The Plan of the Week  16 MARCH 2020 – 22 MARCH 2020

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

WELCOME / FAREWELL / IN MEMORY OF:
WELCOME: Joseph Chappel Jr. (USN), Hometown: Lebanon, PA
IN MEMORY OF: John Sylvia (USA), Hometown: Newport, RI
Charles Gress (USN), Hometown: Ft Loudan, PA
William Bartlett (USAF), Hometown: Memphis, TN

RESIDENT POPULATION: 445  AVERAGE AGE: 83 (as of 05MAR20 83.48)

FACILITY NOTES & RESIDENT INFO:
GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.

WORK ORDERS: Please call (228) 897-4444 to submit a work order.

HEALTHCARE SERVICES NEWS:
PRESCRIPTION PROCESSING TIMELINES: Turnaround time for AFRH prescription processing is approximately 2 to 3 business days. Weekends and federal holidays are not included in the timeline. Timelines will increase with reduced staffing. Please plan accordingly and keep 14-days of medications on-hand at all times.

RECENT BINGO & TOURNAMENT RESULTS:
BINGO 3/4 Margaret Scott  Jackpot: $118 (Att. – 42)
WASHER TOSS 3/5: 1st – Doris Denton, 2nd – Mike Longwell, 3rd – Bill Truitt

CURRENT ANNOUNCEMENTS:
- FLAG FLYING: This week the Alabama Flag will be flying in front of the Home. The Heart of Dixie / Yellowhammer State was the 22rd state to achieve statehood on December 14, 1819.
- AA MEETING: Alcoholics Anonymous meeting every Wednesday / 1900 / Chapel. Currently closed to the public.
- BIRTHDAY DINNER: Residents who are having birthdays in March can have their picture taken with Administration at 1615 on 17MAR20, and may enter the Dining Hall at that time. Unfortunately there will be no guests allowed on Campus for this month’s birthday dinner, because of the risks in spreading COVID – 19.
- BUSINESS CENTER: The Business Center will be closed Friday, 20MAR20.
- DID YOU KNOW?: The soup in the dining room is made from scratch by the dining contractors.
- KEESLER LEGAL: Keesler Legal is now by appointments only. Walk-ins are no longer accepted. Retiree appointments are Mon. – Fri. from 1000 – 1400. Please call (228) 376-8601 to schedule an appointment.
- INCOME TAX HELP: Residents needing help with their income taxes from AFRH. Resident Wayland Webb is available to help. There is a signup sheet outside of Rec. Services. Tax forms are on the counters by the mailboxes.
- QUARTERLY HEALTH & SAFETY VISITS – B TOWER: Will be held Wednesday 18MAR20 – Floors 7 & 8. Visits will be conducted 0900-1000.
- RAC CHAIRMAN NOTES: Seeking Resident involvement for Floor Reps as well as volunteers for Wellness, Food, and Recreation Committees.
- RESIDENT DRIVERS NEEDED: Please see Taylor Chamberlain for more details.
- MODEL RAILROAD EXPANSION PROJECT: Work will begin soon on the N scale phase of the railroad. Interested parties, please contact RAC Chairman.

Please see Resident Services with questions/concerns regarding announcements.
ARMED FORCES RETIREMENT HOME GULFPORT
16 MARCH 2020 – 22 MARCH 2020

MONDAY, 16 MARCH
0830 Rosary – Chapel (Residents Only)
0900 Exercise Class – Exercise Room (RM 1211)
0900 Catholic Service – Chapel (Residents Only)
0930 Catholic Service – Meditation Room (Residents Only)
1000 CANCELLED: Palace Casino Day Trip

TUESDAY, 17 MARCH
0800 Painting Demonstration – Art Studio
0900 Balance Class – Theater
0930 MWR Meeting – Activity Room (RM B-242)
1300 Craft Activity – Art Studio
1330 Spare Time Bowling “On Your Own” – Bowling Center
1400 St. Patrick’s Day Parade – Boardwalk
1430 St. Patrick’s Day Social – Community Center
1615 Birthday Photos w/Administration – Dining Hall
1630 Monthly Birthday Dinner – Dining Hall/Community Center
1800 MOVIE: “Blinded by the Light” (PG13, 118 Min) Comedy (2019)

WEDNESDAY, 18 MARCH
0800 Painting Demonstration – Art Studio
0830 Rosary – Chapel (Residents Only)
0900 Exercise Class – Exercise Room (RM 1211)
0900 Catholic Service – Chapel (Residents Only)
0930 Catholic Service – Meditation Room (Residents Only)
1000 AFRH-G Town Hall – Community Center (RM 1109)
1300 Woodshop Safety – Woodshop
1830 Bingo – Community Center (RM 1109)

THURSDAY, 19 MARCH
0900 CANCELLED: Hattiesburg Zoo Trip
1000 VA Sign-Up & Presentation – Community Center
1000 Advanced Genealogy – Computer Learning Center
1300 Painting Activity – Art Studio

FRIDAY, 20 MARCH
0830 Rosary – Chapel (Residents Only)
0900 Exercise Class – Exercise Room (RM 1211)
0900 CANCELLED: Downtown Mobile, AL Museums Trip
0900 Catholic Service – Chapel (Residents Only)
0930 Catholic Service – Meditation Room (Residents Only)
0930 Dice Count Tournament – Community Center (RM 1109)
1800 MOVIE: “Catlow” (PG13, 101 Min) Western (1971)
1900-2200 CANCELLED: Resident Dance

SATURDAY, 21 MARCH

SUNDAY, 22 MARCH
0900 Catholic Service – Chapel (Residents Only)
0945 Protestant Sunday school Meeting – Lord’s Cabin (Residents Only)
1030 Protestant Service – Theatre (Residents Only)
1330 Pet Ministry Team Visit – Front Lobby

March 2020 Calendars & Sign-Up Sheets are available in Rec Svcs.
AFRH-G Activity Calendars also available at www.afrh.gov