



\* \* \* \* \* **The Plan of the Week** \* \* \* \* \*

**15 SEPTEMBER – 21 SEPTEMBER 2025**



**24/7 SECURITY (228)897-4418**

**24/7 WELLNESS CLINIC: (228)897-4450**

**MEALS: Breakfast: 0700 – 0830 | Lunch: 1130 – 1300 | Supper: 1630 - 1800**

**RESIDENT POPULATION: 494    AVERAGE AGE: 82 as of 31AUG25**

**RESIDENT HAIL / FAREWELL / IN MEMORY OF:**

**HAIL:** Larry Beauchamp (USAF), Hometown: Bay Minette, AL  
Glynn Atchley (USAF), Hometown: Catron, MO

**IN MEMORY OF:** Robert (Mac) McElroy (USN), Hometown: Navarre, FL  
James (Jim) Hannah (USN), Hometown: Pensacola, FL  
William (Bill) Wallace (USN), Hometown: Start, LA  
Robert (Bob) Evans (USAF), Hometown: Gallman, MS

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Nevada, known as the “Silver State” was the 36<sup>th</sup> state to establish statehood on 10/31/1864.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted at in SEPTEMBER as follows: Floors 4, 3, & 2 on 17SEP. C-Tower will be conducted in October. Room inspections commence at 0900.

**RECENT BINGO & TOURNAMENT RESULTS (09/01 – 09/07):**

- **BINGO 09/03:** Winner: Lou Casebonne **Jackpot:** \$149 (40 Att.)
- **BINGO 09/05:** Winner: Johnny Fuselier **Jackpot:** \$130 (36 Att.)
- **BINGO 09/07:** Winner: Steven Fors **Jackpot:** \$146 (34 Att.)
- **HEARTS 09/02:** 1<sup>st</sup>: Frank Baker, 2<sup>nd</sup>: Wolf Kiessling, 3<sup>rd</sup>: Michael Cissell
- **PONG 09/04:** 1<sup>st</sup>: Wayland Webb, 2<sup>nd</sup>: Wolf Kiessling, 3<sup>rd</sup>: Mary German

**CURRENT ANNOUNCEMENTS:**

- **DON'T RUN OUT OF MEDICATIONS:** Residents are responsible to ensure that they have a fourteen (14) day minimum supply of medications at all times. It usually takes (5) business days to process medication requests from when they are dropped off (excluding federal holiday and weekends). We don't offer same day Wellness Clinic appointments for prescription renewals so plan accordingly and schedule an appointment before you run out. This is especially important during Hurricane Season.
- **TECH SAFETY TIP OF THE WEEK:** Be cautious of unexpected emails, texts, or phone calls asking for personal information. If you're unsure, don't click links or share details. Instead, contact the company or person directly using a trusted phone number.
- **SHARE YOUR STORY THIS VETERANS DAY:** Our Veterans Day Open House on Friday, November 7 will highlight the stories and talents of our residents. If you would like to display/sell your artwork, share your military memorabilia, or participate in a brief recorded 5-minute interview, we'd love to include you. Pick up an interest form at the Recreation Desk and return it to Office 1208 in Recreation Services by September 30, 2025.
- **LOOKING OUT FOR EACH OTHER:** You may see Larry Harper and his service dog, Leela, around the halls. Leela is trained to walk on the left side of the hallway, and Larry is working with her to shift over to the right. To help keep everyone safe and comfortable, we ask that residents using PMDs or wheelchairs kindly call out or say hello when approaching, so Larry and Leela know you're nearby. Please remember that Leela is working and should not be approached or distracted without Larry's permission.
- **SECURITY ENHANCEMENT:** Electricians will be working on the resident floors to install repeaters as part of a new, upgraded door access system for resident rooms. Thank you for your patience as we complete these improvements to enhance security & convenience.
- **RESIDENT FLOOR REPRESENTATIVE VOTING:** Ballots for floor representative voting will be placed on all IL/ILP resident doors no later than Friday, 12SEP. Please submit completed ballots to the RAC mailbox, number 12, by Thursday, 18SEP at 1500.
- **PMD/WHEELCHAIR/WALKER CLEANING:** Don't forget to get your mobility devices cleaned for free on Wed., 17SEP from 0800 – 1200 in the North East corner of garage!

**MONDAY, 15 SEPTEMBER**

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin) *(Monday – Thursday)*
- 1400 **Musical Monday Matinee: *The Sound of Music***
- 1800 **Movie: *They Were Expendable*** (NR, 2:15) War (1945)

**TUESDAY, 16 SEPTEMBER**

- 0830 Painting Demonstration (Art Studio)
- 0900 MWR Meeting (Volunteer Lounge)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1130 Monthly Birthday Luncheon (Dining Hall)
- 1330 **Hand & Foot Tournament** (Club Room) *Sign up in Recreation Services*
- 1800 **Movie: *Lady and the Tramp*** (G, 1:16) Animated (1955)

**WEDNESDAY, 17 SEPTEMBER**

- 0800 **PMD, Wheelchair, and Walker Cleaning** (until 1200 – North East corner of garage)
- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1000 **AFRH Town Hall (Community Center)**
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee: *Das Boot*** (R, 2:29) War (1981)
- 1800 **Movie: *The League of Extraordinary Men*** (PG-13, 1:50) Action (2003)
- 1830 Evening Bingo (Community Center)

**THURSDAY, 18 SEPTEMBER*****USAF 78<sup>th</sup> Birthday***

- 0900 AFRH-G Model Train Room Open (Room C-242) *(0900 – 1100)*
- 0930 **Indoor Putting Tournament** (Bocce Center) *Sign up in Recreation Services*
- 1000 KAFB Diabetic Education (Theater)
- 1000 Protestant Prayer Group & Bible Study (Lord's Cabin)
- 1300 Line Dancing (Exercise)
- 1300 American Legion Meeting (Theater)
- 1400 **U.S. Air Force 78<sup>th</sup> Birthday Ceremony** (Community Center)
- 1800 **Movie: *Heat*** (R, 2:50) Crime (1995)

**FRIDAY, 19 SEPTEMBER*****POW/MIA Recognition Day***

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 **National POW/MIA Recognition Day Ceremony** (Community Center)
- 1000 Water Aerobics (Pool)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie: *Goldfinger*** (PG, 1:50) Action (1964)

**SATURDAY, 20 SEPTEMBER**

- 1800 **Movie: *The Rundown*** (PG-13, 1:40) Action (2003)

**SUNDAY, 21 SEPTEMBER**

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1400 Sunday Bingo (Community Center)
- 1800 **Movie: *Noah*** (TV, 1:27) Drama (2021)

If you cannot attend a trip you signed up for, please cross out your name on the list.

SeniorTV Channel Guide: <https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X>

*Please see Resident Services with questions/concerns regarding announcements.*