

* * * * * The Plan of the Week * * * * * * * 21 JULY 2025 – 27 JULY 2025



24/7 SECURITY (228)897-4418 24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 489 **AVERAGE AGE:** 82 as of 30JUN25 **RESIDENT HAIL / FAREWELL / IN MEMORY OF:**

> **HAIL:** Jere Strayhorn (USN), Hometown: Cumming, GA Richard Kauffman (USAF), Hometown: Fayetteville, PA

IN MEMORY OF: BettyLu Scheer-Dennis (USN), Hometown: Aurora, IN

STAFF HAIL / FAREWELL:

HAIL: Natifa Christian, Licensed Practical Nurse, Healthcare ServicesFAREWELL: Kim Morgan, Licensed Practical Nurse, Healthcare ServicesKaren Jarvis, Licensed Practical Nurse, Healthcare Services

FACILITY NOTES & RESIDENT INFO:

- > GATE HOUSE: Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- > WORK ORDERS: Please call (228) 897-4444 to submit a work order.
- STATE FLAG FLYING AT FLAGPOLE: Texas, known as the "Lone Star State" was the 287th state to establish statehood on 12/29/1845.
- ROOM INSPECTIONS: A-Tower room inspections will be conducted at in AUGUST as follows: Floors 7 & 8 on 06AUG, Floors 5 & 6 on 13AUG, Floors 4, 3, & 2 on 20JUL. B-Tower will be conducted in September. Room inspections start at 0900.

RECENT BINGO & TOURNAMENT RESULTS (07/07 - 07/13):

- > BINGO 07/09: Winner: Marty Bruchis
- BINGO 07/04: Winner: Johnny Fuselier

Jackpot: \$170 (38 Att.) Jackpot: \$125 (38 Att.)

- DARTS 07/08: 1st: Paul Smith, 2nd: Ken Switzer, 3rd: Phil Lickliter
- > PONG 07/10: 1st: Wayland Webb, 2nd: Steve Crews, 3rd: Frank Baker

CURRENT ANNOUNCEMENTS:

- WE'RE IN STORM SEASON DON'T RUN OUT OF MEDICATIONS: Residents are responsible to ensure that they have a fourteen (14) day minimum supply of medications at all times. It takes an average of (5) business days to process medication requests from when they are dropped off (excluding federal holiday and weekends). We don't offer same day appointments for prescription renewals so plan accordingly and schedule an appointment well before you run out.
- TECH SAFETY TIP OF THE WEEK: If you receive a call from someone claiming to be a grandchild, friend, or family member needing emergency money, verify the situation before sending any funds. Scammers often pose as loved ones.
- HANDY HELPERS: Need a hand? Active Duty Navy volunteers will be on campus Friday, August 1 from 0830-1100 to help with small tasks like turning a mattress (please strip your bed), moving furniture, or assembling items. Volunteers work in pairs and cannot accept tips or assist with anything involving personal or financial info. Sign-up at Recreation.
- BUZZ-WORTHY NEWS: There are new residents buzzing around AFRH-G! Some new beehives have been placed near the garden plots, now home to approximately 20,000 honey bees. These busy newcomers will help pollinate the gardens and add a little extra buzz to our community. Please enjoy from a distance and do not disturb the hives.
- RECREATION TRIPS: If you use a PMD, walker, or wheelchair and require the bus lift for boarding, please arrive 30 minutes prior to departure and inform the trip caller that you will need to use the lift. Once general loading begins—15 minutes before departure—the lift will no longer be available for boarding. Please see the Lead Rec. Specialist with questions.
- GARAGE PARKING: To keep our garage safe and accessible for everyone, please park your vehicle within the white lines, as straight as possible, and pulled fully up to the curb. Each room is permitted one (1) vehicle in the garage; any additional vehicles must be parked in the overflow lot. Thank you for helping maintain an organized parking area for all. *Please see Resident Services with questions/concerns regarding announcements.*

VOLUNTEER OPPORTUNITIES: We're looking for a Recreation Assistant (RA) and Package Room Messenger! The RA will be assisting with tournaments; Package Room Messenger is for Mondays & Saturdays. If interested, please see Eric Ball in office 1020.

THE WEEK AHEAD

AFRH-G WEEKLY SCHEDULE: 21 JULY 2025 – 27 JULY 2025



MONDAY, 21 July

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord's Cabin) (Monday Thursday)
- 1000 Tournament Meeting for Current Players (Theater)
- 1400 Ice Cream Social with the 81st Medical Group KAFB (Community Center)
- 1800 Movie: "The Best Years of Our Lives" (NR, 2:52) War (1946)

<u>TUESDAY, 22 JULY</u>

- 0900 Painting Demonstration (Art Studio)
- 1330 Spades Tournament (Club Room) Sign up in Recreation Services
- 1800 Movie: "Under the Tuscan Sun" (PG-13, 1:53) Romance (2003)

WEDNESDAY, 23 JULY

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1030 Bookmobile (Front Drive)
- 1330 Woodshop Safety Course (Woodshop)
- 1330 Bowling with the Bougainville (Bowling Alley)
- 1400 Popcorn Matinee: "The Sand Lot" (PG, 1:42) Comedy (1993)
- 1800 Movie: "North to Alaska" (NR, 2:02) Western (1960)
- 1830 Evening Bingo (Community Center)

<u>THURSDAY, 24 JULY</u>

- 0845 KAFB Exchange Sign up in Recreation Services
- 0900 AFRH-G Model Train Room Open (Room C-242) (0900 1100).
- 0930 War Tournament (Community Center) Sign up in Recreation Services
- 1130 Hard Rock Casino and Hard Rock Café Sign up in Recreation Services
- 1300 Line Dancing (Exercise Room)
- 1330 New Resident Orientation (Theater)
- 1800 Movie: "The Incredible Mr. Limpet" (G, 1:42) Comedy (1964)

FRIDAY, 25 JULY

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Korean War Veterans Armistice Day Ceremony (Community Center)
- 1000 Water Aerobics (Pool)
- 1400 Afternoon Bingo (Community Center)
- 1800 Movie: "All the President's Men" (PG, 2:18) Thriller (1976)

SATURDAY, 26 JULY

- 0915 Royal Pet Visits (Lobby)
- 1800 Movie: "Johnson County War: Part 1" (TV-14, 2:00) Western (2002)

SUNDAY, 27 JULY

- 0900 Catholic Sunday Mass (Chapel)
- 1015 Protestant Service (Theater)
- 1800 Movie: "Jesus Revolution" (PG-13, 2:00) Drama (2023)

If you cannot attend a trip you signed up for, please cross out your name on the list. Senior TV is being updated. New SrTV schedule will be posted soon.

Resident Advisory Committee (RAC) Chair Candidate Nominations

(Received as of Thursday Morning)

King Houston