The Plan of the Week
29 AUGUST 2022 – 4 SEPTEMBER 2022

24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 403
AVERAGE AGE: 84.19 as of 01AUG22

RESIDENT WELCOME / FAREWELL / IN MEMORY OF:

IN MEMORY OF: Gerald “Jerry” Casaday (USN), Hometown: Tallassee, AL
Dalma “DC” Breland (USA), Hometown: Forrest County, MS

FACILITY NOTES & RESIDENT INFO:

 GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.
 WORK ORDERS: Please call (228) 897-4444 to submit a work order.
 STATE FLAG FLYING AT GATE: Washington, known as the “Evergreen State” was the 42nd state to establish statehood. It achieved statehood on 11/11/1889.
 ROOM INSPECTIONS: B-Tower room inspections will be conducted in SEP as follows: Floors 8 & 7 on 07SEP22, Floors 6 & 5 on 14SEP22, and Floors 4, 3 & 2 on 21SEP22.

HEALTHCARE SERVICES NEWS:

 COVID-19 VACCINES: Are currently not being offered at AFRH. They are available at local drugstores, the VA and Keesler.
 COVID-19 TESTING STATUS: As of 26AUG22, we have NO active cases. Please continue to follow necessary precautions to protect yourselves, particularly outside of the home.
 FLU SHOTS: Flu Shots, for over 65 years of age, will be administered on 31AUG22 at 9-11:00AM and 1-3:00PM in the Community Center.
 KEESLER PHARMACY SERVICES: ALL Keesler Pharmacy Services are at BX Satellite Pharmacy; NOT at Main Hospital Pharmacy. ALL Medication pick-up is at BX Lobby, Drive Thru, or Locker options (register first). Activate NEW prescription at any Hospital Kiosk.

RECENT BINGO & TOURNAMENT RESULTS:

 BINGO 8/17: Winner – Phil Mendenhall, Bill Truitt Jackpot: $80 (Att. – 29)
 CRIBBAGE 8/9: 1st – Dale McElroy, 2nd – David Roth, 3rd – Carol Harmes

CURRENT ANNOUNCEMENTS:

 BILOXI VA WALKATHON: If residents are interested in participating in the Biloxi VA’s Patient Centered Care Walkathon with the Biloxi Shuckers baseball team on 27OCT22 at 1100, please contact Becki Zschiedrich at 228-897-4429.
 HELPING HANDS: Navy Chief Selectees are coming to lend a helping hand to AFRH Residents! They can help with small tasks around your room – move a dresser, turn a mattress, assemble a bookcase, etc. Sign-up sheet is at Recreation. For questions or concerns contact Ombudsman, Master Chief Bradshaw at 897-4404 or stop by his office.
 HOUSE BILL 192: MS House Bill 192 has changed the requirements from 100% to 75% permanent service connected disability to receive up to 2 vehicle and 1 motorcycle license plates for $1.00 each. You must bring VA Letter stating you ARE considered to be totally and permanently disabled due solely to your service-connected disabilities.
 LABOR DAY: Offices will be closed 5SEP22 for the holiday. Please plan accordingly.
 MEMORABILIA COMMITTEE: The Memorabilia Committee, who is responsible for placement and display of memorabilia throughout the Home is looking for resident volunteers. 2- USA, 2- USCG, 1- USMC, and 1- USAF. If interested please contact Fay Jefferson at (563)-249-4772 or the Ombudsman, Master Chief Bradshaw at 897-4404.
 RESIDENT ADVISORY COMMITTEE (RAC) CHAIRMEN CANDIDATE’S FORUM: Residents can get blank Question Forms for the RAC Chairman Candidate’s Forum at Administration, Security, or the Ombudsman office. All forms must be submitted NLT 1200 on 01SEP22 to the Ombudsman or the Chief of Resident Services. The RAC Chairman Candidate’s Forum will be held in the Community Center on 08 SEP22 at 1000.
 RAC CANDIDATES: Current RAC Candidates will be posted outside the Ombudsman office every Monday thru 31AUG22.

Please see Resident Services with questions/concerns regarding announcements.
MONDAY, 29 AUGUST
0900 Exercise Class – Exercise Room
0900 Catholic Mass (Chapel)
0930 RE-SCHEDULED Mystery Tournament – Moved to August 30 @ 0930 (Bocce Center)
1000 Water Aerobics – AFRH Swimming Pool
1030 Quarterly Memorial Service for 2022 –SrTV Channel 4 (Not in Community Center)
1400 Hurricane Katrina @ the AFRH-G Video – SrTV Channel 4
1800 MOVIE on SRTV4: “Big Jake” (PG13, 110 Min) Western (1971)

TUESDAY, 30 AUGUST
0900 Exercise Video – SrTV Channel 4
0900 KAFB Exchange & Promenade Shopping Trip – Sign up in Bocce Center
0930 Mystery Tournament (Re-Scheduled from Monday, Aug. 29th)
1300 Art Time “On your own” – Art Studio
1330 Bridge Tournament Club Room (Rm A-244)
1400 Spare Time Bowling: – Bowling Center
1800 MOVIE on SRTV4: “Blacklight” (PG13, 104 Min) Action (2022)

WEDNESDAY, 31 AUGUST
0900 Exercise Class – Exercise Room
0900 Catholic Mass (Chapel)
1000 Water Aerobics – AFRH Swimming Pool
1130 Luau Lunch – Dining Hall (Rec Svcs will provide Tropical Beverages at Lunch)
1300 Woodshop Certification – Woodshop
1830 Bingo – Community Center (RM 1109)

THURSDAY, 1 SEPTEMBER
0900 Exercise Video – SrTV Channel 4
1300 Art Time “On your own” – Art Studio
1800 MOVIE on SRTV4: “30 Seconds over Tokyo” (NR, 138 Min) Drama (1944)

FRIDAY, 2 SEPTEMBER
0900 Exercise Class – Exercise Room
0900 Catholic Mass (Chapel)
1000 Water Aerobics – AFRH Swimming Pool
1400 Afternoon Bingo – Community Center (RM 1109)

SATURDAY, 3 SEPTEMBER
1800 MOVIE on SRTV4: “Rawhide” (NR, 89 Min) Drama (1951)

SUNDAY, 4 SEPTEMBER
0900 Sunday Mass (Chapel)
1030 Protestant Service – (Chapel)

SrTV Channel 4 Programming Schedule
Administrative Updates – 0600, 1000, 1100, 1400, & 2200
Spoken Plan of the Week – 0945 & 1545
Protestant Service – 0800 &1500
Quarterly Memorial Service – 0845, 1200, & 2230
Exercise Class Video – 0900
Dry Bar Comedy Video – 0700, 1600, & 2300
Virtual Travels – 1300 & 2100
Fall Prevention Video – 0930
Dial 988 Suicide Hotline Video – 1030, 1430, & 1700
AFRH-G Movie Feature – 1800 Wednesday Matinee - 1400

Be sure to also visit SrTV Channel 2 for more information regarding AFRH activities & Menus.