

AFRH - G / Master Menus Week of 5 / 1 / 2023 / Cycle 5 - REGULAR LINE (Revision 3)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N May 1st	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Sheppard's Pie Smoked Sausage Louisiana Style Red Beans White Rice Mustard Greens / Fried Okra Yeast Rolls / Cornbread	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Assorted Deli Meats / Cheeses Baked Pork Chop w/Pork Gravy Baked Sweet Potato Cinnamon Beets Cape Cod Blend Veggies Dinner Rolls/ Sliced Bread
T U E S May 2nd	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order (Crm Chip Beef If Available) Eggs - Scrambled / Hard Boiled Smoked Rope Sausage Links Lyonnaise Potatoes Biscuits / Country Gravy	Potato Sausage & Kale Soup Pasta Fagioli Soup Club Quarters Burnt Brisket Ends / BBQ Sauce Scalloped Potatoes Sautéed Spinach with Parmesan Fried Cauliflower with Ranch Slider Rolls / Cornbread	Potato Sausage & Kale Soup Pasta Fagioli Soup Assorted Deli Meats / Cheeses Blackened Fish with Tartar & Lemons Roasted Chicken / Chicken Gravy Creamy Mushroom Rice Carrot Souffle / Roasted Brussel Sprouts Brown & Serve Rolls / Sliced Bread
W E D May 3rd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Turkey Noodle Soup Chili Bean Soup / Pimento Cheese Chicken Sausage on a Hoagie Country Fried Steaks/ White Gravy Mashed Potatoes / Brown Gravy Normandy Blend Vegetables Green Baby Limas w/ Onions Parker House Rolls / Cornbread	** OPEN GRILL NIGHT ** Chop Steak Burgers / Hot Dogs Philly Subs, Grill Onion,Pepper,Provolone Roasted Seasoned Red Potatoes Turkey Noodle & Chili Bean Soups Skillet Corn with Bacon Roasted Carrots, Zucchini & Asparagus Peach Cobbler
T H U R May 4th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shred Hash Browns Pancakes / Pineapple Topping Biscuits / Country Gravy	Italian Wedding Soup Beef, Spinach & Pasta Soup Sloppy Joe Fried Chicken Macaroni & Cheese Squash Casserole Sautéed Power Greens Yeast Rolls / Cornbread	Italian Wedding Soup Beef, Spinach & Pasta Soup Assorted Deli Meats / Cheeses BBQ Baby Back Ribs Creamy Ranch Potatoes Coleslaw / BBQ Baked Beans Seasoned Cut Green Beans Parker House Rolls / Sliced Bread
F R I May 5th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	**CINCO DE MAYO** Chicken Tortilla Soup Nachos w/ Ground Beef & Fixins Hot Tamales Mexican Stuffed Peppers Mexi-Corn / Mexicana Zucchini South-Western Egg Rolls Mexican Cornbread / Desserts	Chicken & Rice Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Tomato & Meat Sauce 'n Spaghetti Au Gratin Casserole Steamed Broccoli Florets Sugar Snaps / Cheesy Rosemary Bread Garlic Bread / Slider Roll / Sliced Bread
S A T May 6th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredded Hash Brown Potatoes Biscuits / Sausage Gravy	Chicken Noodle Soup Lobster Bisque Hawaiian Ham & Cheese Slider Cut Chicken Stew w/Potatoes, Carrots & Celery / Steamed Rice Buttery Green Peas Sautéed Rutabagas Brown & Serve Rolls / Cornbread	Chicken Noodle Soup Lobster Bisque Assorted Deli Meats / Cheeses Creamy Shrimp Scampi w/Parmesan Over Angel Hair Pasta Roasted Fresh Asparagus Spears Parmesan Baked Tomato Parker House Rolls / Sliced Bread
S U N May 7th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Diced Pot Waffles / Apple Topping Biscuits / Country Gravy	Chicken Tortilla Soup White Bean & Wheat Berry Soup Tuna Salad Cornish Hen Halves Twice Baked Potato Casserole Bermuda Blend Vegetables Strawberry Arugula Salad w/Pine Nuts Dinner Rolls / Cornbread	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Veal Scallopini Wild Rice with Scallopini Sauce Creamed Corn Tuscan Blend Vegetable Yeast Rolls / Sliced Bread

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	DAILY SHORT ORDER LINE - LUNCH ONLY
Mon	Lemon Meringue	NSA Apple Pie	Grilled Hamburgers w/ Buns / Sliced Cheese
Tue	Peanut Butter Cookies	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
Wed	Chocolate Cake	Fresh Fruit Cups	Grilled Skinless, Boneless Chicken Breast
Thu	Red Velvet Cake	Sponge Cake w/Diced Pears	Grilled Cheese Sandwiches on White or Wheat
Fri	Pecan Pie	NSA Chocolate Pie	Condiments: Green Leaf Lettuce / Sliced Tomatoes
Sat	Chocolate Chip Cookies	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices