

* * * * * * * The Plan of the Week * * * * 04 AUGUST 2025 – 10 AUGUST 2025



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS - Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 489 **AVERAGE AGE:** 82 as of 31JUL25

RESIDENT HAIL / FAREWELL / IN MEMORY OF:

HAIL: Lawrence (Larry) Harper (ARNG) and SA Leela, Hometown: Brandon, MS

FAREWELL: Harold Horkay (USN), Hometown: Chicago, IL

Patrick Lickliter (USN), Hometown: Hominy, OK

Shirley Lickliter, Hometown: Gulfport, MS

STAFF HAIL / FAREWELL:

FAREWELL: FAREWELL: Tu Tran, Nurse Practitioner, Healthcare Services

FACILITY NOTES & RESIDENT INFO:

- > GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.
- > ROOM KEYS: Check your room key for expiration date, renewal available 30 days prior.
- > WORK ORDERS: Please call (228) 897-4444 to submit a work order.
- > STATE FLAG FLYING AT FLAGPOLE: Wisconsin, known as the "Badger State" was the 30th state to establish statehood on 05/29/1848.
- ➤ **ROOM INSPECTIONS:** A-Tower room inspections will be conducted at in AUGUST as follows: Floors 7 & 8 on 06AUG, Floors 5 & 6 on 13AUG, Floors 4, 3, & 2 on 20AUG. B-Tower will be conducted in September. Room inspections commence at 0900.

RECENT BINGO & TOURNAMENT RESULTS (07/21 – 07/27):

➤ BINGO 07/23: Winner: Stacey Byington

- **Jackpot:** \$135 (33 Att.)
- ➤ BINGO 07/18: Winners: Wayland Webb, Ed Farrell
- Jackpot: \$155 (38 Att.)
- > SPADES 0722: 1st: Steve Crews, 2nd: Charles Measamer, 3rd: Fred Schultz
- > WAR 07/24: 1st: Wolf Kiessling, 2nd: Wayland Webb, 3rd: Mary German

CURRENT ANNOUNCEMENTS:

- ➤ MEDICAL APPOINTMENT TRANSPORTATION REQUESTS: Residents are required to provide a minimum 2-business day notice for transport requests. We highly recommend that you inform the Scheduler immediately upon receipt of an appointment; don't wait. Transportation is space available with priority given to residents who are unable to drive. Contact the Scheduler via the Wellness Center Reception Desk or call 228-897-4471.
- ➤ TECH SAFETY TIP OF THE WEEK: If a pop-up appears on your computer warning of a virus or security problem, do not click any links or call any phone numbers listed. These are often scams. Companies will not contact you to offer tech support unless you request it.
- > SAFETY UPDATE & STORAGE REMINDER: For everyone's safety, storing flammable or hazardous materials is strictly prohibited. All items must be kept inside your locked storage unit, not left in hallways or common areas, as they can create egress hazards.
- ➤ ATTENTION RESIDENTS WITH STORAGE UNITS 001–0350: The following items need to be placed fully inside your unit or removed: Rubbermaid Rough Tote (currently by front door). Tow Hitch & Skid Plate (leaned against wall). Please ensure your items are properly stored as soon as possible to remain in compliance with safety regulations.
- ➤ SERVICE PETS FRIENDLY REMINDER: Please remember that service dogs are working animals, not pets. Do not pet, feed, or try to get the attention of a service dog while they are on duty. Always ask the owner for permission before approaching or interacting with their dog. Distractions can interfere with the dog's ability to safely assist their handler.
- ➤ VOLUNTEER OPPORTUNITIES: We're looking for a Recreation Assistant (RA) and Package Room Messenger! The RA will be assisting with tournaments; Package Room Messenger is for Mondays & Saturdays. If interested, please see Eric Ball in office 1020.
- ➤ RESIDENT EMPLOYEE GUIDELINES: (f) Residents will not engage in personal, nonofficial relationships with AFRH-G Employees or contractors beyond the workplace environment. The purpose of this recommendation is to protect Residents from potential exploitation and avoid the appearance of preferential treatment by AFRH-G employees or contractors. (Resident Guide, Page 15)

Please see Resident Services with questions/concerns regarding announcements.



AFRH-G WEEKLY SCHEDULE: 04 AUGUST 2025 – 10 AUGUST 2025



MONDAY, 04 AUGUST

U.S. Coast Guard Birthday – 235 Years

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1000 Coast Guard Birthday Ceremony (Community Center)
- 1800 **Movie**: "The Cincinnati Kid" (NR, 1:42) Drama (1965)

TUESDAY, 05 AUGUST

- 0830 Painting Demonstration (Art Studio)
- 1000 Chair Yoga with Sage Health (Exercise)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1330 Pinochle Tournament (Club Room) Sign up in Recreation Services
- 1330 RAC: Dining Committee Meeting (Volunteer Lounge)
- 1400 Spare Time Bowling (Bocce Center)
- 1800 Movie: "The Lion King" (G, 1:29) Animated/Family/Musical (1994)

<u>WEDNESDAY, 06 AUGUST</u>

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin)
- 1030 **Bookmobile** (Front Drive)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 Popcorn Matinee: "The Green Mile" (R, 3:09) Drama (1999)
- 1800 **Movie**: "Wag the Dog" (R, 1:40) Comedy (1997)
- 1830 Evening Bingo (Community Center)

THURSDAY, 07 AUGUST

- 0900 AFRH-G Model Train Room Open (Room C-242) (0900 1100)
- 0930 Washer Toss Tournament (Bocce Center) Sign up in Recreation Services
- 1000 Protestant Prayer Group & Bible Study (Lord's Cabin)
- 1300 Line Dancing For Beginners (Exercise)
- 1800 **Movie**: "A Guy Thing" (GP-13, 1:41) Comedy/Romance (2003)

FRIDAY, 08 AUGUST

- 0830 Walmart in Pass Christian Sign up in Recreation Services
- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 SeniorTV Focus Group (Community Center)
- 1130 Great Southern Club Lunch Trip Sign up in Recreation Services
- 1400 Afternoon Bingo (Community Center)
- 1800 Movie: "Bernie" (PG-13, 1:44) Comedy/Thriller (2011)

SATURDAY, 09 AUGUST

- 0915 Royal Pet Visits (Lobby)
- 1800 Movie: "Forsaken" (R, 1:30) Western/Action (2015)

SUNDAY, 10 AUGUST

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1800 Movie: "Saving the Tin Man" (TV-PG, 1:39) Drama (2017)

If you cannot attend a trip you signed up for, please cross out your name on the list.

Senior TV has been updated. New SrTV Channel 2 schedule will be posted soon.

SeniorTV Online Guide: https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X

Resident Advisory Committee (RAC) Chair Candidate Nominations

(Received as of 07/31/2025)