



***** **The Plan of the Week** *****

22 APRIL 2024 – 28 APRIL 2024



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 455

AVERAGE AGE: 82.60 as of 01APR24

RESIDENT WELCOME / FAREWELL / IN MEMORY OF:

WELCOME:

Arden Smith (USAF), Hometown: Dayton, OH
Thomas “Tom” Bielawski (USAF), Hometown: Murrietta, CA
Daniel “Danny” Lunsford (USN), Hometown: Ocean Springs, MS

IN MEMORY OF:

Donald Smith (USA), Hometown: Mt. Vernon, NY

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **ROOM KEYS:** Check your room key for expiration date, renewal available 30 days prior.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Indiana, known as the “Hoosier State” was the 19th state to establish statehood. It achieved statehood on 12/11/1816.
- **ROOM INSPECTIONS:** A-Tower room inspections will be conducted in MAY as follows: Floors 8 & 7 on 01MAY24, Floors 6 & 5 on 08MAY24, Floors 4, 3, & 2 on 15MAY24.

HEALTHCARE SERVICES NEWS:

- **WELLNESS CENTER AND MEDICATIONS:** Bring all medications to Sick Call and every appointment. Primary Care Providers are required to review each medication at each visit. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased. If you are unable to retrieve your medications in a timely manner, the Provider may direct that your appointment be rescheduled.

RECENT BINGO & TOURNAMENT RESULTS:

- **BINGO 4/10:** Winner – Margie Scott **Jackpot: \$101 (34 Att.)**
- **BINGO 4/12:** Winner – Marian Swarbrick **Jackpot: \$128 (37 Att.)**
- **BOCCE 4/11:** 1st – Steve Crews, 2nd – Wayland Webb, 3rd – Wolf Kiessling
- **BRIDGE 4/15:** 1st – Michael Cissell, 2nd – Wayland Webb, 3rd – Kelly Rainwater



CURRENT ANNOUNCEMENTS:

- **BLINDS:** The windows are tinted on the building to protect from the sun. However, they do not prevent people from seeing in your room at night time. Please remember to close your blinds to protect your privacy and prevent people from seeing things they shouldn't.
- **BUSINESS CENTER:** The Business Center will be closed on Friday, April 26th. They will re-open on Monday, April 29th. Please plan accordingly.
- **MEAL TICKET SALES:** Meal ticket sales are DEBIT/CREDIT CARD ONLY. We will no longer be accepting cash payments.
- **PEST CONTROL MITIGATION:** To help reduce pests in the Dining Hall, the exterior doors in the Dining Hall and Spiro's will be EXIT ONLY. Signs have been posted on doors to inform of the change. Please see John Cunningham, Dining COR, for any questions.
- **PMDS:** PMDs should not be left in or between parking spaces or in the parking garage for storage. All PMDs should be stored in your apartment or storage locker. Contact Dale in Security at 228-897-4435 for any questions.
- **SAFETY – RV CHARGING STATION:** Electrical extension cords should NOT be left plugged in or left unattended (they are intended for temporary use) NOR should they be ran across the driveway.
- **STORAGE UNITS:** One storage is assigned to each room. Storage units can be loaned between Residents by completing the paperwork in Resident Services. Please do not put items in lockers that do not belong to you without completing the necessary paperwork.
- **VEHICLES:** If you accidentally hit another vehicle on campus, please ensure you report it to Security and leave a note for the owner of the vehicle so they are aware of the situation.
- **VOLUNTEERS NEEDED:** Sponsors and Thrift Store volunteers needed. Please contact Rosie at 228-897-4417 or stop by office #1020.


Please see Resident Services with questions/concerns regarding announcements.




ARMED FORCES RETIREMENT HOME GULFPORT

22 APRIL 2024 – 28 APRIL 2024

MONDAY, 22 APRIL

- 0900 Catholic Mass (Chapel)
- 0900 Exercise Class – Exercise Room
- 1000 Line Dance Class – Exercise Room
- 1400 **Ice Cream Social** – Community Center (RM 1109) 
- 1800 MOVIE in Theater: *“The Stalking Moon”* (G, 109 Min) Western (1968)





TUESDAY, 23 APRIL

- 0900 Exercise Video – SrTV Channel 4
- 0900 Painting Demonstration – Art Studio
- 1000 **AFRH-G Annual Volunteer Recognition Ceremony** – Community Center
- 1400 Spare Time Bowling – Bowling Center
- 1500 Beginner Android Class – Computer Learning Center 
- 1800 MOVIE in Theater: *“Hello My Name Is Doris”* (R, 90 Min) Comedy (2015)

WEDNESDAY, 24 APRIL

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 0900 **NCBC Exchange Trip** – Sign up in Rec Svcs 
- 1030-1130 **Library Book Mobile Visit** – Outside Front Lobby 
- 1130 **D’Iberville Promenade Shopping/ Lunch Trip** – Sign up in Rec Svcs 
- 1400 **POPCORN MATINEE:** *“Masters of the Air”* Ep. 5&6 (TVMA, 120 Min) Action (2024)
- 1800 MOVIE in Theater: *“Twelve O’clock High”* NR, 132 Min) War (1949)
- 1830 Bingo – Community Center 


THURSDAY, 25 APRIL

- 0830 **Biloxi Farmers Market Trip** – Sign up in Rec Svcs 
- 0900 Exercise Video – SrTV Channel 4
- 0900-1100 AFRH-G Model Train Room Open – Room C-242
- 0930 Indoor Golf Putt Tournament – Bocce Center (*Sign up in Rec Svcs*)
- 1030 **Local Thrift Store & Antique Store Trips** – Sign up in Rec Svcs 
- 1330 New Resident Orientation – Theater
- 1800 MOVIE in Theater: *“Dave”* (PG13, 110 Min) Comedy (1993) 
- 1830 Android Class (Advanced) – Computer Learning Center 

FRIDAY, 26 APRIL

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 0930 Outdoor Golf Putt Tournament – Sign up in Rec Svcs
- 1400 Afternoon Bingo – Community Center (RM 1109)
- 1800 MOVIE in Theater: *“Shane”* (NR, 118 Min) Western (1953)

SATURDAY, 27 APRIL

- 0900 Exercise Video – SrTV Channel 4
- 0915 Royal Pet Visit – Front Lobby
- 1800 MOVIE in Theater: *“Jessie Stone: Lost in Paradise”* (TV14, 86 Min) Crime (2015)
- 1830 **Gulf Coast Symphony Concert** – Sign up in Rec Svcs 
(Attendees will pay with exact change at bus loading \$20 each).

SUNDAY, 28 APRIL

- 0900 Sunday Mass (Chapel) 
- 1030 Protestant Service – (Chapel)

DAILY SENIOR TV CHANNEL 4 SCHEDULE:



Town Hall Updates: 0700, 1100, & 1400
 RAC Meetings & Updates: 1000, 1600, & 2200
 Spoken Plan of the Week: 0945 & 1545
 AFRH-G Special Videos: 1200 & 2100

Protestant Service: 0800 & 1500
 Daily Exercise Class: 0900
 Dry Bar Comedy: 1300 & 2300
(All Movies are now shown in Theater)