



***** **The Plan of the Week** *****
01 SEPTEMBER – 07 SEPTEMBER 2025



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 495 AVERAGE AGE: 82 as of 31JUL25

RESIDENT HAIL / FAREWELL / IN MEMORY OF:

HAIL: Howard LeMaire Jr. (USMC), Hometown: San Mateo, FL
Charles Irwin (USA), Hometown: Los Angeles, CA
Janette Irwin (USA), Hometown: Ewing, NE

FAREWELL: Roger Schulrud (USN), Hometown: Wasau, WI
Laura Kennedy (USN), Hometown: Pensacola, FL

IN MEMORY OF: James Southern (USAF), Hometown: Arpin, WI

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Oregon, known as the “Beaver State” was the 33rd state to establish statehood on 02/14/1859.
- **ROOM INSPECTIONS:** **CORRECTION** B-Tower room inspections will be conducted at in SEPTEMBER as follows: Floors 7 & 8 on 03SEP, Floors 5 & 6 on 10SEP, Floors 4, 3, & 2 on 17SEP. C-Tower will be conducted in October. Room inspections commence at 0900.

RECENT BINGO & TOURNAMENT RESULTS (08/18 – 08/24):

- **BINGO 08/20:** Winner: Stacey Byington **Jackpot:** \$155 (41 Att.)
- **BINGO 08/22:** Winner: Carol Branham **Jackpot:** \$185 (45 Att.)
- **BRIDGE 08/19:** 1st: Ken Switzer, 2nd: Wayland Webb, 3rd: Cylde Hairston
- **HOOK & RING 08/21:** 1st: Ken Switzer, 2nd: Phil Lickliter, 3rd: Joe Blanch

CURRENT ANNOUNCEMENTS:

- **MEDICAL APPOINTMENT TRANSPORTATION REQUESTS:** Residents are required to provide a minimum 2-business day notice for transport requests. We highly recommend that you inform the Scheduler immediately upon receipt of an appointment; don't wait. Transportation is space available with priority given to residents who are unable to drive. Contact the Scheduler via the Wellness Center Reception Desk or call 228-897-4471.
- **TECH SAFETY TIP OF THE WEEK:** Always sign out of online accounts when using shared or public computers. This helps prevent others from accessing your information.
- **THEATER UPDATE:** Due to the humidity levels and temperature fluctuations in the theater, please leave the theater doors open when not in use to protect the new projector. We appreciate your patience and understanding.
- **SHARE YOUR STORY THIS VETERANS DAY:** Our Veterans Day Open House on Friday, November 7 will highlight the stories and talents of our residents. If you would like to display/sell your artwork, share your military memorabilia, or participate in a brief recorded oral history interview, we'd love to include you. Pick up an interest form at the Recreation Desk and return it to Office 1208 in Recreation Services by September 30, 2025.
- **BALCONIES:** Do not throw any objects from your balcony or place items that may blow off in high winds. Recent issues include soft drink cans and other objects being thrown or blown off balconies. Thank you for your cooperation.
- **LIBRARY COPIER:** The Library copier is for resident use only. Residents may make up to 100 free copies per day. The copier will be reset each weekday by 0900. Once the 100-copy limit is reached, the copier will automatically shut off for the day. While there is no copy limit set per person, please avoid making large copy jobs so that other residents also have an opportunity to use the machine.
- **DO NOT INTERACT WITH THE WILDLIFE:** Residents are reminded not to chase the geese with sticks or branches and not to feed them. While it may seem harmless, feeding wildlife, especially bread, can actually harm their health. For the safety of both residents and animals, do not feed or disturb any wild animals on AFRH property. Thank you for helping us keep our campus safe and respectful for all who share it.

Please see Resident Services with questions/concerns regarding announcements.

MONDAY, 01 SEPTEMBER

Labor Day – Federal Offices Closed

- 0900 Catholic Mass (Chapel)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin) *(Monday – Thursday)*
- 1800 **Movie:** *Where the Crawdads Sing* (PG-13, 2:05) Mystery (2022)

TUESDAY, 02 SEPTEMBER

- 0830 Painting Demonstration (Art Studio)
- 0930 RAC Meeting (Theater)
- 1330 **Hearts Tournament** (Club Room) *Sign up in Recreation Services*
- 1330 Art Activity (Community Center)
- 1800 **Movie:** *Brewster's Millions* (PG, 1:41) Comedy (1985)

WEDNESDAY, 03 SEPTEMBER

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1030 **Bookmobile** (Front Drive)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee:** *Last Breath* (PG-13, 1:33) Thriller/True Story (2025)
- 1800 **Movie:** *Sniper 2* (R, 1:31) Action (2002)
- 1830 Evening Bingo (Community Center)

THURSDAY, 04 SEPTEMBER

- 0900 AFRH-G Model Train Room Open (Room C-242) *(0900 – 1100)*
- 0930 **Pong Tournament** (Bocce Center) *Sign up in Recreation Services*
- 1000 KAFB Diabetic Education (Theater)
- 1300 Line Dancing for Beginners (Exercise)
- 1400 *****TBD*****RAC Chair Forum (Community Center)
- 1800 **Movie:** *Devotion* (PG-13, 2:19) War/Action (2022)

FRIDAY, 05 SEPTEMBER

- 0830 **Walmart in Pass Christian** *Sign up in Recreation Services*
- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1045 **Chandeleur Island Brewery Tour & Lunch** *Sign up in Recreation Services*
- 1400 Afternoon Bingo (Community Center)
- 1400 Low Vision Caption Call Phone Seminar (Theater)
- 1800 **Movie:** *Stranded in Paradise* (PG, 1:26) Romance/Comedy (2014)

SATURDAY, 06 SEPTEMBER

- 1800 **Movie:** *Red Right Hand* (R, 1:51) Action (2024)

SUNDAY, 07 SEPTEMBER

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1400 Sunday Bingo (Community Center)
- 1800 **Movie:** *Unbroken* (PG-13, 2:17) War/Action (2014)

If you cannot attend a trip you signed up for, please cross out your name on the list.

SeniorTV Channel Guide: <https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X>

Resident Advisory Committee (RAC) Chair Candidate Nomination(s)

(Received as of 28AUG): King Houston