



***** **The Plan of the Week** *****
27 MARCH 2023 – 2 APRIL 2023



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800

RESIDENT POPULATION: 422

AVERAGE AGE: 83.50 as of 01MAR23

RESIDENT WELCOME / FAREWELL / IN MEMORY OF:

WELCOME: Arthur “Jack” Giltinan (USA), Hometown: Biloxi, MS
Thomas Willard (USN), Hometown: Pensacola, FL

EMPLOYEE WELCOME / FAREWELL:

FAREWELL: Donna Iler, Nurse Educator, Healthcare Services
Carolyn Wright, Licensed Practical Nurse, Healthcare Services

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** Tennessee, known as the “Volunteer State” was the 16th state to establish statehood. It achieved statehood on 06/01/1796.
- **ROOM INSPECTIONS:** C-Tower room inspections will be conducted in APR as follows:
Floors 8, & 7 on 05APR23, Floors 6, & 5 on 12APR23 Floors, 4 & 3 on 19APR23.

HEALTHCARE SERVICES NEWS:

- **COVID-19 TESTING STATUS:** Positive cases as of 07MAR23, Resident: **0**, Staff: **0**. If you become ill, please notify the Wellness Center so you can be tested.
- **TRANSPORTATION REQUESTS:** Residents are required to provide a minimum of 48 hours notice for transport requests. Contact Scheduler at Wellness Center Reception Desk or at 228-897-4471. Transportation is space available and priority is residents unable to drive.
- **WELLNESS CENTER AND MEDICATIONS:** Please bring all medications to sick call and appointments to include prescription medications, eye drops, inhalers, ointments, vitamins, supplements and other products you purchased. Failure to do so could result in the Provider rescheduling your appointment.

RECENT BINGO & TOURNAMENT RESULTS:

- **BINGO 3/15:** Winner – Jack Lee **Jackpot:** \$100 (37 Att.)
- **BINGO 3/17:** Winner – Amon Reed **Jackpot:** \$97 (39 – Att.)
- **HEARTS 3/14:** 1st – Carol Branham, 2nd – Frank Teal, 3rd – Bob McElroy
- **WAR 3/16:** 1st – Harry Rhizor, 2nd – Danny Myers, 3rd – Mary German
- **BRIDGE 3/20:** 1st – Clyde Hairston, 2nd – Wayland Webb, 3rd – Carol Branham



CURRENT ANNOUNCEMENTS:

- **MAILING PACKAGES:** Outgoing package labels for USPS, UPS and FEDEX can be paid for by creating an online account with the carrier. Once payment is made, labels can be printed directly from the website, affixed to the package, and left at the Security desk for pickup by the carrier. Labels can be printed at the 24 hour computer zone if needed.
- **MAIL ROOM:** The Mail Room will have a volunteer to hand out packages from Mon-Sat 1300-1500 separate of the Package Room. Security will no longer be pulling packages.
- **MAIN GATE EMAIL:** The Main Gate email address has changed. If you cannot reach the main gate by phone at 228-897-4502, please send email to GPT.Maingate@afrh.gov.
- **MASKS:** As a result of decreased positive COVID cases within the home and community, masks are now **optional** in Wellness and ULOC areas.
- **PMDs:** Please ensure to operate at "turtle" speed to prevent accidents and keep residents/staff safe. Speeding in the home is unnecessary- slow and steady wins the race.
- **SCAMS:** If it sounds too good to be true or it is involving money and people you do not know –**DON'T DO IT!** Visit www.ssa.gov/scam for more information.
- **VIETNAM MEMORIAL PINNING:** The National Vietnam War Commemoration Memorial Pinning Day will be held at Keesler Exchange from 1000-1200 on 29MAR23. This is not an AFRH event/trip, so transportation will not be provided.
- **VOLUNTEERS:** Library Assistants & Trip Caller needed, see Rosie Lake at room 1020.

Please see Resident Services with questions/concerns regarding announcements.



ARMED FORCES RETIREMENT HOME GULFPORT

27 MARCH 2023 – 2 APRIL 2023

MONDAY, 27 MARCH

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 0930 Shuffleboard Tournament – Basketball Court (*Sign up in Rec Svcs*)
- 1400 **Ice Cream Social** – Community Center (*While Supplies Last... Don't wait too late!*)
- 1800 MOVIE on SRTV4: *"The Clown"* (NR, 91 Min) Comedy (1953)



TUESDAY, 28 MARCH

- 0900 Exercise Video – SrTV Channel 4
- 0900 **KAFB Exchange & Promenade Shopping Trip** – Sign up in Rec Svcs
- 1300 Art Activity – Art Studio
- 1400 Play Reading Practice – Computer Learning Center
- 1500 Android Class – Computer Learning Center
- 1800 MOVIE in Theater: *"A Walk in the Woods"* (R, 104 Min) Comedy (2015)



WEDNESDAY, 29 MARCH

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 1330 Woodshop Safety Certification - Woodshop
- 1400 POPCORN MATINEE in Theater: *"9 to 5"* (PG, 109 Min) Comedy (1980)
- 1800 MOVIE in Theater: *"Wake Island"* (NR, 88 Min) War (1942)
- 1830 Bingo – Community Center



THURSDAY, 30 MARCH

- 0900 Exercise Video – SrTV Channel 4
- 0930 Outdoor Putting Tournament – Outdoor Green (Sign up in Rec Svcs)
- 1300 Art Activity – Art Studio
- 1400 **AFRH-G Variety & Talent Show** – Community Center (RM 1109)
Come encourage your fellow residents/staff as they perform for everyone!
- 1800 MOVIE in Theater: *"The Far Country"* (NR, 97 Min) Western (1954)



FRIDAY, 31 MARCH

- 0900 Exercise Class – Exercise Room
- 0900 Catholic Mass (Chapel)
- 0930 **Lazy Magnolia Brewery Tour** & Dempsey's Lunch Trip– Sign up in Rec Svcs
\$15 for tour only. \$25 Tour includes samples & souvenir glass. Lunch on your own.
- 1400 **Friday Afternoon Bingo** – Community Center (RM 1109)
- 1800 MOVIE on SRTV4: *"Old Dogs"* (PG, 88 Min) Comedy (2009)



SATURDAY, 1 APRIL

- 0900 Exercise Video – SrTV Channel 4
- 1800 MOVIE on SRTV4: *"Rocket Hunter"* (NR, 86 Min) Action (2020)

SUNDAY, 2 APRIL

- 0900 Sunday Mass (Chapel)
- 1030 Protestant Service – (Chapel)
- 1800 MOVIE in Theater: *"Seabiscuit"* (PG13, 140 Min) Drama (2003)



UPCOMING EVENTS:

- April 3- AFRH Spring Pool Party @ 1400 -1600 (Featuring Live Music & Snacks)
- April 7- Wal-Mart Shopping Trip @ 0830
- April 7- Blow Fly Grill Lunch Trip @ 1130
- April 10- Ice Cream Social & 100th Birthday Celebration
- April 13- Biloxi Farmer's Market Trip @ 0800
- April 13- Silver Slipper Casino Trip @ 1000