



\* \* \* \* \* **The Plan of the Week** \* \* \* \* \*

**16 JUNE 2025 – 22 JUNE 2025**



**24/7 SECURITY (228)897-4418**

**24/7 WELLNESS CLINIC: (228)897-4450**

**MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800**

**RESIDENT POPULATION: 491 AVERAGE AGE: 82 as of 31MAY25**

**HAIL / FAREWELL / IN MEMORY OF:**

**IN MEMORY OF:** David Lauten (USN), Hometown: Houston, TX

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Maine, known as the “Pine Tree State” was the 23<sup>rd</sup> state to establish statehood on 3/15/1820.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted in JUNE as follows: Floors 4, 3, & 2 on 18JUN. C-Tower will be conducted in July.

**RECENT BINGO & TOURNAMENT RESULTS (06/02 – 06/08):**

- **BINGO 06/04:** Winner: Marian Swarbrick **Jackpot: \$132 (38 Att.)**
- **BINGO 06/06:** Winner: Lisa Noll **Jackpot: \$151 (38 Att.)**
- **YAHTZEE 06/02:** 1<sup>st</sup>: Miller Rehm, 2<sup>nd</sup>: Steve Crews, 3<sup>rd</sup>: Carol Harmes
- **CORN TOSS 06/03:** 1<sup>st</sup>: Frank Baker, 2<sup>nd</sup>: Wolf Kiessling, 3<sup>rd</sup>: Richard Potratz
- **I/D GOLF PUTTING 06/05:** 1<sup>st</sup>: Wolf Kiessling, 2<sup>nd</sup>: Kieth Hall, 3<sup>rd</sup>: Richard Potratz

**CURRENT ANNOUNCEMENTS:**

- **DON'T RUN OUT OF MEDICATIONS:** Residents are responsible to ensure that they have a fourteen (14) day minimum supply of medications at all times. It usually takes (5) business days to process medication requests from when they are dropped off (excluding federal holiday and weekends). We don't offer same day Wellness Clinic appointments for prescription renewals so plan accordingly and schedule an appointment before you run out. This is especially important during Hurricane Season.
- **TECH SAFETY TIP:** Use strong passwords that include a combination of letters, numbers, and symbols. Avoid using easily guessed info like birthdays or pet names.
- **VOLUNTEERS NEEDED:** Recreation Services is seeking Recreation Assistants to assist with Recreation events on a temporary basis. If you are interested, or would like more information, contact Eric Ball, Volunteer Coordinator, in room 1020 or at 228-897-4417.
- **LAPTOP BATTERIES:** These batteries can swell due to age, overuse, overcharging, or heat exposure. It is a good practice to only charge your laptop when it is necessary, with plenty of ventilation, and not overnight. Take caution handling swollen batteries and do not dispose of them in the trash, as they can pose a fire hazard.
- **KAFB COMMISSARY GROCERY DELIVERY:** Click2Go shopping is available at the Keesler AFB Commissary for eligible veterans. Orders must be placed by midnight on Tuesday for Thursday delivery. For details on eligibility and the ordering process, visit [shop.commissaries.com](http://shop.commissaries.com).
- **CHAPEL KITCHEN / MEETING ROOMS:** The Chapel Kitchen and Meeting Rooms must be reserved in advance at the Lord's Cabin. Safety training from the Safety Officer is required prior to using the Chapel Kitchen.
- **LIBRARY COPIER:** The Library copier is for resident use only. Up to 100 free copies are available each weekday by 0900. Once 100 copies have been made, the copier will automatically shut off for the day.
- **RECREATION TRIPS:** If you've signed up for a trip but your plans change, please take a moment to remove your name from the sign-up sheet before the deadline. For many outings, we're required to give an accurate headcount ahead of time for reservations or group arrangements. When spaces are left unused, it not only means someone else may have missed out — it can also make it harder for us to maintain strong partnerships with the places we visit. We appreciate your help in keeping things running smoothly.

***Please see Resident Services with questions/concerns regarding announcements.***

MONDAY, 16 JUNE

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1330 **Pool Tournament (Club Room)** *Sign Up in Recreation Services*
- 1800 **Movie:** “Gran Torino” (R, 1:56) Drama (2008)

TUESDAY, 17 JUNE

- 0900 Painting Demonstration (Art Studio)
- 0930 **Outdoor Shuffleboard Tournament** *Sign Up in Recreation Services*
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1000 MWR Meeting (Volunteer Lounge)
- 1130 **Monthly Birthday Luncheon (Dining Hall)**
- 1800 **Movie:** “The Sons of Katie Elder” (A, 2:02) Western/Drama (1965)

WEDNESDAY, 18 JUNE

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 **AFRH Town Hall** (Community Center)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1030 Bookmobile (Front Drive)
- 1100 **United States Marine, Inc. Tour**
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee:** “Rescue Dawn” (PG-13, 2:05) Adventure/Survival (2006)
- 1400 How to Build a Computer from Scratch with Kelly Rainwater (Volunteer Lounge)
- 1415 **Island View Casino** *Sign Up in Recreation Services*
- 1800 **Movie:** “American Graffiti” (PG, 1:50) Teen Comedy/Drama (1973)
- 1830 Evening Bingo (Community Center)

THURSDAY, 19 JUNE

Juneteenth Federal Holiday

- 0900 AFRH-G Model Train Room Open (Room C-242) **(0900 – 1100).**
- 1000 Protestant Prayer Group & Bible Study (Lord’s Cabin)
- 1300 Line Dancing (Exercise Room)
- 1400 American Legion Meeting (Theater)
- 1400 Genealogy (Computer Learning Center)
- 1800 **Movie:** “Draft Day” (PG-13, 1:50) Football/Drama/Sport (2014)

FRIDAY, 20 JUNE

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie:** “The Night They Came Home” (R, 1:45) Western (2024)


SATURDAY, 21 JUNE

- 0900 **Gulf Coast VW Club Cruise-In and Car Show** (Front Drive)
- 1800 **Movie:** “All the Devils Men” (R, 1:39) Action/Thriller (2018)

SUNDAY, 22 JUNE

- 0900 Catholic Sunday Mass (Chapel)
- 1030 Protestant Service **(Theater)**
- 1800 **Movie:** “Matthew, Part 2” (TV-G) Drama (1993)

DAILY SENIOR TV CHANNEL 4 SCHEDULE:

	Town Hall Updates	0700, 1100, 1400	Protestant Services	0800, 1500
	RAC Meetings & Updates	1000, 1600, 2200	Daily Exercise Class	0900
	AFRH-G Special Videos	1200, 2100	Dry Bar Comedy	1300, 2300

All movies are shown in the Theater.

If you cannot attend a trip you signed up for, please cross out your name on the list.