



\*\*\*\*\* **The Plan of the Week** \*\*\*\*\*  
**19 MAY 2025 - 25 MAY 2025**



**24/7 SECURITY (228)897-4418**

**24/7 WELLNESS CLINIC: (228)897-4450**

**MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800**

**RESIDENT POPULATION: 492 AVERAGE AGE: 82 as of 21APR25**

**RESIDENT HAIL / FAREWELL / IN MEMORY OF:**

**WELCOME:** Joel (Pat) Matthews (TN ANG), Hometown: Nashville, TN  
Sheryl Heavilin (USA), Hometown: Bolivar, OH

**IN MEMORY OF:** Laurance Doby (USAF), Hometown: Plasterco, TX

**STAFF HAIL / FAREWELL:**

**FAREWELL:** Micheline Bailey, Certified Nursing Assistant, Healthcare Services  
Lisa Bradford, Certified Nursing Assistant, Healthcare Services  
Regina Catrett, Certified Nursing Assistant, Healthcare Services  
Norman Foskey, Assistant Supervisory Clinical Nurse, Healthcare Services  
Mazrine Hardy, Certified Nursing Assistant, Healthcare Services  
Kimberly 'Lisa' Jimenez, Certified Nursing Assistant, Healthcare Services  
James Morgan, Licensed Practical Nurse, Healthcare Services

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Indiana, known as the “Hoosier State” was the 19<sup>th</sup> state to establish statehood on 12/11/1816.
- **ROOM INSPECTIONS:** A-Tower room inspections will be conducted in MAY as follows: Floors 4, 3, & 2 on 21MAY. B-Tower will be conducted in June.

**RECENT BINGO & TOURNAMENT RESULTS (05/05 – 05/11):**

- **BINGO 05/07:** Winner: Tom Wilson **Jackpot: \$137 (36 Att.)**
- **BINGO 05/09:** Winner: Joe Chappel **Jackpot: \$158 (38 Att.)**
- **O/D SHUFFLEBOARD 05/05:** 1<sup>st</sup>: Roger Versluys, 2<sup>nd</sup>: Paul Smith, 3<sup>rd</sup>: Ken Switzer
- **HEARTS 05/06:** 1<sup>st</sup>: Carol Harmes, 2<sup>nd</sup>: Paul Smith, 3<sup>rd</sup>: Frank Baker

**CURRENT ANNOUNCEMENTS:**

- **WELLNESS CENTER AND MEDICATIONS:** Bring all medications to Sick Call and to every appointment. Primary Care Providers are required to review each medication at each visit. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased. If you are unable to retrieve your medications in a timely manner, the Provider may direct that your appointment be rescheduled.
- **REAL ID:** Starting May 7, 2025, the federal government requires a REAL ID for domestic air travel and entry into some federal buildings. If your driver's license doesn't have a star, it's likely not compliant. A passport or military ID will also work. Visit your DMV to upgrade and avoid travel disruptions. More info: [dhs.gov/real-id](https://dhs.gov/real-id)
- **CARRY THE LOAD:** Staff and residents are encouraged to participate in the upcoming Carry the Load 1-mile walk around our campus following a short opening ceremony on May 21 at 1000. This national movement honors and remembers the sacrifices of military service members, veterans, first responders, and their families. Shorter route options will be available. To help amplify the message, gates will be open to the public during the walk. Please note: public access is limited to the outdoor grounds only.
- **CHAPEL KITCHEN / MEETING ROOMS:** If you would like to use the Chapel Kitchen or Meeting Rooms, they must be reserved in the Lord's Cabin. Residents wanting to use the Chapel Kitchen must first receive Safety Training through Frank Bermudez, Safety Officer.
- **COMPUTER ROOM / SPORTS ZONE:** The computer room is a public computer center. It can be used for recreational or educational purposes. It cannot be used for harassment or to download, view, or store obscene images or other such material (pornography). Reference AFRH SOP G-RS-REC-5-08.
- **FEEDING ANIMALS:** Please do not feed the birds on your balcony or patio, and do not feed any wild animals on the AFRH grounds.

***Please see Resident Services with questions/concerns regarding announcements.***

MONDAY, 19 MAY

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 0930 **War Tournament** (Community Center) (*Sign Up in Recreation Services*)
- 1000 Water Aerobics (Pool)
- 1000 Protestant Prayer Group (Lord’s Cabin) (*Monday – Thursday*)
- 1000 American Sign Language Class (Exercise Room)
- 1400 **Ice Cream Social with the Gulfport Fire Department**
- 1800 **Movie:** “*The Glass Bottom Boat*” (A, 1:50) Farce/RomCom/Spy (1966)

TUESDAY, 20 MAY

- 0900 Painting Demonstration (Art Studio)
- 1000 MWR Meeting (Volunteer Lounge)
- 1130 **Birthday Luncheon** (Dining Hall) (Pictures at 1115)
- 1400 Tech Tuesday (Library)
- 1800 **Movie:** “*At Middleton*” (R, 1:39) Comedy/Romance (2013)
- 1830 ~~Nativity BVM Patriotic Concert (Community Center)~~ **CANCELLED**

WEDNESDAY, 21 MAY

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise)
- 1000 Water Aerobics (Pool)
- 1000 **Carry the Load – 1 Mile Walk & Ceremony (Front Drive)**
- 1330 Woodshop Safety (Woodshop)
- 1400 The Piatigorsky Foundation Concert (Community Center)
- 1400 **Popcorn Matinee:** “*September 5*” (R, 1:35) Docudrama/Tragedy/Drama (2024)
- 1800 **Movie:** “*The Bridge at Remagen*” (R, 1:55) Action/Drama/War (1969)
- 1830 Bingo (Community Center)

THURSDAY, 22 MAY

- 0900 AFRH-G Model Train Room Open (Room C-242) **(0900 – 1100).**
- 0900 RAC – Women Veterans Recognition Meeting (Theater)
- 1000 **AFRH Town Hall (Community Center – RESCHEDULED FROM WEDNESDAY!)**
- 1300 Line Dancing (Exercise Room)
- 1330 **New Resident Orientation** (Theater)
- 1330 **Cribbage Tournament** (Club Room) (*Sign Up in Recreation Services*)
- 1800 **Movie:** “*Elvis*” (PG-13, 2:39) Docudrama/Epic/Biography/Drama (2022)

FRIDAY, 23 MAY

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class (Exercise Room)
- 0900 **Memorial Day Ceremony** (Pool Deck)
- 1000 Water Aerobics (Pool)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie:** “*Skyline*” (PG-13, 1:32) Alien Invasion/Action/Sci-Fi/Thriller (2019)


SATURDAY, 24 MAY

- 1800 **Movie:** “*Alpha*” (PG-13, 1:36) Quest/Adventure/Drama (2018)

SUNDAY, 25 MAY

- 0900 Catholic Sunday Mass (Chapel)
- 1030 Protestant Service (**Theater**)
- 1800 **Movie:** “*The Gospel of Mark*” (NR, 2:03) Drama (2015)

DAILY SENIOR TV CHANNEL 4 SCHEDULE:

	Town Hall Updates	0700, 1100, 1400	Protestant Services	0800, 1500
	RAC Meetings & Updates	1000, 1600, 2200	Daily Exercise Class	0900
	AFRH-G Special Videos	1200, 2100	Dry Bar Comedy	1300, 2300

All movies are shown in the Theater.

If you cannot attend a trip you signed up for, please cross out your name on the list.