

AFRH - G / Master Menus Week of 4 / 27 / 2026 / Cycle 5 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Apr 27th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Tomato Cream Cheese Soup Red Bean Soup Beef Nachos with Chili / Queso / Toppings Shrimp & Grits Whole Green Bean Almandine Sautéed Fresh Cut Squash Yeast Roll / Cornbread / Corn Muffin	Tomato Cream Cheese Soup Red Bean Soup Assorted Deli Meats / Cheeses Sliced Beef Brisket / BBQ Sauce Potato Salad Stewed Cabbage Sliced Baked Beets with Shallots Slider Roll / Corn Muffin
T U E S Apr 28th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Turkey Noodle Soup Italian Wedding Soup Ham & Cheese Wraps Chicken Parmesan w/ Marinara Sauce Angel Hair Pasta Roasted Fresh Asparagus Spears Normandy Vegetable Blend Garlic Bread / Cornbread / Corn Muffin	Turkey Noodle Soup Italian Wedding Soup Assorted Deli Meats / Cheeses Country Fried Steak / White Gravy Mashed Potatoes / Brown Gravy Butter Beans Stewed Tomatoes Brown & Serve Roll / Corn Muffin
W E D Apr 29th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Potato, Sausage & Kale Soup Chili with Beans Assorted Pizza Slices Chicken & Dumplings Baked Sweet Potato Sugar Snaps Peas Grape Salad Dinner Roll / Cornbread / Corn Muffin	** BREAKFAST NIGHT ** Chili / Potato, Sausage & Kale Soup Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Pancakes Scrambled Eggs with Sausage Grits / Oatmeal / Hash Brown Patty Biscuits / Country Gravy
T H U R Apr 30th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Pineapple Topping Pork Bacon / Biscuits / Country Gravy	Pasta Fagioli Soup Split Pea Soup Tuna Salad / Mini Croissant Fried Chicken Macaroni & Cheese Green Bean Casserole Whole Kernel Corn Slider Roll / Cornbread / Corn Muffin	Pasta Fagioli Soup Split Pea Soup Assorted Deli Meats / Cheeses Smoked Sausage Louisiana-Style Red Beans / Rice Baked Okra / Turnip Greens Yeast Roll / Corn Muffin
F R I May 1st	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Beef, Spinach & Pasta Soup Chicken & Rice Soup Turkey Pot Pie with Golden Flakey Crust Fried Catfish Cocktail / Tartar / Lemon Tater Tots Field Peas / Spinach Vrazel Hushpuppies / Cornbread / Corn Muffin	Beef, Spinach & Pasta Soup Chicken & Rice Soup Assorted Deli Meats / Cheeses Baked Pork Chop with Onions & Pork Gravy Baked Potato / Squash Casserole Glazed Sliced Carrots Parker House Roll / Corn Muffin
S A T May 2nd	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Lobster Bisque Home-Style Vegetable Soup Sloppy Joe Chicken Tetrizzini with Linguini Pasta Steamed Broccoli Florets Capri Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Lobster Bisque Home-Style Vegetable Soup Assorted Deli Meats / Cheeses Sliced Roast Beef / Beef Gravy Sour Cream & Chive Mashed Potatoes Steakhouse Mushrooms Creamed Cauliflower Assorted Rolls / Corn Muffin
S U N May 3rd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Apple Topping Biscuits / Country Gravy	Chicken Tortilla Soup White Bean & Wheat Berry Soup Beef Ravioli in Tomato Sauce Grilled Ham with Grilled Pineapple Scalloped Potatoes Roasted Fresh Cut Zucchini Bermuda Vegetable Blend Yeast Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Roasted Chicken / with Stewed Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Brown & Serve Roll / Corn Muffin

DESSERTS - REGULAR LINE

DESSERTS - DIET LINE

GRILL OPTIONS (LUNCH ONLY)

- Mon** Lemon Meringue
- Tue** Peanut Butter Cookies
- Wed** Chocolate Cake
- Thu** Red Velvet Cake
- Fri** Pecan Pie
- Sat** Chocolate Chip Cookies
- Sun** Apple Cobbler / Assortment

- NSA Apple Pie
- Assorted SF Cookies
- Fresh Fruit Cups
- Sponge Cake with Diced Pears
- NSA Chocolate Parfait
- Assorted NSA Cookies
- Tropical Fruit Cups / NSA Assortment

- * Hamburger * Cheeseburger * Sliced Spam
- * Grilled All Beef Hot Dog * Breaded Cod Filet
- * Grilled Skinless, Boneless Chicken Breast
- * Grilled Cheese * Grilled Ham & Cheese
- * French Fries * Sweet Potato Fries * Chili
- * Onion Rings (Wed Only) * Bacon * Cheese
- * Buns * Flour Tortillas * White & Wheat Bread
- * Condiment Stations Available