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The Plan of the Week

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12 JANUARY – 18 JANUARY



24/7 SECURITY (228)897-4418

24/7 WELLNESS CLINIC: (228)897-4450

SECURITY GATE HOUSE (228)897-4502

MEALS: Breakfast: 0700 – 0830 | Lunch: 1130 – 1300 | Supper: 1630 - 1800

RESIDENT POPULATION: 493 AVERAGE AGE: 81 as of 30NOV25

RESIDENT HAIL / FAREWELL / IN MEMORY OF:

FAREWELL: David Anderson (USAF), Hometown: Kilbourne, LA
IN MEMORY OF: Charles L. Adams (USAF), Hometown: De Kalb, TX
Lorinsana (Lorraine) Miller, Hometown: Pensacola, FL

FACILITY NOTES & RESIDENT INFO:

- **GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.
- **WORK ORDERS:** Please call (228) 897-4444 to submit a work order.
- **STATE FLAG FLYING AT FLAGPOLE:** The U.S. Virgin Islands became a territory on 01/17/1921. The flag was adopted on 05/17/1921. Motto: United in Pride and Hope
- **ROOM INSPECTIONS:** C-Tower Room inspections will be conducted in JANUARY as follows: Floors 6 & 5: 14JAN., Floors 4 & 3: 21JAN.
A-Tower rooms will be conducted in February. Room inspections commence at 0900.
- **MEDICAL APPOINTMENT TRANSPORTATION REQUESTS:** Residents are required to provide a minimum 2 business day notice for transport requests. We highly recommend that you inform the Scheduler immediately upon receipt of an appointment; don't wait. Transportation is space available with priority given to residents who are unable to drive. Contact the Scheduler via the Wellness Center Reception Desk or call 228-897-4471.

RECENT BINGO & TOURNAMENT RESULTS (12/28 – 01/04):

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| ➤ BINGO 12/31: Winner: George Loftus, Jerome Skalski | Jackpot: \$205 (43 Att.) |
| ➤ BINGO 01/02: Winner: Donna Gaudet | Jackpot: \$129 (44 Att.) |
| ➤ BINGO 01/04: Gus Giegerich | Jackpot: \$141 (xx Att.) |

CURRENT ANNOUNCEMENTS:

- **NEW RESIDENT ORIENTATION:** New residents that moved in from September to current and have not attended an orientation session yet are invited to attend the upcoming New Resident Orientation session on 22JAN at 1315 in the Theater.
- **FLU SEASON:** To help keep everyone healthy, please remember to wash your hands often and cover coughs and sneezes. Taking simple precautions can help reduce the spread of illness and keep our community healthy.
- **TECH SAFETY TIP OF THE WEEK:** Please be aware of phone calls offering loans or debt relief. These calls are often scams. Legitimate lenders will not ask for upfront fees or personal information over the phone. If you receive a suspicious call, hang up and report it to a trusted family member or staff member. When in doubt, don't engage.
- **VOLUNTEER OPPORTUNITY:** Security Assistant (Meal Ticket Sales) Volunteer will work a four hour shift from 0730-Noon or Noon-1530, 1-2 days each week. Volunteers will sell meal tickets at the Security Desk. Must be able to operate a credit card machine. Stipend may be available. Please see Eric Ball, Volunteer Coordinator in Room 1020 for more information. Leave a note if out of the office when you stop by. Training and start date will be announced once positions are filled.
- **PEDESTRIAN SAFETY REMINDER:** Pedestrians always have the right of way on the walking path. Bicyclists are asked to please yield to walkers to help keep everyone safe.
- **SPILL PREVENTION:** To help prevent messy spills and reduce the risk of slips, trips, and falls, please use sealed containers with secure lids when carrying beverages or liquids.
- **LIBRARIER COPIER:** The copy machine in the Library is for resident use only. Each business day, Monday through Friday (excluding holidays), the copier will be set to allow up to 100 free copies. Once the daily limit of 100 copies is reached, the copier will shut off for the remainder of the day. This process is in place to comply with contract and budget requirements.

Please see Resident Services with questions/concerns regarding announcements.

MONDAY, 12 JANUARY

- 0900 Catholic Mass (Chapel)
- 0900 Chair Exercise Class (Exercise Room)
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1030 **Quarterly Memorial (Theater)**
- 1800 **Movie:** *The Tailor of Panama* (R, 1:49) Thriller/Comedy (2001)

TUESDAY, 13 JANUARY

- 0700 **TRIP:** **Avery Island/Tabasco Factory** *Sign up at Recreation Services*
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1330 **Tournament:** Spades (Club Room) *Sign up at Recreation Services*
- 1530 Apple 101 (Computer Learning Center)
- 1800 **Movie:** *Crash Dive* (R, 1:30) Thriller/Action (1996)

WEDNESDAY, 14 JANUARY

- 0900 Chair Exercise Class (Exercise Room)
- 0900 Catholic Mass (Chapel)
- 1000 Protestant Prayer Group (Lord’s Cabin)
- 1030 Bookmobile (outside until 1130)
- 1330 Woodshop Safety Course (Woodshop)
- 1400 **Popcorn Matinee:** *Wake Up Dead Man* (PG-13, 2:24) Mystery/Crime (2025)
- 1800 **Movie:** *Major Dundee* (PG-13, 2:32) Western/War (1965)
- 1830 Evening Bingo (Community Center)

THURSDAY, 15 JANUARY

- 0930 Charlie Pet Visit (Lobby)
- 1000 Protestant Prayer Group & Bible Study (Lord’s Cabin)
- 1030 RAC: MWR Committee Meeting (Volunteer Lounge)
- 1300 Line Dancing (Exercise Room)
- 1400 **SOCIAL:** **Parisian Social (Community Center)**
- 1400 Genealogy (Computer Learning Center)
- 1800 **Movie:** *The Time Travelers Wife* (PG-13, 1:48) Romance/Sci-Fi (2009)
- 1800 Android 101 (Computer Learning Center)

FRIDAY, 16 JANUARY

- 0900 Catholic Mass (Chapel)
- 0900 Chair Exercise Class (Exercise Room)
- 1400 Afternoon Bingo (Community Center)
- 1800 **Movie:** *The Pilot* (NR, 1:45) War/Action (2021)

SATURDAY, 17 JANUARY

- 1800 **Movie:** *The Desperate Hour* (PG-13, 1:39) Action/Thriller (2021)

SUNDAY, 18 JANUARY

- 0900 Catholic Sunday Mass (Chapel)
- 0930 Protestant Sunday School (Theater)
- 1015 Protestant Service (Theater)
- 1400 Sunday Bingo (Community Center)
- 1800 **Movie:** *The Chosen: Ep. 3* (TV-PG) Drama (2017)



Town Hall: 0700, 1100, 1400
RAC Meeting: 1000, 1600, 2200
Protestant Service: 0800, 1500
Special Events: 0900, 1900

SeniorTV Channel Guide:
<https://www.tvtv.us/ms/gulfport/luUSA-MS69527-X>

All movies are shown in the Theater unless otherwise noted

RECREATION SUGGESTIONS: We are always looking for new ways to enhance our Recreation offerings, and we would love to hear your ideas. Whether it’s an activity, outing, class, or special event, your suggestions help us plan programs that reflect your interests. Please complete a comment card on the Recreation sign-up table and return it to Box 1208. Your feedback is greatly appreciated and helps shape future Recreation activities.