



# \* \* \* \* \* The Plan of the Week \* \* \* \* \*

**5 SEPTEMBER 2022 – 11 SEPTEMBER 2022**



**24/7 SECURITY (228)897-4418**

**24/7 WELLNESS CLINIC: (228)897-4450**

**MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800**

**RESIDENT POPULATION:** 401      **AVERAGE AGE:** 83.89 as of 01SEP22

## **RESIDENT WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:** Theodore "Scott" Cotman (USAF), Hometown: Gulfport, MS  
Sam Davis (USCG), Hometown: Havelock, NC  
**FAREWELL:** James "Jack" Eldreth (USN), Hometown: Wagnor, NC  
**IN MEMORY OF:** Kenneth Gage (USA), Hometown: Clemscott, OK  
Norman Bobb (USAF), Hometown: Lynos, KS  
Mildred Sobierajski (USN), Hometown: Fletcher, WV

# EMPLOYEE / WELCOME / FAREWELL:

**WELCOME:** Razia Blanchard, Licensed Practical Nurse, Healthcare Services  
Samantha McKee, Licensed Practical Nurse, Healthcare Services  
**FAREWELL:** Lora Millsaps, Social Worker, Healthcare Services

## **FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT GATE:** Idaho, known as the “Gem State”, was the 43<sup>rd</sup> state to establish statehood. It achieved statehood on 07/03/1890.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted in SEP as follows: Floors 8 & 7 on 07SEP22, Floors 6 & 5 on 14SEP22, and Floors 4, 3 & 2 on 21SEP22.

## **HEALTHCARE SERVICES NEWS:**

- **COVID-19 VACCINES:** Are currently being offered at local drugstores, the VA and Keesler.
- **COVID-19 TESTING STATUS:** As of 31AUG22, we have 2- Federal Employee active cases. Please continue to follow necessary precautions, particularly outside the home.
- **KEESLER PHARMACY SERVICES:** ALL Keesler Pharmacy Services are at BX Satellite Pharmacy; NOT at Main Hospital Pharmacy. ALL Medication pick-up is at BX Lobby, Drive Thru, or Locker options (register first). Activate NEW prescription at any Hospital Kiosk.

## **RECENT BINGO & TOURNAMENT RESULTS:**

- **BINGO 8/24:** Winner – John Pecoraro **Jackpot:** \$80 (Att. – 31)
- **HEARTS 8/15:** 1<sup>st</sup> – Frank Teal, 2<sup>nd</sup> – Mike Cissell, 3<sup>rd</sup> – Wayland Webb
- **“WAR” 8/16:** 1<sup>st</sup> – Mary German, 2<sup>nd</sup> – Mike Cissell, 3<sup>rd</sup> – Wolf Kiessling
- **HOOK & RING 8/22:** 1<sup>st</sup> – Wolf Kiessling, 2<sup>nd</sup> – Frank Baker, 3<sup>rd</sup> – Jim Hayden
- **CAN CURLING 8/23:** 1<sup>st</sup> – Doris Denton, 2<sup>nd</sup> – Frank Baker, 3<sup>rd</sup> – Jim Hayden



## **CURRENT ANNOUNCEMENTS:**

- **DINING SEATING:** If you notice damaged or broken seats in the Dining Facility, please notify Dining Supervisors in order to repair or replace the issue.
- **EXERCISE EQUIPMENT:** If any Resident/Staff has exercise equipment from the Fitness Center or Exercise Room, please return it. If equipment is needed to be signed out on loan, see Carol in Room #1209 in the Fitness Center.
- **HELPING HANDS:** Navy Chief Selectees are coming to lend a helping hand to AFRH Residents! They can help with small tasks around your room – move a dresser, turn a mattress, assemble a bookcase, etc. Sign-up sheet is at Recreation. For questions or concerns contact Ombudsman, Master Chief Bradshaw at 897-4404 or stop by his office.
- **MEMORABILIA COMMITTEE:** The Memorabilia Committee, responsible for placement and display of memorabilia throughout the Home, is looking for resident volunteers. 2-USA, 2- USCG, 1- USMC, and 1- USAF. If interested please contact Faye Jefferson at (563)-249-4772 or the Ombudsman, Master Chief Bradshaw at 897-4404.
- **SPONSORS/VOLUNTEERS:** New Resident sponsors and Recreation Therapy volunteers needed, please contact Rosie Lake at 897-4417 or visit office # 1020.

*Please see Resident Services with questions/concerns regarding announcements.*

**5 SEPTEMBER 2022 – 11 SEPTEMBER 2022****MONDAY, 5 SEPTEMBER****Labor Day Holiday – Federal Offices Closed**

- 0900 Exercise Video – SrTV Channel 4
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics – AFRH Swimming Pool
- 1800 MOVIE on SRTV4: "City Slickers" (PG13, 113 Min) Comedy (1991)

**TUESDAY, 6 SEPTEMBER**

- 0900 Exercise Video – SrTV Channel 4
- 0930 Dice Count Tournament – Community Center (RM 1109)
- 1300 Art Time "On your own" – Art Studio
- 1330 Cribbage Tournament Club Room (Rm A-244)
- 1400 Spare Time Bowling: – Bowling Center
- 1500 Apple Class w/Diana – Computer Learning Center 
- 1800 MOVIE in Theater: "Picnic" (NR, 115 Min) Romance (1955)

**WEDNESDAY, 7 SEPTEMBER**

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics – AFRH Swimming Pool 
- 1400 **POPCORN MATINEE – on SrTV4**: "Purple Heart" (NR, 90 Min) (2005)
- 1800 MOVIE in Theater: "Donovan's Reef" (NR, 109 Min) Adventure (1963)
- 1830 Bingo – Community Center (RM 1109)

**THURSDAY, 8 SEPTEMBER**

- 0900 Exercise Video – SrTV Channel 4
- 1000 **RAC Forum** – Community Center (RM 1109)
- 1300 Art Time "On your own" – Art Studio
- 1330 Pool Tournament – Club Room (RM A-244) Sign up in Rec Svcs
- 1400 Fleet Reserve Meeting – Theater
- 1800 MOVIE in Theater: "World Trade Center" (PG13, 129 Min) Drama (2006)

**FRIDAY, 9 SEPTEMBER**

- 0830 **Wal-Mart Shopping Trip** – Sign up in Rec Svcs 
- 0900 Exercise Video – SrTV Channel 4
- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics – AFRH Swimming Pool
- 1130 **Edgewater Mall Shopping Trip** – Sign up in Rec Svcs 
- 1400 Afternoon Bingo – Community Center (RM 1109)
- 1800 MOVIE on SRTV4: "Rudy" (PG, 104 Min) Drama (1993)

**SATURDAY, 10 SEPTEMBER**

- 0915 Royal Pet Visit – Front Lobby
- 1030 **Biloxi Seafood Festival Trip** – Sign up in Rec Svcs 
- 1800 MOVIE on SRTV4: "We Are Marshall" (PG, 131 Min) Drama (2006)

**SUNDAY, 11 SEPTEMBER****Patriot's Day**

- 0900 Sunday Mass (Chapel)
- 1030 Protestant Service – (Chapel) 
- 1400 **September 11<sup>th</sup> Remembrance Video** – SrTV Channel 4) 
- 1800 MOVIE in Theater: "Raider of the Lost Ark" (PG, 115 Min) Adventure (1981)



Be sure to also visit SrTV  
Channel 2 for more  
information regarding AFRH  
activities & Menus.

**SrTV Channel 4 Programming Schedule****Administrative Updates** – 0600, 1000, 1100, 1400, & 2200**Spoken Plan of the Week** – 0945 & 1545**Protestant Service** – 0800 & 1500**Quarterly Memorial Service** – 0845, 1200, & 2230**Exercise Class Video** – 0900**Dry Bar Comedy Video** – 0700, 1600, & 2300**Virtual Travels** – 1300 & 2100**Dial 988 Suicide Hotline Video** – 1030, 1430, & 1700**AFRH-G Movie** – (Su, T, Th, F) 1800 **Wednesday Matinee** – 1400*Schedule is subject to change*