



\*\*\*\*\* **The Plan of the Week** \*\*\*\*\*

**28 NOVEMBER 2016 – 4 DECEMBER 2016**



**MEALS – Breakfast: 0700 – 0830 / Lunch: 1130 – 1300 / Supper: 1630 – 1800**

**WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:** James Bass (USN) Hometown: Anderson, SC

**FAREWELL:** Don Sims (USN)

**RESIDENT POPULATION:** 515      **AVERAGE AGE:** 82 (as of 01DEC16)

**FACILITY NOTES & RESIDENT INFO:**

**GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.

**PMD OWNERS:** All Powered Mobility Device (PMD) owners should see Security to register their devices. All devices and walkers must be kept in Resident Rooms.

**WORK ORDERS:** Call 897-4444 to submit a work order.

**RECENT BINGO & TOURNAMENT RESULTS:** 

**BINGO 11/16:** Jane French **Jackpot:** \$140.00 (Attendance – 55)

**BINGO 11/18:** Donna Rogers & Cara Shipley **Jackpot:** \$92.00 (Attendance – 35)

**SHUFFLEBOARD 11/14:** 1<sup>st</sup> – Cecil Sherman, 2<sup>nd</sup> – Mike Longwell, 3<sup>rd</sup> – Wolf Kiessling

**WASHER TOSS 11/17:** 1<sup>st</sup> – Wayland Webb, 2<sup>nd</sup> – Doris Denton, 3<sup>rd</sup> – Fred Ray

**DARTS 11/21:** 1<sup>st</sup> – Ernie Fowler, 2<sup>nd</sup> – Johnny Fuselier, 3<sup>rd</sup> – Dave Worrell

**BOCCE 11/22:** 1<sup>st</sup> – Wayland Webb, 2<sup>nd</sup> – Steve Crews, 3<sup>rd</sup> – Mike Longwell

**HEALTHCARE UPDATES:**

- **MEDICATION DISPOSAL SAFE:** Located in the Wellness Center Lobby. The safe is for the disposal of unused drugs to include narcotics. Drugs should be left in the original containers. Remove personal information if desired, but it is not necessary. Liquid medication disposal is limited to half a cup, or four (4) ounces. Place liquid medications in a Ziploc plastic bag. See a Pharmacy Technician for liquids more than half a cup or four (4) ounces for assistance. DO NOT place needles, syringes, batteries, aerosol cans or trash in the safe.

**CURRENT ANNOUNCEMENTS:**

- **2016 RESIDENT GUIDE SIGNIFICANT CHANGES:** Services and Support – 2. Support, (e) Maintenance Support: Changed e-mail address from [gp.servicerequest@afrh.gov](mailto:gp.servicerequest@afrh.gov) to [pam.davis@cmimgmt.com](mailto:pam.davis@cmimgmt.com).” (p. 70)
- **ALL HANDS MAGAZINE:** Would like to interview retired Seabees in honor of the Seabee’s 75<sup>th</sup> Anniversary. If interested, please contact Becki Zschiedrich at 228-897-4429.
- **EYEGLOSS DONATIONS:** Please donate your old eyeglasses and sunglasses for recycling. The Biloxi Lions Club collection box is located in the Mail Room; as well as a box for pull tabs which are being collected for the Ronald McDonald House Project in Mobile, AL.
- **FLAG FLYING:** This week the Louisiana flag will be flying in front of the Home.
- **LAUNDRY EQUIPMENT:** Washing machines in Tower B will be sanitized on Monday, 28NOV16. Please refrain from using the machines 0600-0700.
- **LEGAL:** Keesler Air Force Base Legal Representatives will be at the Home on Friday, 09DEC16, from 0800-1130 in the Computer Learning Center (RM 1213). Please see Shawn Kraus or Lisa Hall in Admissions to schedule an appointment.
- **LOST & FOUND:** The following items were found in the past week: large drink cup, hanging crystal ornaments, old coin, and a leopard print tissue purse. If you have lost/misplaced an item, please go by Security to appropriately identify and sign for your item. If you have any questions, contact Security at 228-897-4418.
- **QUARTERLY HEALTH & SAFETY VISITS – B TOWER:** Tuesday, 06DEC16 – Floors 7 & 8; Wednesday, 07DEC16 – Floors 5 & 6; Thursday, 08DEC16 – Floors 2, 3, & 4. Visits will be conducted 0900-1000. Please be prepared. Cleanliness and safety are taken very seriously.

*Please see Resident Services with questions / concerns regarding this issue.*

# 28 NOVEMBER 2016 – 4 DECEMBER 2016

## MONDAY, 28 NOVEMBER

- 0845 Rosary – Chapel
- 0900 Exercise Class (Video) – Exercise Room (RM 1211)
- 0915 Catholic Service – Chapel
- 0940 Bible Study – Chapel
- 1000 Pet Ministry Team Visit – Lobby
- 1400-1500 **Ice Cream Social** – Community Center (RM 1109)
- 1830 MOVIE: *“Minotaur”* (R, 93 Min) *Action (2006)*

## TUESDAY, 29 NOVEMBER

- 0900 Stretching Class (Video) – Exercise Room (RM 1211)
- 0930 Corn Toss Tournament – Bocce Center (RM 1025)
- 1300 **“My Story” Writing Class** – Computer Learning Center **\*\*NEWLY ADDED\*\***
- 1300 Art Activity – Art Studio (RM 1236)
- 1330 Hearts Tournament – Club Room (RM A244)
- 1400 Computer Group Meeting – Community Center (RM 1109)
- 1830 MOVIE: *“Next”* (PG13, 96 Min) *Action (2007)*

## WEDNESDAY, 30 NOVEMBER

- 0800 Painting Demonstration – Art Studio (RM 1236)
- 0845 Rosary – Chapel
- 0900 Exercise Class (Video) – Exercise Room (RM 1211)
- 0915 Catholic Service – Chapel
- 1300 Woodshop Safety – Wood Hobby Shop (RM 1262)
- 1400 MATINEE w/POPCORN: *“The Great Outdoors”* (PG, 91 Min) *Comedy (1988)*
- 1830 Bingo – Community Center (RM 1109)
- 1830 MOVIE: *“Me Before You”* (PG-13, 110 Min) *Drama (2016)*

## THURSDAY, 1 DECEMBER

- 0900 Stretching Class (Video) – Exercise Room (RM 1211)
- 0930 Bowling Tournament – Bowling Center **\*\*RE-SCHEDULED to 06DEC16\*\***
- 1130 Mason-Knight Luncheon – Community Center (RM 1109)
- 1300 Acrylic Painting Class – Art Studio (RM 1236)
- 1600 **AFRH-G Tree Lighting Featuring “WINGS” Carolers** – Front Lobby
- 1830 MOVIE: *“Bug”* (R, 102 Min) *Drama (2006)*
- 1900 **Gulf Coast Messiah Chorus Performance** – Community Center (RM 1109)

## FRIDAY, 2 DECEMBER

- 0845 Rosary – Chapel
- 0900 Exercise Class (Video) – Exercise Room (RM 1211)
- 0915 Catholic Service – Chapel
- 1400 **Friday Afternoon Bingo** – Community Center (RM 1109)
- 1830 MOVIE: *“Flags of Our Father”* (R, 135 Min) *Drama (2006)*
- 1900-2200 Resident Dance: Music by Billy Hughes – Community Ctr. (RM 1109)  
*(Hosted by Fiddler’s Green.)*

## SATURDAY, 3 DECEMBER

- 1000 **NJCAA Mississippi Bowl Game Player Meet & Greet** – Community Center
- 1600 Fiddler’s Green “Holiday Open House”
- 1830 MOVIE: *“Bad Company”* (PG, 93 Min) *Western (1972)*

## SUNDAY, 4 DECEMBER

- 0900 Catholic Service – Chapel
- 1030 Protestant Service – Chapel
- 1830 MOVIE: *“Land of the Free”* (R, 100 Min) *Thriller (1998)*