11 JULY 2022 – 17 JULY 2022

24/7 SECURITY (228)897-4418   24/7 WELLNESS CLINIC: (228)897-4450

**RESIDENT WELCOME / FAREWELL / IN MEMORY OF:**

**WELCOME:**
- Gerald “Jerry” Casaday (USN), Hometown: Gulfport, MS
- Raymond P. Keon (USN), Hometown: Hampton, VA
- Albert “Peter” LaFond (USN), Hometown: Slidell, LA

**FAREWELL:**
- LaTara Windham, Licensed Practical Nurse, Healthcare Services

**RESIDENT POPULATION:** 408  **AVERAGE AGE:** 84.22 as of 01JUL22

**MEALS – Breakfast:** 0700 - 0830  **Lunch:** 1130 - 1300  **Supper:** 1630 - 1800

**EMPLOYEE / WELCOME / FAREWELL:**

**WELCOME:**
- Lediosa McBride, Clinical Nurse, Healthcare Services

**FAREWELL:**
- cameo McBride, Clinical Nurse, Healthcare Services

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT GATE:** West Virginia, the “Mountain State” was the 35th state to establish statehood. It was established on 20JUN1863.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted in July as follows: Floors 6 & 5 on 13JUL22, and Floors 4, 3 & 2 on 20JUL22. C-Tower will be in August.

**HEALTHCARE SERVICES NEWS:**

- **HEALTHCARE LEADERSHIP:** Debora Joiner, Chief 228-897-4480, Julia Goode, Wellness Center Manager, 228-897-4477 and Beatrice Overby, Director of Nursing 228-897-4523.
- **COVID-19 TESTING:** AFRH-G is conducting 100% testing of staff and residents. Keesler was here on 08JUL22 and conducted testing in the towers. If you did not test last week, please see Healthcare Services.
- **MASKS ARE REQUIRED IN WELLNESS – NO EXCEPTIONS:** Refusal to wear a Mask is your refusal of services. Current guidance is that masks are required outside of your rooms. We appreciate your cooperation.
- **TRANSPORTATION:** While using AFRH vehicles please wear masks at all times, use hand sanitizer! Stay Safe!

**RECENT BINGO & TOURNAMENT RESULTS:**

- **BINGO 6/29:** Winner – Frank Teal, Bob Smyth  **Jackpot:** $71 (Att. – 24)
- **BINGO 7/1:** Winner – Ben Raftesaeth  **Jackpot:** $66 (Att. – 25)
- **PONG 6/27:** 1st – Jim Hayden, 2nd – Wolf Kiesling, 3rd – Ernie Fowler
- **MYSTERY 6/28:** 1st – Frank Baker, 2nd – Doris Denton, 3rd – Mary German

**CURRENT ANNOUNCEMENTS:**

- **COVID PROTOCOL UPDATES:** As a precautionary measure, AFRH-G has implemented new COVID protocols effective 01JUL22 due to the increase of cases within the community and AFRH. These changes are posted in the elevators, copies can be picked up at Security and Administration. If there are questions, please see Administration.
- **GARBAGE ROOMS:** Please ensure boxes are broken down and left in the garbage room.
- **MENUS:** Menus are constantly evaluated by the dining staff and AFRH, along with input from Resident Dining Committee. Based on resident suggestions, for Cycle 5 (11-17July) we will be planning a “Grill Night” (in place of breakfast night) on Wednesday July 13th Dinner meal. We hope you will enjoy this change and we look forward to feedback. Questions or suggestions? Please see the Dining COR in Administration.
- **PMD/ROLLATOR PARKING:** Please do not park rollators and PMDs in the elevator lobbies in the garage area. Parking these items in the elevator lobbies make it difficult for others to enter and exit the elevators safely.
- **RAC MEETING:** There will be a RAC Meeting 12JUL22 @0900 in the Community Center.
- **TELEPHONES:** Due to phone issues, please dial 228-897-XXXX to call staff. Also, voicemail systems are currently down so please call back if your call is not answered. Please see Resident Services with questions/concerns regarding announcements.
MONDAY, 11 JULY
0900 Exercise Class– Exercise Room
0900 Catholic Mass (Chapel)
0930 Yahtzee Tournament – Community Center (RM 1109) Sign up in Rec Svcs
1000 Water Aerobics Class – AFRH Swimming Pool
1330 Pinochle Tournament – Club Room (RM A-244) Sign up in Rec Svce
1800 National Parks Series on SRTV4: “The Scripture of Nature” (1851-1890)

TUESDAY, 12 JULY
“Tropical Tuesday” Wear your tropical shirts today!
0900 Exercise Video – SrTV Channel 4
1300 “Tropical” Art Activity– Art Studio (RM 1236)
1130-1330 Tropical Drinks at Lunch (“on the rocks”) provided by Rec Svcs
1330 Cribbage Tournament – Club Room (RM A-244) Sign up in Rec Svcs
1400 Spare Time Bowling: – Bowling Center

WEDNESDAY, 13 JULY
0900 Exercise Class– Exercise Room
0900 Catholic Mass (Chapel)
1000 Water Aerobics Class – AFRH Swimming Pool
1300 Woodshop Certification- Woodshop
1830 Bingo – Community Center (RM 1109)

THURSDAY, 14 JULY
“Sports Team Day” Wear your favorite team’s jersey!
0900 Exercise Video – SrTV Channel 4
0930 Table Shuffleboard Tournament – Bocce Center (RM 1025) Sign up in Rec Svcs
1000 Bible Study – Chapel Kitchen
1300 Art Activity – Art Studio (RM 1236)
1330 Cooper Pet Visit – Front Lobby
1400 Fleet Reserve Meeting – Theater

FRIDAY, 15 JULY
“Red Shirt Friday”
0900 Exercise Class– Exercise Room
0900 Catholic Mass (Chapel)
1000 Water Aerobics Class – AFRH Swimming Pool
1000-1400 Blind Rehab Visit – Resident Meeting Room by Lord’s Cabin
1400 Afternoon Bingo – Community Center
1800 National Parks Series on SRTV4: “The Last Refuge” (1890 -1915)

SATURDAY, 16 JULY
0800 Oasis Grill @ Centennial Plaza Breakfast Trip – Sign up in Rec Svcs
0915 Royal Pet Visit – Front Lobby
1200 Gulf Coast Big Rig Truck Show – Sign up in Rec Svcs
1800 MOVIE on SRTV4: “Father Stu” (R, 124 Min) Bio (2022)

SUNDAY, 17 JULY
0900 Sunday Mass (Chapel)
0930 Sunday School – Chapel Kitchen
1030 Protestant Service – (Chapel)
1800 MOVIE THEATER: “Curious Case of Benjamin Button” (PG13, 166 Min) Drama (2008)

JULY IS NATIONAL PARKS & RECREATION MONTH:
Be sure to check out all the recreational activities and events on the calendar and Join us in all the fun! Including Special Themed dress up days and a Nat’l Park Video Series