



\*\*\*\*\* **The Plan of the Week** \*\*\*\*\*  
**13 APRIL – 19 APRIL**



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**MEALS: Breakfast: 0700 – 0830 | Lunch: 1130 – 1300 | Supper: 1630 - 1800**

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**IN MEMORY OF:** Frederick Smith (USA), Hometown: Worcester, MA

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Use the far right lane to swipe your key at the gate when entering AFRH.
- **WORK ORDERS:** Please call to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Virginia, known as the “Old Dominion”, was the 10<sup>th</sup> state to established statehood on 06/25/1788.
- **ROOM INSPECTIONS:** C-Tower Room inspections will be conducted in APRIL as follows: Floors 8 & 7: 01APR, Floors 6 & 5: 08APR, Floors 4 & 3: 15APR. A-Tower rooms will be conducted in May. Room inspections commence at 0900.
- **WELLNESS CENTER SICK CALL:** Sick Call service hours are 0800 to 0900 Monday through Friday (except federal holidays). We highly recommend that you check in early. If you report after 0900, a nurse may evaluate you and recommend you return the next day. This service is for acute medical conditions only. If you are evaluated for a non-acute condition, you will be instructed to schedule a primary care appointment. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased to Sick Call.

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**CURRENT ANNOUNCEMENTS:**

- **TAX DOCUMENTS:** Please bring a copy of your most recent tax documents to the Business Center or Administration. A checklist of forms is available in administration. Please make a copy of your documents to turn in; copies can be made in the library.
- **GCE PERSONAL ROOM CLEANING FEES:** Payments for cleanings are accepted on Thursdays only, from 1200–1400, in Office 1542 (Campus Ops). Staff are only authorized to accept payments during this time. Payments outside of these hours or on other days will not be accepted. Please plan accordingly to ensure your service remains active.
- **MEAL TICKET SALES:** Effective WEDNESDAY, April 15, 2026, meal ticket sales will move from the Reception Desk in the Admin Hall to the Security Desk in the Main Lobby. Meal tickets will be available for purchase Monday through Friday, from 0800 to 1500, excluding Federal holidays and subject to volunteer availability. Individuals interested in volunteering to support this effort may contact Eric Ball, Volunteer Coordinator, in Room 1328. A stipend may be available; leave a note if out of the office.
- **TRUSTED TRAVELER PROGRAM:** The Trusted Traveler Program for military bases & VA facilities access has been suspended. Visitors without DOD credentials must obtain a pass at visitor centers for base access. Visitors to VA facilities or military bases may experience delays, including 100% ID checks (non-DOD ID holders must have a real ID) & random vehicle inspections. Please plan accordingly and allow extra time for entrance. ***This will apply to all Recreation Trips to KAFB Exchange and Commissary.***
- **SCAM AND PHISHING ATTEMPTS:** Please remain alert for scam calls, emails, and text messages. These may appear to come from banks, government agencies, or even familiar contacts, and often ask for personal information, passwords, or payments. Do not share sensitive information or click on suspicious links. If you receive an unexpected request, verify it directly with the organization using a trusted phone number or website.

**MONDAY, 13 APRIL**

- 0900 Chair Exercise (Exercise Room)
- 0900 Catholic Mass (Chapel)
- 1000 Protestant Prayer Group (Lord's Cabin) (*Monday-Wednesday*)
- 1800 **Movie:** *Extraction* (R, 1:56) Action/Crime (2020)

**TUESDAY, 14 APRIL****USAFR Birthday**

- 1000 **CLASS:** American Sign Language for Beginners (Theater)
- 1330 **TOURNAMENT:** Outdoor Horseshoes (Horseshoe Pit) *Sign-up at Rec. Services*
- 1800 Apple 101 (Computer Learning Center)
- 1800 **Movie:** *Turn: Washington's Spies 2:7-8* (TV14, 1:30) Drama (2014)

**WEDNESDAY, 15 APRIL**

- 0900 Chair Exercise Class (Exercise Room)
- 0900 Catholic Mass (Chapel)
- 1000 **AFRH Town Hall** (Community Center)
- 1030 Bookmobile (outside until 1130)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **CONCERT:** MGCCC Choir Concert (Community Center)
- 1400 **Popcorn Matinee:** *Nuremberg* (PG-13, 2:28) Historical Thriller (2025)
- 1800 **Movie:** *Extraction 2* (R, 2:03) Action/Crime (2023)
- 1800 Evening Bingo (Community Center)

**THURSDAY, 16 APRIL**

- 0900 Art Demonstration (Art)
- 1030 **RAC:** MWR Committee Meeting (Volunteer Lounge)
- 1000 Protestant Prayer Group & Bible Study (Lord's Cabin)
- 1300 Line Dancing (Exercise Room)
- 1400 **SOCIAL:** International Social (Community Center)
- 1400 **Genealogy** (Computer Learning Center)
- 1800 **Movie:** *Turn: Washington's Spies 2:9-10* (TV14, 1:30) Drama (2014)
- 1800 Android 101 (Health Care Classroom)

**FRIDAY, 17 APRIL**

- 0900 Catholic Mass (Chapel)
- 0900 Chair Exercise Class (Exercise Room)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie:** *Murder Mystery* (PG-13, 1:37) Mystery/Comedy (2019)

**SATURDAY, 18 APRIL**

- 1800 **Movie:** *A Father's Miracle* (NR, 1:40) Drama (2025)

**SUNDAY, 19 APRIL**

- 0900 Catholic Sunday Mass (Chapel)
- 0930 Protestant Sunday School (Theater)
- 1015 Protestant Service (Theater)
- 1400 Sunday Bingo (Community Center)
- 1800 **Movie:** *The Chosen: S3, E1* (TV-PG) Drama (2017)

**RESIDENT BIKES:** To help keep the garage organized and safe, all bikes must be registered and in use. Please note that only registered bikes can receive service in the bike shop; work cannot be completed on unregistered bicycles. Unregistered or damaged bikes not claimed by **April 10** will be inspected and every effort made to locate an owner. Unclaimed bikes will be donated or disposed of in coordination with Campus Operations, with the process beginning no earlier than late April.