



\*\*\*\*\* **WEEKLY BULLETIN** \*\*\*\*\*  
**MONDAY, 17 JANUARY 2022**

**MEALS**

**Breakfast: 7:00-9:00 a.m., Extended Breakfast 9:15- 10:30 a.m.,  
Lunch: 11:30 a.m. to 1:00 p.m., Extended Lunch 1:15-3:30 p.m.,  
Supper: 4:30-6:00 p.m.**

**WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:** N/A

**FAREWELL:** N/A

**IN MEMORY OF:** N/A

**RESIDENT POPULATION:** 214

**AVERAGE AGE:** 85

**ADMINISTRATION UPDATES & NEWS:**

**NOTE:** Current Positive COVID-19 Data for the week of 1/13/2022.  
The COVID-19 Isolation Unit Remains closed.

TEST	RESIDENTS	EMPLOYEES	CONTRACTORS
COVID -19 Positive	1	5	5

**NOTE: COVID Safety:** Please continue to follow our safety practices by social distancing, wearing a mask while indoors and sanitizing/washing your hands often, especially before entering the Dining Room. Please stop into the Wellness Center for a test if you believe you have been exposed or are not feeling well or have not been tested recently. Testing is available 24/7. Let's continue to look out for each other!

**NOTE: Hand Hygiene:** COVID variants are still going strong, please remember to sanitize or wash your hands often. Using the hand sanitizer outside the Dining Room is *mandatory for entry*. Let's keep our campus free of viruses!

**NOTE:** Beginning Tuesday, January 18<sup>th</sup>, our business center hours are temporarily changed to 9:00 am to 12:00 (noon) and 2:00 pm to 3:00 pm. Thank you for your support – we look forward to your visits during these new hours.

**FROM THE OMBUDSMAN:**

**NOTE:** The next 'Dinner and a Beer' will be on January 19, 2022.

**NOTE:** Virginia VA Services Representative Edwin Robles has temporarily suspended in person services due to the nationwide surge of the Omicron variant of COVID-19. Mr. Robles is available by phone and e-mail to assist you. Please contact him at [Edwin.robles@dvs.virginia.gov](mailto:Edwin.robles@dvs.virginia.gov) or 703-359-1210.

**NOTE:** I am your primary point-of-contact and advocate for all resident concerns. Before you elevate any issues to our service chiefs or Administrator, see me first and allow me the opportunity to assist you.

**FROM CHIEF, RESIDENT SERVICES:**

**NOTE:** Housekeeping Services have been temporarily suspended as a result of increasing risk of COVID transmission. This suspension DOES NOT IMPACT SCHEDULED ROOM INSPECTIONS. IL and ILP Residents are required to maintain their rooms in a manner that promotes the health and safety of all Residents. In order to ensure this standard is met, room inspections will continue as posted. We are working with Housekeeping to determine how we can continue the Housekeeping services and balance the safety of Residents and Staff. We will keep you updated.

**NOTE:** The second phase of our 1<sup>st</sup> Quarterly Health, Welfare, and Morale Room inspection schedule **will take place at 9:00 am, Thursday, January 20, 2022.** Floors 1, 2, 3, and 4 will be inspected.

**NOTE:** We are continuing to work to repair Senior TV. I have received your feedback and understand all channels are not available. Thank you for your patience.

**NOTE:** We're happy to report that mail service is back up and running after our weather interruptions.

**NOTE:** Attention All PMD Users: Please control your speed in and around the Home. You should be traveling no faster than walking speed.

## **FROM HEALTHCARE SERVICES:**

**NOTE: Chat with the Chief of Healthcare Meeting:** Our apology for any confusion caused about the next meeting date and time; it will be held in the theater, **Monday, January 24, 2022 at 4:00 PM.**

**NOTE:** The Healthcare Services Team welcomes Mr. Renard Scott as our new Wellness Center Manager. He is a US Coast Guard veteran and has a vast amount of experience as a Supervisory Health Systems Specialist managing clinics.

**NOTE: Healthcare Services questions or concerns? Call us!**

**IL/ILP Clinical Nurse Supervisor Contacts:** Mr. Leonard Johnson, Wellness Center Clinical Nurse Supervisor may be reached at (202) 541-0668; Mrs. Stella Iyile, ILP Clinical Nurse Supervisor may be reached at (202) 541-1423.

**Assisted Living Clinical Nurse Supervisor Contact:** Mrs. Baindu Mansaray-Smith, Assisted Living Clinical Nurse Supervisor may be reached at (202) 541-1404.

**Long-term Care & Memory Support Clinical Nurse Supervisor Contact:** Mr. Olubunmi Akindele, LTC & MSU may be reached at (202) 541-7690.

**Director of Nursing:** Ms. Gladys Osuchukwu (202) 541-7711

**Chief of Healthcare Services:** Dr. Patricia Howard (202) 541-7712

\*\*\*\*\*

**The following activities are scheduled beginning 17 January 2022:**

### **MONDAY, 17 JANUARY**

#### **MARTIN LUTHER KING - BIRTHDAY**

1330 Movie (*Selma*) – Theater

### **TUESDAY, 18 JANUARY**

1130 Popcorn – Community Center Lobby

1330 “*The Making of a Holiday*” Documentary – Theater

**1530 Bible Study – Meditation Room**

**1630 BIRTHDAY DINNER – Dining Hall**

1800 RT Bingo – Community Center

### **WEDNESDAY, 19 JANUARY**

1100 Qi Gong – Theater

1300 Bingo – Community Center

1330 Glenna’s Book Club - Theater

**1830 Inspirational Movie (*The Case for Christ*) - Meditation Room**

### **THURSDAY, 20 JANUARY**

0900 Black History Month Planning Meeting - Theater

1300 Poetry Group – 1<sup>st</sup> floor

1800 Movie (*From Paris with Love*) - Theater

### **FRIDAY, 21 JANUARY**

0930 RT Silent Auction – Community Center

1000 American Legion Meeting – Room 1103

1100 Qi Gong - Theater

1800 Movie (*The Guns of Navarone*) – Theater

### **SATURDAY, 22 JANUARY**

1300 Bingo – Community Center

1600 Chicken Wings Night Social – Defender’s Inn

1800 Movie (*Drums along the Mohawk*) – Theater

### **SUNDAY, 23 JANUARY**

0900 Protestant Service – Meditation Room (one service only)

0900 Catholic Mass – Rose Chapel

1800 Movie (*I married a Witch*) – Theater