

# \* \* \* \* \* \* \* The Plan of the Week \* \* \* \* 29 SEPTEMBER – 05 OCTOBER 2025



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS: Breakfast: 0700 - 0830 | Lunch: 1130 - 1300 | Supper: 1630 - 1800

**RESIDENT POPULATION:** 494 **AVERAGE AGE:** 82 as of 31AUG25

**RESIDENT HAIL / FAREWELL / IN MEMORY OF:** 

HAIL: Thomas Baumgartner (USN), Hometown: Sabetha, KS

Alfred McNab III (USCG), Hometown: Loxley, AL

IN MEMORY OF: Phillip Mendenhall (USN), Hometown: Indianapolis, IN

STAFF HAIL / FAREWELL:

HAIL: Joel Tate, Licensed Practical Nurse, Healthcare Services

PROMOTION: Roxanne Shumaker, Performance Improvement Integrator, Administration

#### **FACILITY NOTES & RESIDENT INFO:**

> GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.

- > ROOM KEYS: Check your room key for expiration date, renewal available 30 days prior.
- ➤ WORK ORDERS: Please call (228) 897-4444 to submit a work order.
- > STATE FLAG FLYING AT FLAGPOLE: Colorado, known as the "Centennial State" was the 38th state to establish statehood on 8/1/1876.
- ➤ **ROOM INSPECTIONS:** C-Tower room inspections will be conducted at in OCTOBER as follows: Floors 8 & 7 on 01OCT; Floors 6 & 5 on 08OCT, Floors 4, 3, & 2 on 15OCT. A-Tower will be conducted in November. Room inspections commence at 0900.

### **RECENT BINGO & TOURNAMENT RESULTS (09/15 - 09/21):**

> BINGO 09/17: Winner: Lou Casebonne Jackpot: \$145 (33 Att.)

> BINGO 09/19: Winner: Bob Smyth Jackpot: \$160 (40 Att.)

> BINGO 09/21: Winner: Ed Farrell Jackpot: \$150 (30 Att.)

> HAND & FOOT 09/16: 1st: Mary German, 2nd: Clyde Hairston, 3rd: Michael Cissell

> I/D PUTTING 09/1/8: 1st: Glynn Atchley, 2nd: Wayland Webb, 3rd: Wolf Kiessling

#### **CURRENT ANNOUNCEMENTS:**

- ➤ WELLNESS CENTER & MEDICATIONS: Bring all medications to Sick Call and to every appointment. Primary Care Providers are required to review each medication at each visit. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased. If you are unable to retrieve your medications in a timely manner, the Provider may direct that your appointment be rescheduled.
- ➤ TECH SAFETY TIP OF THE WEEK: Watch out for Phishing Scams: Scammers often send emails or texts that look official but include links that lead to fake websites. Before clicking, hover your mouse over the link (or press and hold on mobile) to see where it really goes. If it looks suspicious or doesn't match the sender, don't click! When in doubt, go directly to the official website by typing the address into your browser.
- > THEATER UPDATE: The new DVD/Blu-Ray player has been installed and is operational!
- ➤ **VOLUNTEER OPPORTUNITY:** We are seeking a Recreation Activity Volunteer to support Recreation staff by helping facilitate activities and events, including games, tournaments, and social gatherings. For more information, see the Volunteer Coordinator in Room 1020.
- ➤ RECYCLING: Please see below for recycling guidelines for trash rooms on each floor: Cardboard: Please break down boxes before placing them in containers by the loading dock. Paper: Paper recycling bins are located in the trash rooms on each floor. Please do not put trash in these bins, they are for clean paper only. All trash should be put in the chutes. Glass & Plastics: These items are no longer recycled at AFRH-G. Please dispose of them in the trash or bring them to an off-site recycling facility.
- ➤ POSSIBLE GOVERNMENT SHUTDOWN: If a government shutdown begins on October 1, all Independent Living Recreation-led events and trips will be suspended. These activities will remain on hold until normal operations are able to resume. In addition, stipend volunteer positions will not be permitted to work unless serving in a completely voluntary capacity. Outside volunteers will also not be able to access the facilities during the shutdown. Resident ran events (Bingo) may continue on a volunteer basis only.

Please see Resident Services with questions/concerns regarding announcements.



## AFRH-G WEEKLY SCHEDULE: 29 SEPTEMBER – 05 OCTOBER 2025



#### **MONDAY, 29 SEPTEMBER**

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 **Voter Registration Drive** (Boardwalk C Tower Elevators)
- 1000 Protestant Prayer Group (Lord's Cabin) (Monday Thursday)
- 1800 **Movie**: *Harry Brown* (R, 1:43) Thriller (2009)

#### **TUESDAY, 30 SEPTEMBER**

- 0830 Painting Demonstration (Art Studio)
- 0930 RAC Meeting (Theater)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1330 Art Activity (Community Center)
- 1330 Bowling Tournament (Bocce Center) Sign up in Recreation Services
- 1800 Movie: X-Men: The Last Stand (PG-13, 1:44) Action/Sci-Fi (2006)
- 1830 Gulf Coast Wind Ensemble Concert (Community Center)

#### <u>WEDNESDAY, 01 OCTOBER</u>

#### Spooky Season Begins!

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1030 Bookmobile (is back!) (Front Drive)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 Popcorn Matinee: MacArthur (PG, 2:10) War / Action (1977)
- 1800 **Movie**: *Harper* (NR, 2:01) Mystery (1966)
- 1830 Evening Bingo (Community Center)

#### THURSDAY, 02 OCTOBER

- 1000 Protestant Prayer Group & Bible Study (Lord's Cabin)
- 1300 Line Dancing (Exercise)
- 1800 Movie: Along Came Polly (PG-13, 1:30) Comedy / Romance (2004)

#### FRIDAY, 03 OCTOBER

- 0830 Walmart Trip Sign up in Recreation Services
- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1130 Bay St. Louis Outing Sign up in Recreation Services
- 1400 Afternoon Bingo (Community Center)
- 1800 Movie: The Rite (PG-13, 1:54) Horror (2011)

#### **SATURDAY, 04 OCTOBER**

1800 Movie: *Drop* (PG-13, 1:35) Thriller (2025)

## **SUNDAY, 05 OCTOBER**

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1400 Sunday Bingo (Community Center)
- 1800 **Movie**: *The Bible: Part 1* (TV-14) Drama (2013)

If you cannot attend a trip you signed up for, please cross out your name on the list.

SeniorTV Channel Guide: https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X

2025 Senior Games are here! Sign up at Recreation Services! Participate in at least 5 games OR place 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in any game to receive a polo.

10.17.25 – Football Toss 10.17.25 – Softball	Toss
10.20.25 - Outdoor Shuffleboard (changed) 10.21.25 - Pong Po	ool
10.22.25 – Pong 10.23.25 – Washer	r Toss
10.23.25 – Poker Walk 10.27.25 – Bocce E	3all
10.28.25 – War Card Game 10.29.25 – Corn To	oss