** WELCOME / FAREWELL / IN MEMORY OF: **
WELCOME: N/A  
FAREWELL: N/A  
IN MEMORY OF: Robert E. Lockwood, USA  
**RESIDENT POPULATION:** 208  
**AVERAGE AGE:** 85

**ADMINISTRATION UPDATES & NEWS:**
**NOTE:** Current Positive COVID-19 Data as of 7/8/2022.  

<table>
<thead>
<tr>
<th>TEST</th>
<th>RESIDENTS</th>
<th>EMPLOYEES</th>
<th>CONTRACTORS</th>
</tr>
</thead>
<tbody>
<tr>
<td>COVID-19 Positive</td>
<td>13</td>
<td>1</td>
<td>5</td>
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</tbody>
</table>

**NOTE:** We have had continual staff and Residents converting to positive the past few weeks. The cases in DC are again declining but we still need to be vigilant when out and about, especially if you are in large gatherings or traveling. Washing your hands is the first and best line of defense against the virus. Masks are required by everyone when outside of their room or office, as a precaution. Socially distance yourself from others if possible. Testing is offered 24/7 in the Wellness Center, please call the Wellness Center or the House Supervisor - (202) 541-7599 or (202) 450-9790 - if you feel unwell and someone will come to assess you in your room. We spread out the tables in the Dining Room to allow social distance. Masks are also required for gatherings and while transiting in our vehicles.  

**NOTE:** If you have not turned in your 2021 taxes, please do so as soon as you can.  

**NOTE:** The hours of operation for the Business Office, Room 1067 are: Mon - Fri: 8 am - 11:30 am; 1:00 pm – 4 pm (closed for Administration 11:30 am – 1:00 pm.)

**FROM THE OMBUDSMAN:**  
**NOTE:** Mr. Sam Gitchell, AFRH-W Ombudsman, may be reached at (202) 658-9865.  
**NOTE:** The Virginia VA Services Representative, Edwin Robles, will resume in-person visits beginning in August. Mr. Robles is available by phone and e-mail to assist you. Please contact him at Edwin.robles@dvs.virginia.gov or 703-359-1210.

**RESIDENT SERVICES OPERATIONS UPDATES & NEWS:**  
**NOTE:** The 3rd Quarter, CY 2022 “Health, Welfare and Morale” room inspections will occur as follows: July 14th, 0900 – Floors 1 to 4; July 21st, 0900 – Floors 5 to 7.  
**NOTE:** All Anderson Suite guests must present their vaccination card and proof of a negative COVID test (within 48-hours prior to arriving).  
**NOTE:** If you need maintenance for your room – call (202) 541-7770 during normal business hours; (202) 541-7500 after hours; or e-mail them with your needs at service.request@afrh.gov. The Campus Operations office direct line during normal business hours is (202) 541-0613.  
**NOTE:** AA Meetings are held every Wednesday, 6:30 PM, in Sheridan, room 1103.  
**NOTE:** Due to the uptick in positive cases, we are temporarily suspending maid service. If you need assistance, please ask a staff member.
NOTE: The Wellness Clinic requests assistance providing meals to residents that are isolating in their rooms due to COVID. The form of assistance includes conversing with fellow residents over the phone and transporting trays to/from rooms. If you are able and interested in volunteering in this capacity, please see Marine Robbins in Volunteer Services. Thank you!

NOTE: Focus Group meetings regarding “accessibility and removal of barriers” will be held this month as follows: July 14th, 1330; July 19th, 0930; July 28th, 1330. All meetings will be held in the theater – all AFRH Residents are invited to attend.

NOTE: If you are currently using – or desire to use - public transportation in Washington, DC and neighboring states, the Washington Metropolitan Area Transit Authority offers reduced fares for people 65 and older as well as people with disabilities. If you would like to know more about reduced fares, the application process or assistance in applying for the reduced fares, please see your social worker.

HEALTHCARE SERVICES UPDATES AND NEWS:

NOTE: If you would like to receive the COVID-19 booster, please sign up in the Wellness Center. We will provide COVID-19 vaccines in the Wellness Center every Friday at 1000 for those that sign up.

The following activities are scheduled beginning 11 JULY 2022:

**MONDAY, 11 JULY**
1100 Qi-Gong - Theater
1130 Popcorn - Community Center Lobby
1330 Movie (For the Boys) - Theater

**TUESDAY, 12 JULY**
1000 Dining Committee Meeting
1300 RT BINGO - Community Center
1330 Movie (The American Civil War) Documentary - Theater
1530 Bible Study – Meditation Room
1800 RT Happy Hour - 2nd floor Scott

**WEDNESDAY, 13 JULY**
0900 Corn Hole - Court yard
1100 Qi Gong - Theater
1300 Jackpot BINGO - Community Center
1830 Inspirational Movie (cancelled until further notice) - Meditation Room

**THURSDAY, 14 JULY**
1000 Pal's Visit
1300 Ice Cream Treats - Community Center Lobby
1500 Doodle N Chug - Defenders’ Inn
1800 Movie (Jungle Cruise) - Theater

**FRIDAY, 15 JULY**
1030 Catholic Mass - Meditation Room
1100 Qi Gong - Theater
1300 Mexican Fiesta – postponed due to COVID cases
1800 Movie (Gettysburg-Part 1) - Theater

**SATURDAY, 16 JULY**
1600 WINGS Night Social - Defenders’ Inn
1800 Movie (Gettysburg-Part II) - Theater

**SUNDAY, 17 JULY**
0900 Protestant Service – SCOTT THEATER
0900 Catholic Mass – Rose Chapel
1800 Movie (The Apple Dumpling Gang) - Theater

**THERAPEUTIC POOL:**
Scott Bldg
Open: Mon-Sat, 0800-1600

**BOWLING CENTER:**
Sheridan Bldg
Open: Mon-Fri, 1400-1600

**GI GYM:**
Scott Bldg
Open: 24 hours/7 days a week