



***** **The Plan of the Week** *****
19 October – 25 October



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

SECURITY GATE HOUSE (228)897-4502

Meals: Breakfast: 0700 – 0830 | Lunch: 1130 – 1300 | Supper: 1630 - 1800

Resident Population:

504

Average Age:

81 as of 30 SEP 26

Facility Notes & Resident Info:

- **Gate House:** Use the far right lane to swipe your key at the gate when entering AFRH.
- **Work Orders:** Please call (228) 897-4444 to submit a work order.
- **State Flag Flying at Flagpole:** Nebraska, known as the “Cornhusker State” and the “Tree Planters’ State” became the 37th state on March 1st, 1867.
- **Room Inspections:** C-Tower Room inspections will be conducted in **October** as follows: Floors 4, 3, & 2: 21 OCT 26. Room inspections commence at 0900. A-Tower room inspections will be conducted in November.
- **Package Pickup:** Pick up packages promptly after receiving your package slip. Limited storage space is available; Medication should be retrieved ASAP. Hours of Operation are Monday - Saturday from 1300-1500, excluding Federal holidays.
- **Medical Appointment Transportation Requests:** Residents are required to provide a minimum 2 business day notice for transport requests: We highly recommend that you inform the Scheduler immediately upon receipt of an appointment; don’t wait. Transportation is space available with priority given to residents who are unable to drive. Contact the Scheduler via the Wellness Center Reception Desk or call 228-897-4471.
- **Library Copier:** The Copy Machine in the Library is for Resident use only. It will be set for a maximum of 100 free copies each business day, Monday – Friday, by 0900 (excluding Holidays.) Once 100 copies are printed, the copy machine will shut off for the day.

Recent Bingo & Tournament Results (10/5 – 10/11):

- **Bingo 10/07:** Winner: Gus Giegerich **Jackpot:** \$200 (28 Att.)
- **Bingo 10/09:** Winner: Diane Quintero **Jackpot:** \$235 (39 Att.)
- **Mystery Game 10/05:** 1st: Jim Lovett, 2nd: Richard Potratz, 3rd: Wayland Webb
- **Dice Count 10/08:** 1st: Michael Cissell, 2nd: Wolf Kiessling, 3rd: Richard Potratz

Current Announcements:

- **Infection Prevention Week:** AFRH will celebrate International Infection Prevention Week from 19-23 OCT 2026, with daily activities, education, and events available to staff and Residents.
- **Pressure Washing:** Campus Operations will begin pressure washing the smoke shack and garage areas on 23 OCT 2026 at 0900. To help us complete the work efficiently and prevent your vehicles from getting dirty, please do not park in the designated D-Tower parking areas during the cleaning process. If your vehicle is currently parked in these areas, please relocate it before work begins on 23 OCT 2026 @ 0900. Security will make announcements as pressure washing progresses to the rest of the garage areas. Thank you for your cooperation and assistance!
- **Trunk-Or-Treat:** Help us welcome approximately 60 fifth-grade students from Anniston Elementary for a fun Trunk-or-Treat at AFRH-G on 29 OCT 2026 @ 1000! Residents are invited to decorate their vehicles and hand out candy to our young visitors. Candy must be purchased by participants. Recreation may be able to assist with decorations, if needed. Want to participate but don’t have a vehicle? Stop by Recreation and let us know. We’ll help find a way for you to be involved.
- **Volunteer Opportunity:** Volunteer Trip Caller: Volunteer will provide information and assistance to residents on Recreation-sponsored trips. This position requires a Resident who is comfortable giving directions, maintaining accountability, and taking action when necessary. A stipend may be available. For more information, or to apply, see Eric Ball in Room 1329.
- **Wear Purple Thursday:** Join us this October in wearing purple each Thursday to show your support for Alzheimer’s awareness.

Please see Resident Services with questions/concerns regarding announcements.

Monday, 19 October

0900 Catholic Mass (Chapel)
0900 Chair Exercise Class (Exercise Room)
0930 **TOURNAMENT: Mystery Game (Bocce Center)** *Sign up at Recreation Services*
1030 **Quarterly Memorial (Theater)**
1000 Protestant Prayer Group (Lord's Cabin) *Monday – Wednesday*
1400 **SOCIAL: Ice Cream and Spooky Treats Social (Community Center)**
1800 **Movie: Outside the Wire** (R, 1:55) Sci-Fi / Military (2021)

Tuesday, 20 October

0715 **TRIP: Global Wildlife Center** *Sign up at Recreation Services*
0915 **TALK: "Built on Hygiene. Sustained by Prevention."** (Theater)
0930 Yoga with Lisa B. (Exercise)
1000 Water Aerobics (Pool)
1130 Monthly Birthday Luncheon (Dining Hall)
1400 **CONCERT: Dark Waters Project** (Community Center)
1330 **TOURNAMENT: Pool (8-Ball) (Club Room)** *Sign up at Recreation Services*
1800 **Movie: Waiting for the Barbarians** (TV-MA, 1:53) Drama (2019)

Wednesday, 21 October

0900 Catholic Mass (Chapel)
0900 Chair Exercise Class (Exercise Room)
0900 **TALK: "Vaccines Prevent. Antibiotics Protect."** (Theater)
1000 **AFRH Town Hall (Community Center)**
1030 Bookmobile (outside until 1130)
1330 Woodshop Safety Course (Woodshop)
1330 Dining Committee Meeting (Volunteer Lounge)
1400 **Popcorn Matinee: Hubie Halloween** (PG-13, 1:43) Comedy / Horror (2020)
1800 **Movie: Munich: The Edge of War** (PG-13, 2:11) Thriller / War (2021)
1800 Evening Bingo (Community Center)

Thursday, 22 October

0900 Water Aerobics (Pool)
0900 Protestant Prayer Group and Bible Study (Lord's Cabin)
1000 **CLASS: Art with Milt & Special Guest** (Community Center)
1300 **CLASS: Line Dancing** (Exercise Room)
1330 **TOURNAMENT: O/D Shuffleboard (Basketball Court)** *Sign up at Rec. Services*
1330 **New Resident Orientation (Theater)**
1800 **Movie: The Postcard Killings** (TV-MA, 1:44) Drama / Thriller (2020)

Friday, 23 October

0900 Catholic Mass (Chapel)
0900 Chair Exercise Class (Exercise Room)
1100 **RELAX: Sound Bath** (Sessions at 1100 or 1140 – 20 minute sessions) (Exercise)
1030 **PERFORMANCE: Biloxi School Theater Performance (Community Center)**
1400 Afternoon Bingo (Community Center)
1800 **Movie: Knock at the Cabin** (R, 1:40) Thriller / Horror (2023)

Saturday, 24 October

1800 **Movie: Ready or Not** (R, 1:36) Comedy / Horror (2019)

Sunday, 25 October

0900 Catholic Sunday Mass (Chapel)
0930 Protestant Sunday School (Theater)
1015 Protestant Service (Theater)
1800 **Movie: Penguin Bloom** (TV-14, 1:35) Family / Drama (2021)



Updated!

Town Hall: 0700, 1000, 1700

RAC Meeting: 0900, 1300, 1800

Protestant Service: 0600, 1400

Special Events: 0800, 1500, 1900

SeniorTV Channel Guide:

<https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X>

All movies shown in the Theater unless otherwise noted.