



\*\*\*\*\* **The Plan of the Week** \*\*\*\*\*  
**15 MARCH 2021 – 21 MARCH 2021**



**MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800**

**WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:** Franklin Randolph (USN), Hometown: Graham, KY

**FAREWELL:** Gilbert Didriksen (USA), Hometown: Kerney, NE

**RESIDENT POPULATION:** 372 **AVERAGE AGE:** 84 (84.33) as of 18FEB21

**FACILITY NOTES & RESIDENT INFO:**

**GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.

**WORK ORDERS:** Please call (228) 897-4444 to submit a work order.

**HEALTHCARE SERVICES NEWS:**

- **COVID TESTING:** Week of 3/15 testing using Rapid test will be done for everyone that has not been vaccinated. Test will be scheduled for Isolation purposes.
- **DENTAL CLINIC:** Due to personnel issue in the Dental clinic the desk may be unmanned, please see the clerk at the main desk and fill out a form. Dental staff will get back with you.

AFRH COVID Testing as of 03/5/2021	Resident	Employee	Contractor
Positive Tests	19	36	18
Current Positive	0	0	2
New This Week	0	0	2

**CURRENT ANNOUNCEMENTS:**

- **ALL RESIDENTS:** Please ensure that you read information regarding loosening of restrictions. Copies are being put on each Residents door.
- **ALTERATIONS:** Will reopen 22MAR21 and be open from 0900-1000 every Monday and Friday.
- **CITY ELECTION:** Residents registered to vote in the City of Gulfport who wish to vote in the Municipal Election on April 6<sup>th</sup>, should sign up outside Recreation Services.
- **CLOGS:** Many Residents use pads, briefs, and wipes. Please do not flush these items as they clog pipes causing back-ups in the sewer system. Even those that say “flushable” please dispose of in your garbage can. Thank you.
- **CLOTHING STORE:** The Clothing Store cannot accept clothing donations until further notice due to being overstocked. It is only open on Wednesday.
- **EVACUATION CARDS:** Every room was provided an evacuation card and magnet. They should be kept on the inside door frame or the metal panel near thermostat. If you don’t have one, please see Administration front desk or Safety Office.
- **FLAG FLYING:** This week the Louisiana flag will be flying in front of the Home. The Sportsman’s Paradise State was the eighteenth state to achieve statehood on 30APR1812.
- **LAUNDRY / HOUSEKEEPING:** Services will begin back 05APR21. Please see flyers for more information and **NEW** rules. See Susie and her team to schedule services.
- **INCOME TAX HELP:** Residents needing help with their income taxes from AFRH please see Resident Wayland Webb. He is available to help.
- **REMINDER:** At night time when your lights are on and your blinds are open, PLEASE keep in mind that you are VERY visible to other Residents that live across from you.
- **ROOM INSPECTIONS:** It will be a knock and look from the door inspection, no one will fully enter into your room if you are there. Please ensure your readiness. B Tower – 17MAR21 / C Tower – 24MAR21.
- **SPRING AHEAD:** Sunday, March 14, 2021, set your clocks 1 hour ahead.
- **SPRING TIME BBQ:** Please let you RAC Floor representative know if you would be interested in a “cookout” type meal that you could take and enjoy outside.

*Please see Resident Services with questions/concerns regarding announcements.*



# ARMED FORCES RETIREMENT HOME GULFPORT

## 15 MARCH 2021 – 21 MARCH 2021

### MONDAY, 15 MARCH

- 0900 Exercise Class Video– Senior TV Channel 4
- 0900 Catholic Mass (Theater)
- 1800 MOVIE on SRTV4: “Ivanhoe” (NR, 106 Min) *History (1952)*

### TUESDAY, 16 MARCH

- 0900 Stretching Class– Exercise Room (RM 1211) 
- 0930 **Washer Toss Tournament** – Bocce Center (*Sign up at Rec Svcs*)
- 1800 MOVIE in Theater: “Laurel & Hardy” (NR, 90 Min) *Comedy (1932)*
- 1800 MOVIE on SRTV4: “Thicker Than Water” (R, 91 Min) *Drama (1999)*

### WEDNESDAY, 17 MARCH

- 0900 Exercise Class Video– Senior TV Channel 4
- 0900 Catholic Mass (Theater)
- 1000 **“Celebrate St. Patrick” Video on Senior TV Channel 4**
- 1130 St. Paddy’s Parade – Boardwalk (Resident Activity by Dan Ellis)
- 1300 Woodshop Safety – Woodshop
- 1400 **POPCORN MATINEE on SRTV 4: “Celtic Women Concert”**    
*Popcorn & Sodas available for pick up outside the Theater @ 1330*
- 1800 MOVIE on SRTV4: “The Accidental Husband” (PG13, 90 Min) *Comedy (2008)*

### THURSDAY, 18 MARCH

- 0900 Stretching Class– Exercise Room (RM 1211) 
- 1130-1300 **“Thirsty Thursday” Beer & Wine distribution** – Dining Hall 
- 1400 **Bingo- Session #1** – Exercise Room (RM 1211) Sign up at Rec Svcs 
- 1500 **Bingo- Session #2** – Exercise Room (RM 1211) Sign up at Rec Svcs
- 1800 MOVIE in Theater: “The River” (PG13, 124 Min) *Drama (1984)*
- 1800 MOVIE on SRTV4: “Hello, My Name is Doris” (R, 90 Min) *Comedy (2015)*

### FRIDAY, 19 MARCH

- 0900 Exercise Class Video – Senior TV Channel 4
- 0900 Catholic Mass (Theater) 
- 0930 **Indoor Shuffleboard Tournament** – Bocce Center (*Sign up at Rec Svcs*)
- 1130-1300 **“Frozen Friday”** Ice Cream Treat distribution – Dining Hall 
- 1800 MOVIE on SRTV4: “Finding Forrester” (PG13, 136 Min) *Drama (2000)*

### SATURDAY, 20 MARCH

- 1800 MOVIE on SRTV4: “Seven Alone” (G, 97 Min) *Adventure (1974)*

### SUNDAY, 21 MARCH

- 0900 Catholic Mass – Theater
- 1130 Protestant Service #1– Theatre (*Sign up in front of the Lord’s Cabin*)
- 1230 Protestant Service #2– Theatre (*Sign up in front of the Lord’s Cabin*)
- 1330 Protestant Service #3– Theatre (*Sign up in front of the Lord’s Cabin*)
- 1800 MOVIE in Theater: “Field of Dreams” (PG, 107 Min) *Drama (1989)*
- 1800 MOVIE on SRTV4: “Heaven Can Wait” (PG, 101 Min) *Comedy (1978)*

## AFRH Senior TV Channel 4 Schedule

<b>C.O.O. Town Hall (2/24/21)</b>	<b>1000</b>
<b>March RAC Meeting (Except Wed.):</b>	<b>1400 &amp; 2200</b>
<b>Protestant Service:</b>	<b>0800 &amp; 1515</b>
<b>Daily Exercise Class:</b>	<b>0900</b>
<b>Plan of the Week (Spoken):</b>	<b>0945 &amp; 1600</b>
<b>Sean’s Virtual Travels:</b>	<b>1300 &amp; 2100</b>
<b>Rec Svcs: “Dry Bar Comedy”:</b>	<b>0700, 1630, &amp; 2315</b>
<b>AFRH-G Daily Movie Feature:</b>	<b>1800</b>
<b>Weekly Admin Update:</b>	<b>0645, 1145, &amp; 1745</b>

*Schedule Subject to Change pending last minute updates.*

