

# \* \* \* \* \* \* \* The Plan of the Week \* \* \* \* 25 AUGUST 2025 – 31 AUGUST 2025



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS - Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

**RESIDENT POPULATION:** 494 **AVERAGE AGE:** 82 as of 31JUL25

**RESIDENT HAIL / FAREWELL / IN MEMORY OF:** 

HAIL: JD Harris (USAF), Hometown: Ardmore, OK

Charles (Mike) Gill (USMC), Hometown: Mobile, AL

FAREWELL: Roger Schulrud (USN), Hometown, Wausau, WI

#### **FACILITY NOTES & RESIDENT INFO:**

> GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.

- > ROOM KEYS: Check your room key for expiration date, renewal available 30 days prior.
- > WORK ORDERS: Please call (228) 897-4444 to submit a work order.
- > STATE FLAG FLYING AT FLAGPOLE: Oregon, known as the "Beaver State" was the 33<sup>rd</sup> state to establish statehood on 02/14/1859.
- ➤ **ROOM INSPECTIONS:** A-Tower room inspections will be conducted at in SEPTEMBER as follows: Floors 7 & 8 on 03SEP, Floors 5 & 6 on 10SEP, Floors 4, 3, & 2 on 17SEP. B-Tower will be conducted in October. Room inspections commence at 0900.

## RECENT BINGO & TOURNAMENT RESULTS (08/11 - 08/17):

- > BINGO 08/13: Winner: Joan Harrell
- > BINGO 08/15: Winner: Harry Rhizor Jackpot: \$175 (45 Att.)
- > BINGO 08/17: Winner: Ed Farrell

**Jackpot:** \$150 (32 Att.)

Jackpot: \$172 (40 Att.)

- > POOL 08/12: 1st: Steve Crews, 2nd: Richard Potratz, 3rd: Wayland Webb
- ➤ I/D SHUFFLEBOARD 08/14: 1st: Frank Baker, 2nd: Richard Potratz, 3rd: Wayland Webb

#### **CURRENT ANNOUNCEMENTS:**

- ➤ WE'RE IN STORM SEASON DON'T RUN OUT OF MEDICATIONS: Residents are responsible to ensure that they have a fourteen (14) day minimum supply of medications at all times. It takes an average of (5) business days to process medication requests from when they are dropped off (excluding federal holiday and weekends). We don't offer same day appointments for prescription renewals so plan accordingly and schedule an appointment well before you run out.
- ➤ TECH SAFETY TIP OF THE WEEK: Always sign out of online accounts when using shared or public computers. This helps prevent others from accessing your information.
- THEATER UPDATE: The new projector has been installed and Movie Nights are back on! This is a temporary solution while we work to get the rest of the equipment updated. Due to the humidity levels and temperature fluctuations in the room, please leave the theater doors open when not in use to protect the new projector. We appreciate your patience and understanding as we work through this process.
- ➤ VOLUNTEER OPPORTUNITIES: Do you enjoy films and friendly faces? We're looking for a Movie Host to assist 1–2 days per week in the Theater. Days are flexible and negotiable! Duties are light; set up the movie, welcome residents, and press play. \$\$\$ Stipend is available! Interested? Please contact Eric Ball, Volunteer Coordinator, 228-897-4417.
- SHARE YOUR STORY THIS VETERANS DAY: Our Veterans Day Open House on Friday, November 7 will highlight the stories and talents of our residents. If you would like to display/sell your artwork, share your military memorabilia, or participate in a brief recorded oral history interview, we'd love to include you. Pick up an interest form at the Recreation Desk and return it to Office 1208 in Recreation Services by September 30, 2025.
- ➤ **BALCONIES**: Do not throw any objects from your balcony or place items that may blow off in high winds. Recent issues include soft drink cans and other objects being thrown or blown off balconies. Thank you for your cooperation.
- ➤ LIBRARY COPIER: The Library copier is for resident use only. Residents may make up to 100 free copies per day. The copier will be reset each weekday by 0900. Once the 100-copy limit is reached, the copier will automatically shut off for the day. While there is no copy limit set per person, please avoid making large copy jobs so that other residents also have an opportunity to use the machine

Please see Resident Services with questions/concerns regarding announcements.



## AFRH-G WEEKLY SCHEDULE: 25 AUGUST 2025 – 31 AUGUST 2025



## **MONDAY, 25 AUGUST**

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin) (Monday Thursday)
- 1400 Ice Cream Social & 100th Birthday Celebration (Community Center)
- 1800 **Movie**: *Chef* (R, 1:54) Comedy/Drama (2014)

#### **TUESDAY, 26 AUGUST**

- 0830 Painting Demonstration (Art Studio)
- 0930 RAC Meeting (Theater)
- 0930 Pong Pool Tournament (Bocce Center) Sign up in Recreation Services
- 1330 Art Activity (Community Center)
- 1800 Movie: Old Fashioned (PG-13, 1:55) Romance/Drama (2014)

#### **WEDNESDAY, 27 AUGUST**

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1030 **Bookmobile** (Front Drive)
- 1200 Navy Chief Selectees Lunch with Residents (Dining Hall)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee**: Danger Beneath the Sea (TV, 1:33) Thriller/Action (2001)
- 1800 **Movie**: *The Cowboys* (PG, 2:14) Western (1972)
- 1830 Evening Bingo (Community Center)

#### **THURSDAY, 28 AUGUST**

- 0900 AFRH-G Model Train Room Open (Room C-242) (0900 1100)
- 0930 Yahtzee Tournament (Community Center) Sign up in Recreation Services
- 1000 Abita Brew Pub and Brewery Tour (Wait list only)
- 1300 Line Dancing (Exercise)
- 1315 New Resident Orientation (Theater)
- 1800 Movie: The Sandlot (PG, 1:42) Family/Comedy (1993)

## FRIDAY, 29 AUGUST

#### Hurricane Katrina 20th Anniversary

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1030 Remembering Katrina: Stories of Courage & Community (Community Center)
- 1400 Afternoon Bingo (Community Center)
- 1800 Movie: The Escapist (NR, 1:43) Thriller/Crime (2008)

#### **SATURDAY, 30 AUGUST**

1800 Movie: The Courier (PG-13, 1:51) Thriller/War (2020)

## **SUNDAY, 31 AUGUST**

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1800 Movie: Fireproof (PG, 2:02) Drama/Romance (2008)

If you cannot attend a trip you signed up for, please cross out your name on the list.

Sign-up sheets for September Trips and Tournaments will be posted by Recreation Services at 0830 on Tuesday, August 26.

Senior TV has been updated. New SrTV Channel 2 schedule will be posted soon.

SeniorTV Channel Guide: https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X

Resident Advisory Committee (RAC) Chair Candidate Nomination(s) (Received as of 21AUG): King Houston