

# ARMED FORCES RETIREMENT HOME –WASHINGTON



## WEEKLY BULLETIN

Monday, June 30 – Sunday, July 6, 2025

### FAREWELL

James and Mary Stockford – United States Army

### CURRENT CENSUS

USA	USN	USMC	USAF	USCG	RC	Spouse	Total
61	50	11	58	2	7	13	202
Average Age: 82							

### ADMINISTRATION UPDATES AND NEWS

**Sheridan Building Renovation Update:** The start of demolition for the Sheridan Building has been delayed to the first quarter of 2026 due to high initial contractor bids. The solicitation is being revised and will go out again in early August 2025, with site visits that same month. We aim to award the contract in December 2025. We have discussed this update during the last several Town Halls, but we have not effectively disseminated the information, as we have Residents who are still unaware. Thank you for your continued patience—this long-awaited project is still moving forward, just not at the pace we all had hoped.

### HEALTHCARE SERVICES

Test	Residents	Staff	Contractors
COVID	0	0	0
RSV	0	0	0
Influenza	0	0	0

### In Case of Off-Hour Emergencies:

Security: (202) 541-7500

Nursing Staff: (202) 288-8042 or (202) 450-9790

Wellness Center: (202) 541-7588 / 7900 / 7602

We are pleased to welcome Mr. Charles Onyeama as our new Night Supervisor. We also extend our heartfelt gratitude and best wishes to Ms. Kathy Waters, a dedicated CNA, as she retires from Assisted Living. We thank her for her years of service and commitment to our residents.

**Please be advised:** There has been a recent increase in missed appointments without prior notice (No Calls/No Shows). To assist us in better serving all residents, we kindly ask that you call ahead to cancel if you are unable to attend your scheduled appointment. Our team remains proactive in sending reminders and placing follow-up calls, but your cooperation is vital to maintaining an efficient schedule.

**Dental Update:** We are extending our current contact with Mantoni Mobile Dental for an additional six months. During this time, we will continue efforts to secure a new long-term contract for future dental services.

- 🔊 We would like to remind all residents to adhere to seatbelt safety regulations. It is mandatory to wear your seatbelt while in motion in both wheelchairs and PMDs. Failure to do so presents safety risks and is subject to infraction.
- 🔊 Chat with Chief of Healthcare has been cancelled for July due to a scheduling conflict with Recreation Services. We look forward to resuming these sessions in August.

RESIDENT SERVICES

- The contact number for Anderson Suites reservation desk has been changed back to (202) 541-7632. Please use this number moving forward. Additionally, you may contact Susan Chubb directly via email at [susan.chubb@afrh.gov](mailto:susan.chubb@afrh.gov) for reservation inquiries.
- Attention:** Pest Control will be conducting Bed Bug Inspections in the Sheridan Building throughout the month of July between 09:00 – 10:00 each day. Please ensure to strip your beds of all sheets and blankets prior to the scheduled inspection date for your floor. Schedule is as follows:

Floor 7	Floor 6	Floor 5	Floor 4	Floor 3	Floor 2	Floor 1
July 1	July 3	July 8	July 10	July 15	July 17	July 22

BUSINESS OFFICE



Grandparents are often hesitant to say no to their grandchildren, a tendency that scammers frequently exploit. Fraudsters, who acquire personal information through social media or illicit data purchases, craft deceptive stories to prey on grandparents’ concerns. These scammers may impersonate a grandchild or relative in distress, requesting immediate financial assistance, sometimes even using caller ID manipulation to appear as though the call is from a trusted source. Scammers can now use Artificial Intelligence (AI) to “clone” the voice of a loved one, making the deception more convincing. To protect yourself, never trust the voice alone. Always verify the situation by contacting the supposed caller directly through another communication method. The Business Center is open Monday through Friday, from 08:00 – 16:00, and closed between the hours of 11:30 – 13:00. We are located in Room #1067 of the Scott Building. For any financial inquiries or assistance, you can also reach us by phone at (202) 541-7525.

CHAPLAINS OFFICE

**Protestant Services:** Bible Study and Prayer will be held in the Meditation Room every Tuesday at 15:00. Church Services will be held in the Scott Theater on Sundays at 09:00. For further inquiries, please contact Pastor Floyd at (202) 541-7612.

**Catholic Services:** An Open House of Rose Chapel will be held on Tuesday, July 8 from 13:00 – 15:00. We invite you to explore this historic chapel and enjoy a display of religious artwork. Please note that Father Dominic will be on a Canonical retreat from August 6 – August 18. During this time, Father Pachomius will be substituting for him. For more information, please contact Father Bump at (202) 541-7616.

OMBUDSMAN

The Veterans Affairs Claims Representative will return to AFRH-W on Thursday, July 24 from 10:30 – 13:00 in the Scott Building, Long-Term Care, South House Den 2083. Residents are encouraged to take advantage of this opportunity to consult with the representative regarding VA claims and to receive expert guidance on navigating the benefits process. For further inquiries, please contact Mr. Dion Dupree at (202) 541-7608.

SPECIAL EVENTS

- Celebrate with us on Thursday, July 3 at the Scott Community Center for a festive Independence Day Cookout starting at 11:30.
- Join for live music by the Nothin’ Fancy Band in the Defender’s Inn at 18:00 on Thursday, July 3.
- Please note, Administrative Offices will be closed on Friday, July 4 in observance of the holiday.

