemscott, OK
Norman Bobb (USAF), Hometown: Lynos, KS
Mildred Sobierajski (USN), Hometown: Fletcher, WV

EMPLOYEE / WELCOME / FAREWELL:

WELCOME: Razia Blanchard, Licensed Practical Nurse, Healthcare Services
Samantha McKee, Licensed Practical Nurse, Healthcare Services
FAREWELL: Lora Millsaps, Social Worker, Healthcare Services

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT GATE:** Idaho, known as the “Gem State”, was the 43rd state to establish statehood. It achieved statehood on 07/03/1890.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted in SEP as follows:
Floors 8 & 7 on 07SEP22, Floors 6 & 5 on 14SEP22, and Floors 4, 3 & 2 on 21SEP22.

HEALTHCARE SERVICES NEWS:

- **COVID-19 VACCINES:** Are currently being offered at local drugstores, the VA and Keesler.
- **COVID-19 TESTING STATUS:** As of 31AUG22, we have 2- Federal Employee active cases. Please continue to follow necessary precautions, particularly outside the home.
- **KEESLER PHARMACY SERVICES:** ALL Keesler Pharmacy Services are at BX Satellite Pharmacy; NOT at Main Hospital Pharmacy. ALL Medication pick-up is at BX Lobby, Drive Thru, or Locker options (register first). Activate NEW prescription at any Hospital Kiosk.

RECENT BINGO & TOURNAMENT RESULTS:

- **BINGO 8/24:** Winner – John Pecoraro **Jackpot: \$80 (Att. – 31)**
- **HEARTS 8/15:** 1st – Frank Teal, 2nd – Mike Cissell, 3rd – Wayland Webb
- **“WAR” 8/16:** 1st – Mary German, 2nd – Mike Cissell, 3rd – Wolf Kiessling
- **HOOK & RING 8/22:** 1st – Wolf Kiessling, 2nd – Frank Baker, 3rd – Jim Hayden
- **CAN CURLING 8/23:** 1st – Doris Denton, 2nd – Frank Baker, 3rd – Jim Hayden



CURRENT ANNOUNCEMENTS:

- **DINING SEATING:** If you notice damaged or broken seats in the Dining Facility, please notify Dining Supervisors in order to repair or replace the issue.
- **EXERCISE EQUIPMENT:** If any Resident/Staff has exercise equipment from the Fitness Center or Exercise Room, please return it. If equipment is needed to be signed out on loan, see Carol in Room #1209 in the Fitness Center.
- **HELPING HANDS:** Navy Chief Selectees are coming to lend a helping hand to AFRH Residents! They can help with small tasks around your room – move a dresser, turn a mattress, assemble a bookcase, etc. Sign-up sheet is at Recreation. For questions or concerns contact Ombudsman, Master Chief Bradshaw at 897-4404 or stop by his office.
- **MEMORABILIA COMMITTEE:** The Memorabilia Committee, responsible for placement and display of memorabilia throughout the Home, is looking for resident volunteers. 2- USA, 2- USCG, 1- USMC, and 1- USAF. If interested please contact Faye Jefferson at (563)-249-4772 or the Ombudsman, Master Chief Bradshaw at 897-4404.
- **SPONSORS/VOLUNTEERS:** New Resident sponsors and Recreation Therapy volunteers needed, please contact Rosie Lake at 897-4417 or visit office # 1020.

Please see Resident Services with questions/concerns regarding announcements.



ARMED FORCES RETIREMENT HOME GULFPORT


5 SEPTEMBER 2022 – 11 SEPTEMBER 2022

MONDAY, 5 SEPTEMBER


Labor Day Holiday – Federal Offices Closed

- 0900 Exercise Video – SrTV Channel 4
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics – AFRH Swimming Pool
- 1800 MOVIE on SRTV4: “City Slickers” (PG13, 113 Min) Comedy (1991)

TUESDAY, 6 SEPTEMBER

- 0900 Exercise Video – SrTV Channel 4
- 0930 Dice Count Tournament – Community Center (RM 1109)
- 1300 Art Time “On your own” – Art Studio
- 1330 Cribbage Tournament Club Room (Rm A-244)
- 1400 Spare Time Bowling: – Bowling Center
- 1500 Apple Class w/Diana – Computer Learning Center 
- 1800 MOVIE in Theater: “Picnic” (NR, 115 Min) Romance (1955)



WEDNESDAY, 7 SEPTEMBER

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics– AFRH Swimming Pool 
- 1400 **POPCORN MATINEE – on SrTV4: “Purple Heart”** (NR, 90 Min) (2005)
- 1800 MOVIE in Theater: “Donovan’s Reef” (NR, 109 Min) Adventure (1963)
- 1830 Bingo – Community Center (RM 1109)

THURSDAY, 8 SEPTEMBER

- 0900 Exercise Video – SrTV Channel 4
- 1000 **RAC Forum** – Community Center (RM 1109)
- 1300 Art Time “On your own” – Art Studio
- 1330 Pool Tournament – Club Room (RM A-244) Sign up in Rec Svcs
- 1400 Fleet Reserve Meeting – Theater
- 1800 MOVIE in Theater: “World Trade Center” (PG13, 129 Min) Drama (2006)

FRIDAY, 9 SEPTEMBER

- 0830 **Wal-Mart Shopping Trip** – Sign up in Rec Svcs 
- 0900 Exercise Video – SrTV Channel 4
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics – AFRH Swimming Pool
- 1130 **Edgewater Mall Shopping Trip** – Sign up in Rec Svcs 
- 1400 Afternoon Bingo – Community Center (RM 1109)
- 1800 MOVIE on SRTV4: “Rudy” (PG, 104 Min) Drama (1993)

SATURDAY, 10 SEPTEMBER

- 0915 Royal Pet Visit – Front Lobby
- 1030 **Biloxi Seafood Festival Trip** – Sign up in Rec Svcs 
- 1800 MOVIE on SRTV4: “We Are Marshall” (PG, 131 Min) Drama (2006)

SUNDAY, 11 SEPTEMBER

Patriot’s Day

- 0900 Sunday Mass (Chapel)
- 1030 Protestant Service – (Chapel) 
- 1400 **September 11th Remembrance Video** – SrTV Channel 4) 
- 1800 MOVIE in Theater: “Raider of the Lost Ark” (PG, 115 Min) Adventure (1981)



Be sure to also visit SrTV Channel 2 for more information regarding AFRH activities & Menus.

SrTV Channel 4 Programming Schedule

Administrative Updates – 0600, 1000, 1100, 1400, & 2200

Spoken Plan of the Week – 0945 & 1545

Protestant Service – 0800 & 1500

Quarterly Memorial Service – 0845, 1200, & 2230

Exercise Class Video – 0900

Dry Bar Comedy Video – 0700, 1600, & 2300

Virtual Travels – 1300 & 2100

Dial 988 Suicide Hotline Video – 1030, 1430, & 1700

AFRH-G Movie – (Sn, T, Th, F) 1800 **Wednesday Matinee** - 1400

Schedule is subject to change