**The Plan of the Week**

9 MARCH 2020 – 15 MARCH 2020

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

**WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:**
Joseph Hayes (USMC), Hometown: Avondale, AZ  
Linda Siebert (USN), Hometown: Marion, IN  
Wilbur Mosley (USAF), Hometown: Crothersville, IN

**FAREWELL:**
George West (USAF), Hometown: Okemulgee, OK

**RESIDENT POPULATION:** 447  
**AVERAGE AGE:** 83 (as of 05MAR20 83.48)

**FACILITY NOTES & RESIDENT INFO:**

**GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.

**WORK ORDERS:** Please call (228) 897-4444 to submit a work order.

**EMPLOYEE UPDATES:**

**FAREWELL:** John Welborn, Licensed Practical Nurse, Valor Hall

**RECENT BINGO & TOURNAMENT RESULTS:**

BINGO 2/28: R.B. Rolak & Johnny Young  
Jackpot: $82 (Att. – 27)


CRIBBAGE 3/3: 1st – Bob Brodeur, 2nd – Woody Hilliker, 3rd – Carol Harmes

**CURRENT ANNOUNCEMENTS:**

- **FLAG FLYING:** This week the Illinois Flag will be flying in front of the Home. The Prairie State was the 21st state to achieve statehood on December 3, 1818.
- **AA MEETING:** Alcoholics Anonymous meeting every Wednesday / 1900 / Chapel.
- **BIRTHDAY DINNER:** Residents who are having birthdays in March can have their picture taken with Administration at 1615 on 17MAR20, and may enter the Dining Hall with their guests at that time. Birthday celebrants may reserve tables in the Community Center only.
- **INCOME TAX HELP:** Residents needing help with their income taxes from AFRH. Resident Wayland Webb is available to help. There is a signup sheet outside of Rec. Services. Tax forms are on the counters by the mailboxes.
- **QUARTERLY HEALTH & SAFETY VISITS – B TOWER:** Will be held Wednesday 11MAR20 – Floors 5 & 6, 18MAR20 – Floors 7 & 8. Visits will be conducted 0900-1000.
- **SAFETY:** Resident Focus Group on Bldg Evacuation principles, to be held in the Community Center Tuesday 10MAR20 and Thursday 12MAR20 1300-1330.
- **RAC CHAIRMAN NOTES:** Seeking Resident involvement for Floor Reps as well as volunteers for Wellness, Food, and Recreation Committees.
- **RESIDENT VOLUNTEERS:** Please be sure to have timesheets signed by the DFE.
- **1099R:** Residents may either download their 1099R via MYPAY website (https://mypay.dfas.mil) or contact either one of the below numbers to request re-mailing of their 1099-R for the Military Retirement Tax documentation. Reminder note with contact info are also available in Admin at the Volunteer Front Desk for residents to pick up at their convenience. 1-888-332-7411 or 1-800-321-1080.
- **MODEL RAILROAD EXPANSION PROJECT:** Work will begin soon on the N scale phase of the railroad. Interested parties, please contact RAC Chairman.

Please see Resident Services with questions/concerns regarding announcements.
MONDAY, 9 MARCH
0830 Rosary – Chapel
0900 Exercise Class Video – Exercise Room (RM 1211)
0900 Catholic Service (Chapel)
0930 Catholic Service (Meditation Room)
0930 Hook & Ring Tournament – Community Center (RM 1109)
1500 Apple Class – Computer Learning Center

TUESDAY, 10 MARCH
0800-1400 Voting Bus Trips – Bus Departs every hour. Last bus leaves at 1400
0800 Painting Demonstration – Art Studio
9000 Balance Class – Theater
0930 RAC Meeting – Community Center (RM 1109)
0930 Pool Tournament – Club Room (RM A-244)
1300 Craft Activity – Art Studio
1330 Spare Time Bowling “On Your Own” – Bowling Center
1400 Intro to Genealogy – Computer Learning Center
1800 MOVIE: “The Young Lions” (NR, 167 Min) War (1958)

WEDNESDAY, 11 MARCH
0800 Painting Demonstration – Art Studio
0900 Exercise Class – Exercise Room (RM 1211)
0900 Catholic Service (Chapel)
0930 Catholic Service (Meditation Room)
1300 Woodshop Safety – Woodshop
1400 MOVIE/POPCORN Matinee: “Ad Astra” (PG13, 123 Min) Adventure (2019)
1830 Bingo – Community Center (RM 1109)

THURSDAY, 12 MARCH
0930 Card Battle Tournament – Community Center (RM 1109)
1300 Painting Activity – Art Studio
1400 Fleet Reserve Meeting – Theatre
1400 Movie Planning Meeting – Bocce Center (RM 1025)

FRIDAY, 13 MARCH
0800 Blind Rehabilitation Coordinator Visit – Resident Meeting Room
0830 Rosary – Chapel
0900 Exercise Class – Exercise Room (RM 1211)
0900 Catholic Service (Chapel)
0930 Catholic Service (Meditation Room)
1400 Afternoon Bingo – Community Center
1900-2200 Resident Dance – Comm. Center (Hosted by AFRH Resident Dancers)

SATURDAY, 14 MARCH
0900 Combat Veterans Motorcycle Association Meet & Greet (Downstairs Lobby)
1115 Murky Waters Lunch & Chandeleur Brewery Tour Trip
1400 Royal Pet Visit – Front Lobby

SUNDAY, 15 MARCH
0900 Catholic Service – Chapel
0945 Protestant Sunday school Meeting – Lord’s Cabin
1030 Protestant Service – Theatre

March 2020 Calendars & Sign-Up Sheets are available in Rec Svcs.
AFRH-G Activity Calendars also available at www.afrh.gov