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23 SEPTEMBER 2024 – 29 SEPTEMBER 2024



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 478 AVERAGE AGE: 82 as of 16SEP24

RESIDENT WELCOME / FAREWELL / IN MEMORY OF:

WELCOME: Jerry McCollum (USAF), Hometown: Cambridge, OH
 David Morris (USN), Hometown: North Charleston, SC
 John Rodas (USAF), Hometown: Prairie du Chien, WI
 Thomas Shields (USA), Hometown: Pittsburgh, PA
 Marilyn Shields (USA), Hometown: Pittsburgh, PA

EMPLOYEE HAIL / FAREWELL:

FAREWELL: Amanda Riall, Social Worker, Healthcare Services

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Montana, known as the “Treasure State”, was the 41st state to establish statehood on 11/08/1889.
- **ROOM INSPECTIONS:** C-Tower room inspections will be conducted in OCT as follows: Floors 8 & 7 on 02OCT24, Floors 6 & 5 on 09OCT24, Floors 4, 3, & 2 on 16OCT24

HEALTHCARE SERVICES NEWS:

- **WELLNESS CENTER AND MEDICATIONS:** Bring all medications to Sick Call and every appointment. Primary Care Providers are required to review each medication at each visit. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased. Failure to bring all medications to your appointment may result that your appointment be rescheduled.

RECENT BINGO & TOURNAMENT RESULTS (09/09 – 09/15):

- **BINGO 9/11:** Winner: Louis Casebonne **Jackpot: \$96 (27 Att.)**
- **BINGO 9/13:** Winner: Louis Casebonne **Jackpot: \$157 (35 Att.)**
- **CRIBBAGE 9/10:** 1st – Joe Patterson, 2nd – Robert Brodeur, 3rd – Wolf Kiessling
- **POOL 9/12:** 1st – Steve Crews, 2nd – Wayland Webb, 3rd – Edith Peters

CURRENT ANNOUNCEMENTS:

- **VETERANS HISTORY PROJECT:** If you are interested in being interviewed for the Veterans History Project, interest sheets and information will be posted at Recreation Services. Please see Librarian with questions.
- **NEW RESIDENT ORIENTATION:** NRO will be held on Thursday, September 26 at 1315 in the Theater.
- **DIABETIC EDUCATION CLASS:** Keesler Air Force Base is hosting a series of Diabetic Education Classes every Thursday throughout September in the Theater at 1000.
- **GUEST ROOMS:** Guest rooms must be reserved by the Resident, NOT the visitor. This ensures that the Resident is aware they are coming and approves of them staying. Check-in is at 1500 and check-out is by 1000.
- **SUICIDE AWARENESS MONTH:** September is Suicide Awareness Month. If you or someone you know is struggling, please know that you are not alone. Reach out for support by calling the Suicide & Crisis Lifeline at 988.
- **TECH TUESDAY:** Tech Tuesday will be held every Tuesday from 1400-1500 in the Library. Please sign-up in Recreation Services.
- **VOLUNTEERS:** New Resident Sponsor volunteers needed. If interested, please see Eric Ball in office 1020 or call 228-897-4417.
- **RECREATION TRIPS:** Sign-up now for the Delta Explorer River Cruise (ADA Accessible) out of Spanish Fort on 17 Oct. for \$30 per person. Minimum 27 people required for tour. Sign up today in Rec. Services, Office 1208. Sign-up deadline is October 7.

Please see Resident Services with questions/concerns regarding announcements.



ARMED FORCES RETIREMENT HOME GULFPORT

23 SEPTEMBER 2024 – 29 SEPTEMBER 2024

MONDAY, 23 SEPTEMBER

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise Room)
- 0930 Indoor Shuffleboard Tournament (Bocce Court) *(Sign up in Recreation Services)*
- 1000 Water Aerobics (Pool)
- 1400 **Piatigorsky Foundation Concert** (Community Center)
- 1800 **Movie Night:** "Guess Who" (PG-13, 105 Min) Farce/Comedy/Romance (2005)

TUESDAY, 24 SEPTEMBER

- 0900 Painting Demonstration (Art Studio)
- 0900 **Beauvoir Jefferson Davis House Tour** *(Sign up in Recreation Services)*
- 0930 RAC Committee Meeting (Community Center)
- 1130 **Mugshots Gulfport** *(Sign up in Recreation Services)*
- 1330 Bowling Tournament (Bowling Center)
- 1400 Tech Tuesday (Library) *(Sign up in Recreation Services)*
- 1800 **Movie Night:** "The Wedding Date" (PG-13, 90 Min) Romance/Comedy (2005)

WEDNESDAY, 25 SEPTEMBER

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise Room)
- 1000 Water Aerobics (Pool)
- 1030 **Bookmobile** (Front Drive) **(1030 – 1130)**
- 1330 Woodshop Safety (Wood Shop)
- 1400 **Popcorn Matinee:** "Olympus Has Fallen" (R, 119 Min) Action/Thriller (2013)
- 1800 **Movie Night:** "Dirty Dancing" (PG-13, 100 Min) Drama/Romance/Music (1987)
- 1830 Bingo (Community Center) **B I N G O**

THURSDAY, 26 SEPTEMBER

- 0900 **KAFB Exchange & Commissary** *(Sign up in Recreation Services)*
- 0900 AFRH-G Model Train Room Open (Room C-242) **(0900 – 1100)**
- 1000 **KAFB Diabetic Education Class** (Theater)
- 1130 **D'Iberville Promenade Trip** *(Sign up in Recreation Services)*
- 1315 **New Resident Orientation** (Theater)
- 1330 Pong Tournament (Bocce Court) *(Sign up in Recreation Services)*
- 1800 **Movie Night:** "Waiting for Forever" (PG-13, 105 Min) Rom/Comedy/Drama (2010)

FRIDAY, 27 SEPTEMBER

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise Room)
- 1000 Water Aerobics (Pool)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie Night:** "Blood Work" (R, 110 Min) Action/Thriller/Mystery/Drama (2002)

SATURDAY, 28 SEPTEMBER

- 0915 Royal Pet Visit (Lobby)
- 1800 **Movie Night:** "It's Complicated" (R, 120 Min) Comedy/Drama/Romance (2009)

SUNDAY, 29 SEPTEMBER

Gold Star Mother's and Family's Day

- 0900 Sunday Mass (Chapel)
- 1030 Protestant Service (Chapel)
- 1800 **Movie Night:** "Suburban Madness" (R, 120 Min) Drama (2004)

DAILY SENIOR TV CHANNEL 4 SCHEDULE:



Town Hall Updates	0700, 1100, 1400	Protestant Services	0800, 1500
RAC Meetings & Updates	1000, 1600, 2200	Daily Exercise Class	0900
Spoken Plan of the Week	0945, 1545	Dry Bar Comedy	1300, 2300
AFRH-G Special Videos	1200, 2100		

All movies are shown in the Theater unless otherwise noted.