MEALS:
Breakfast: 7:00-9:00 a.m.,
Extended Breakfast: 9:15-10:30 a.m.,
Lunch: 11:30 a.m. to 1:00 p.m., Extended Lunch: 1:15-3:30 p.m.,
Supper 4:30-6:00 p.m.

WELCOME / FAREWELL / IN MEMORY OF:
WELCOME: N/A
FAREWELL: N/A
IN MEMORY OF: Margaret Jirak – USN; George Freburger – USAF
RESIDENT POPULATION: 245
AVERAGE AGE: 84

<table>
<thead>
<tr>
<th>COVID Testing</th>
<th>Resident</th>
<th>Employee</th>
<th>Contractor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive Tests since May</td>
<td>3</td>
<td>5</td>
<td>7</td>
</tr>
<tr>
<td>Current Positive</td>
<td>*1</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>New this Week as of 10/12/2020</td>
<td>*1</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

*Hospital returnee on Quarantine Unit

COVID NOTE OF THE WEEK:
Where can I go to learn more about COVID-19?
As we learn more about this virus, expert recommendations will continue to change. For information about COVID-19 in your area, you can call your local public health office in your city or town. Many states also have a "hotline" phone number you can call. You can also find more information about COVID-19 at the following websites: United States Centers for Disease Control and Prevention (CDC) [www.cdc.gov/COVID-19](http://www.cdc.gov/COVID-19); World Health Organization (WHO): [www.who.int/emergencies/disease/novel-coronavirus-2019](http://www.who.int/emergencies/disease/novel-coronavirus-2019)

ADMINISTRATION UPDATES & NEWS:
NOTE: Staff Quarantine: DC monitors states considered hot spots, and anyone traveling from those areas must self-quarantine for 14 days. Our staff/contractors are held to this standard to ensure they do not bring the virus into the Home. Before someone who traveled to a hot spot can return to work, they must have two negative tests and stay home for 14 days.
NOTE: Positive Resident: As a result of testing last week, we found out a Resident who had recently returned from a hospital stay is positive for COVID-19. They were already on the Quarantine Unit and did not have exposure to any other Residents. We are monitoring their health situation closely and they will remain on the Unit until they test negative.

RESIDENT SERVICES UPDATES & NEWS:
Birthday Dinner: Birthday meal will be celebrated on Tuesday (20 October). Residents who are celebrating birthdays in the month of October are encouraged to arrive to the Dining Hall @1630 for the “Happy Birthday” singing and will have head of the line privileges prior to opening the doors.
NOTE: 2020 Election Information (Reminder) Residents who prefer to have their voting ballots dropped off in a “DC Board of Elections Mail-in-Ballot Drop Box”, can place their ballot in a designated drop box at the Resident Services Reception Desk. The ballots will be dropped off in the drop box located at the Petworth Library on: (23, and 30 October) and (2 November).
NOTE: Computer Classes: Reminder: Computer classes will start on Tuesday,
(20 Oct) at 1300 in the Sheridan Computer Lab (near the woodworking shop). Only 4 residents can take the class. There is a signup sheet in the library (with 2 standbys). Hand sanitizing, masks and social distancing will be maintained.

NOTE: From the Chaplain’s Office

Catholic: Catholic Mass is offered on Sunday morning at 9 a.m. in the Rose Chapel, and on Friday morning at 10.30 in the Meditation Room. All are welcome!
Protestant: – Sunday services are continuing in the Meditation Room at 9:00 AM and in Stanley Chapel at 10:15 AM. All are welcomed to attend Bible Study at 3:30 PM on Tuesday afternoons in the Scott Meditation Room.

HEALTHCARE SERVICES UPDATES & NEWS:

NOTE: We will continue with 100% COVID-19 testing for an additional two weeks. The IL Residents will be tested on Friday, (23 Oct) 2020 in the Community Center Center. The testing hours are 0800-1200 and 1300-1530. Thank you in advance.

CAMPUS OPERATIONS UPDATES & NEWS

NOTE: WORK ORDERS: Call 202-541-7770 or email; service.request@afrh.gov to request a Work Order. Response time for Routine Calls is 5 business days during normal working hours.

The following activities are scheduled beginning (19 October)

MONDAY, 19 OCTOBER
1100 Tai Chi – Scott Theater
1130 Popcorn Day – Community Center Lobby
1330 Movie (You’re in the Navy Now) – Scott Theater

TUESDAY, 20 OCTOBER
0900 Walking Club – Meet at Canteen
1100 Tuesday Trivia – Community Center Lobby
1300 Open Bowling – Bowling Center
1330 Words for Windows Class – limiting 4 to a class – Computer Lab
1630 Birthday Dinner – Dining Hall

WEDNESDAY, 21 OCTOBER
1000 Eating Better Cooking Demo (Pumpkin and Rice Dish) – Community Center
1100 Tai Chi – Scott Theater
1300 Bingo – Community Center
1830 Inspirational Movie – (Healed by Grace) – Scott Meditation

THURSDAY, 22 OCTOBER
0900 Golf Cart Ride - Canteen
1130 Thirsty Thursday – Community Center Lobby
1800 Movie (Jesse Stone: Benefit of the Doubt) – Scott Theater

FRIDAY, 23 OCTOBER
1100 Tai Chi Class – Scott Theater
1300 Jeopardy – Scott Theater
1600 Happy Hour – Defenders Inn
1800 Movie (About Us The Waves) – Scott Theater

SATURDAY, 24 OCTOBER
1330 Musical Matinee (On the Town) – Scott Theater
1800 Movie (Continental Divide) – Scott Theater

SUNDAY, 25 OCTOBER
1800 Movie (Tombstone) – Scott Theater