



\* \* \* \* \* **The Plan of the Week** \* \* \* \* \*  
**16 MARCH – 22 MARCH**



**24/7 SECURITY (228)897-4418**

**24/7 WELLNESS CLINIC: (228)897-4450**

**SECURITY GATE HOUSE (228)897-4502**

**MEALS: Breakfast: 0700 – 0830 | Lunch: 1130 – 1300 | Supper: 1630 - 1800**

**RESIDENT POPULATION: 497    AVERAGE AGE: 81 as of 28FEB26**

**RESIDENT HAIL / FAREWELL / IN MEMORY OF:**

**HAIL:** Edwina Bray, Hometown: Wichita, KS

**STAFF HAIL / FAREWELL:**

**HAIL:** HAIL: Jarrett Risenhoover, Security Guard, Security

**FACILITY NOTES & RESIDENT INFO:**

- **GATE HOUSE:** Use the far right lane to swipe your key at the gate when entering AFRH.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Massachusetts, known as the “Bay State”, was the 6<sup>th</sup> state to established statehood on 2/6/1788.
- **ROOM INSPECTIONS:** B-Tower Room inspections will be conducted in MARCH as follows: Floors 4, 3, & 2: 18MAR. C-Tower rooms will be conducted in April. Room inspections commence at 0900.
- **WELLNESS CENTER SICK CALL:** Sick Call service hours are 0800 to 0900 Monday through Friday (except federal holidays). We highly recommend that you check in early. If you report after 0900, a nurse may evaluate you and recommend you return the next day. This service is for acute medical conditions only. If you are evaluated for a non-acute condition, you will be instructed to schedule a primary care appointment. Bring all prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased to Sick Call.

**RECENT BINGO & TOURNAMENT RESULTS (03/02 – 03/08):**

- **BINGO 03/04:** Winner: Dave Mahoney, Mitch Seidman (Guest)    **Jackpot:** \$135 (32 Att.)
- **BINGO 03/06:** Winner: Joan Harrell, Anne Bova    **Jackpot:** \$170 (36 Att.)
- **BRIDGE 03/03:** 1<sup>st</sup>: Wayland Webb, 2<sup>nd</sup>: Carol Mason, 3<sup>rd</sup>: Ken Switzer
- **I/D DISC GOLF 03/05:** 1<sup>st</sup>: \_\_\_\_, 2<sup>nd</sup>: \_\_\_\_, 3<sup>rd</sup>: \_\_\_\_ (See Recreation for results)

**CURRENT ANNOUNCEMENTS:**

- **FITNESS CENTER:** The Fitness Center is missing the two remote controls for the televisions. If you accidentally took a remote back to your room with you, please return it to the gym.
- **LOST & FOUND:** A resident has lost a gold wedding band style ring. If found, please return to Security. It has been missing for at least a month. Residents are reminded to turn in any Lost & Found items to security.
- **TAX DOCUMENTS:** Please bring a copy of your most recent tax documents to the Business Center or Administration. If you are uncertain what documents to provide, a checklist is available in administration. Please make a copy of your documents to turn in; copies can be made in the library.
- **TAX SEASON:** KAFB Volunteer Income Tax Assistance (VITA) volunteers will be onsite for select dates from February through April. Sign-up sheets for each session will be posted at Recreation Services after the previous session has concluded. For questions, please see Eric Ball, Volunteer Coordinator, Room 1328 (Admin Hall).
- **TRUSTED TRAVELER PROGRAM:** The Trusted Traveler Program for military bases & VA facilities access has been suspended. Visitors without DOD credentials must obtain a pass at visitor centers for base access. Visitors to VA facilities or military bases may experience delays, including 100% ID checks (non-DOD ID holders must have a real ID) & random vehicle inspections. Please plan accordingly and allow extra time for entrance. ***This will apply to all Recreation Trips to KAFB Exchange and Commissary.***
- **VOLUNTEER OPPORTUNITIES:** Resident Services is seeking 2-3 volunteers to work 4-hour shifts (8 AM–Noon or Noon–4 PM), 1–2 days/week, selling meal tickets at the Security Desk. Must be able to operate a credit card machine. Stipend may be available. See Eric Ball, Volunteer Coordinator, Room 1328 for details. Leave a note if out of office.

**MONDAY, 16 MARCH**

- 0900 Chair Exercise (Exercise Room)
- 0900 Catholic Mass (Chapel)
- 1000 Protestant Prayer Group (Lord's Cabin) (*Monday-Wednesday*)
- 1400 **Musical Monday Matinee: *Mamma Mia*** (PG-13, 1:48) Musical (2008)
- 1800 **Movie: *Wrath of Man*** (R, 1:58) Action/Thriller (2021)

**TUESDAY, 17 MARCH**

*St. Patrick's Day*

- 1130 **Monthly Birthday Luncheon** (Dining Hall)
- 1330 **TOURNAMENT: Pinochle** (Club Room) *Sign-up at Rec. Services*
- 1530 Apple 101 (Health Care Classroom)
- 1800 **Movie: *Turn: Washington's Spies – Ep. 9 & 10*** (TV-14, 1:30) Drama (2014)

**WEDNESDAY, 18 MARCH**

- 0900 Chair Exercise Class (Exercise Room)
- 0900 Catholic Mass (Chapel)
- 1000 **AFRH Town Hall** (Community Center)
- 1030 Bookmobile (outside until 1130)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee: *Priscilla*** (R, 1:53) Romance/Drama (2023)
- 1800 **Movie: *The Union*** (PG-13, 1:47) Action/Thriller (2024)
- 1830 Evening Bingo (Community Center)

**THURSDAY, 19 MARCH**

- 0830 Art Demonstration (Art)
- 1000 Protestant Prayer Group & Bible Study (Lord's Cabin)
- 1000 **Special Screening: *Turning Point: The Vietnam War (Episode 3)*** (Theater)
- 1030 **RAC: MWR Meeting** (Volunteer Lounge)
- 1300 Charlie Pet Visit (Lobby)
- 1300 Line Dancing (Exercise Room)
- 1330 **TOURNAMENT: Washer Toss** (Bocce Center) *Sign-up at Rec. Services*
- 1400 **Genealogy** (Computer Learning Center)
- 1800 **Movie: *Only the Brave*** (PG-13, 2:13) Action/Thriller (2017)
- 1800 Android 101 (Health Care Classroom)

**FRIDAY, 20 MARCH**

- 0845 **TRIP: KAFB Exchange** *Sign-up at Rec. Services* **MUST HAVE DOD ID**
- 0900 Catholic Mass (Chapel)
- 0900 Chair Exercise Class (Exercise Room)
- 1145 **TRIP: Fishbone Alley / Downtown Gulfport** *Sign-up at Rec. Services*
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie: *Sisu: Road to Revenge*** (R, 1:28) Action/Adventure (2025)

**SATURDAY, 21 MARCH**

- 1800 **Movie: *True Grit*** (PG-13, 1:50) Western (2010)

**SUNDAY, 22 MARCH**

- 0900 Catholic Sunday Mass (Chapel)
- 0930 Protestant Sunday School (Theater)
- 1015 Protestant Service (Theater)
- 1800 **Movie: *The Chosen: S2, E4*** (TV-PG) Drama (2017)

**RESIDENT BIKES:** Residents who store a bicycle in the garage must confirm their bike registration by April 10 with Recreation. Please contact Colette, Lead Rec. Specialist, in Office 1208, by phone at 897-4434, or by email at [colette.byrnesh@afrh.gov](mailto:colette.byrnesh@afrh.gov). Be sure to provide your bike registration number and confirm that your bike is actively being used. Several bikes currently do not have registration stickers or appear unusable due to damage or flat tires. To help keep the garage organized and safe, all bikes must be registered and in use. Please note that only registered bikes can receive service in the bike shop; work cannot be completed on unregistered bicycles. Unregistered or damaged bikes not claimed by April 10 will be inspected and every effort made to locate an owner. Unclaimed bikes will be donated or disposed of in coordination with Campus Operations, with the process beginning no earlier than late April.