



# \*\*\*\*\* The Plan of the Week \*\*\*\*\*

17 JANUARY 2021 – 23 JANUARY 2022



**MEALS – Breakfast: 0700 - 0830 / Lunch: 1130 - 1300 / Supper: 1630 - 1800**

## WELCOME / FAREWELL / IN MEMORY OF:

**WELCOME:** William (Bill) Wallace (USN), Hometown: Greenwood, LA  
William (Bill) Johnson (USA), Hometown: Haslet, TX

**RESIDENT POPULATION:** 407      **AVERAGE AGE:** 83.47 as of 01 JAN 2022

## FACILITY NOTES & RESIDENT INFO:

**GATE HOUSE:** Always stop at the Gate when entering AFRH-G to show your ID.

**WORK ORDERS:** Please call (228) 897-4444 to submit a work order.

**STATE FLAG FLYING AT GATE:** Massachusetts, the “Bay state” was the sixth state to achieve statehood on 02/06/1788.

## HEALTHCARE SERVICES NEWS:

- **MEDICATION PROCESSING DELAYS:** Due to staffing, expect delays processing medications beyond the standard (5) five business day turn-around; anticipate delays for at least 10 days. We appreciate your patience as we implement our modified services plan.

## EMPLOYEE UPDATES:

- **FAREWELL:** Taylor Chamberlain, Volunteer Coordinator, Resident Services

## RECENT BINGO & TOURNAMENT RESULTS:



- **BINGO 1/5:** Donna Hasch      **Jackpot:** \$53 (Att. – 18)
- **BINGO 1/7:** Donna Hasch & Bill Truitt      **Jackpot:** \$57 (Att. – 21)
- **SHUFFLEBOARD: 1/6:** 1<sup>st</sup> – Wayland Webb, 2<sup>nd</sup> – Wolf Kiessling, 3<sup>rd</sup> – Fred Ray
- **PINOCHLE: 1/6:** 1<sup>st</sup> – Fred Ray, 2<sup>nd</sup> – Jim Hannah, 3<sup>rd</sup> – Earl Gassery
- **CRIBBAGE: 1/10:** 1st- Wayland Webb, 2nd- Ray Eckert, 3rd- Wolf Kiessling

## CURRENT ANNOUNCEMENTS:

- **AFRH COMMUNICATOR:** Will be published quarterly vice monthly. Publish dates will be: March 31, June 30, September 30, and December 31.
- **CONDUCT AND DRESS:** In support of the community living atmosphere, Residents are expected to conduct themselves in a manner that will promote harmony, safety, security and consideration of others, as well as the conduct of their guests. Residents and guests are expected to wear clothing that is clean, neat, serviceable, and conducive to adult living. Tank-top styled undershirts, short shorts, bedroom slippers, shower shoes, pajama tops or bottoms, and bathrobes are not permitted in public areas.
- **DINING HALL NOTE:** Wash your hands prior to going to the dining hall, hand sanitizer must be used upon entry to the dining hall as you will be touching items that others will use (silverware, condiments, etc.). Masks are required when not seated (“Stand up, Mask up”). Disposable gloves have been placed at the salad bar for wear when using serving utensils, please use and dispose of when finished. Please only take what you intend to consume, in reasonable quantities, don’t take the entire quantity of items that are for all residents (milk, cereal, condiments, etc.), and only touch what you intend to consume. If you spill or drop something, or if you take the last of something, let the dining staff know. Be courteous; although this is your home, it is also home to other residents who would like the same options and courtesy as you. You are responsible for your guests, please be sure they only take what they intend to consume at the meal they have paid for (and not take items home).
- **ELEVATOR OCCUPANCY:** Social Distancing. Only four people at a time in the elevator.
- **FEDERAL OFFICE CLOSURE:** Offices will be closed on 17JAN22 in observance of Martin Luther King Jr.’s Birthday.
- **FITNESS CENTER:** Masks are required when using the fitness center, regardless of the number of residents in the Fitness Center.
- **ROOM INSPECTIONS:** B-Tower room inspections will be conducted as follows: Floors 4, and 3 & 2 on 19JAN2022. C-Tower room inspections will be conducted February 2022.
- **KN95 MASKS:** Are encouraged but not the mandatory prescribed mask. Face coverings are required.

*Please see Resident Services with questions/concerns regarding announcements.*



# ARMED FORCES RETIREMENT HOME GULFPORT

## 17 JANUARY 2021 – 23 JANUARY 2022

### MONDAY, 17 JANUARY

**MLK Jr. Holiday**



(Federal Offices Closed)

- 0900 Exercise Class Video – Exercise Room (RM 1211)
- 0900 Catholic Mass (Chapel)
- 1800 MOVIE in Theatre: “Selma” (PG13, 128 Min) Bio (2014)

### TUESDAY, 18 JANUARY

- 0930 Bocce Tournament – Bocce Center (*Sign up in Rec Svcs*)
- 1115 Birthday Photos with Administration – Dining Hall
- 1130-1300 **Monthly Birthday Lunch** – Dining Hall
- 1300 Art Activity– Art Studio (RM 1236)
- 1400 Spare Time Bowling: – Bowling Center
- 1800 MOVIE in Theatre: “Because of Winn-Dixie” (PG, 104 Min) Com (2005)

### WEDNESDAY, 19 JANUARY

- 0900 Exercise Class Video – Exercise Room (SrTV4)
- 0900 Catholic Mass (Chapel)
- 1300 Woodshop Certification- Woodshop
- 1400 **POPCORN MATINEE on SrTV4: “MLK/FBI”** (TV-PG, 104 Min) Doc (2020)
- 1800 MOVIE in Theatre: “Seabiscuit” (PG13, 140 Min) History (2003)
- 1830 Bingo – Community Center (RM 1109) **B I N G O**

### THURSDAY, 20 JANUARY

- 0730 **MS History & Civil Rights Museum Trip** – Sign up in Rec Svcs
- 1000 Bible Study – Chapel Kitchen
- 1300 Art Activity – Art Studio (RM 1236)
- 1800 MOVIE in Theatre: “About A Boy” (PG13, 101 Min) Comedy (2002)

### FRIDAY, 21 JANUARY

- 0900 Exercise Class Video – Exercise Room (SrTV4)
- 0900 Catholic Mass (Chapel)
- 0930 Dice Count Tournament – Community Center (*Sign up in Rec Svcs*)
- 1400 **Afternoon Bingo** – Community Center (RM 1109) **B I N G O**
- 1800 MOVIE on SRTV4: “Soylent Green” (PG, 97 Min) Crime (1973)

### SATURDAY, 22 JANUARY

- 0900 Exercise Video – SrTV Channel 4
- 1800 MOVIE on SRTV4: “Letters from Iwo Jima” (R, 141 Min) Action (2006)

### SUNDAY, 23 JANUARY

- 0900 Catholic Mass (Chapel)
- 0930 Sunday School – Chapel Kitchen
- 1030 Protestant Service – Chapel
- 1800 MOVIE in Theatre: “London Has Fallen” (R, 99 Min) Action (2016)

## AFRH Senior TV Channel 4 Schedule

- R.A.C. Meeting (Jan 11<sup>th</sup>):** 1000, 1400 & 2200 (Daily)
- Protestant Service:** 0800 & 1500 (Daily)
- Exercise Class Video:** 0900 (Tue, Thu, & Sat only)
- Plan of the Week (Spoken):** 0945 & 1600 (Daily)
- Sean’s Virtual Travels:** 1300 & 2100 (Daily)
- Dry Bar Comedy:** 0700, 1630, & 2315 (Daily)
- AFRH-G Daily Movie Feature:** 1800 (Mon, Fri, Sat.)
- Popcorn Movie Matinee:** 1400 (Wed. only)
- Weekly Town Hall Updates:** 0645, 1145, & 1745 (Daily)



Week of Jan 17- Jan 23

**“Mississippi River”**