

AFRH - G / Master Menus Week of 6 / 15 / 2026 / Cycle 6 - REGULAR LINE (Revision 3)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Jun 15th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Shrimp & Artichoke Soup Fresh Tomato Tortellini Soup Sheppard's Pie Fried Pork Chop Candied Yams Okra & Tomatoes / Collard Greens Dinner Roll / Cornbread / Corn Muffin	Shrimp & Artichoke Soup Fresh Tomato Tortellini Soup Assorted Deli Meats / Cheeses Philly Cheese Steak Sub with Grilled Onions & Peppers Potato Logs / Sugar Snap Peas Sautéed Brussel Sprouts Slider Roll / Corn Muffin
T U E S Jun 16th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	** HAPPY BIRTHDAY ** Navy Bean Soup / Zesty Italian Soup Strawberry Spinach Salad with Pecans, Feta Cheese & Orange Dressing Baked Salmon / Lemon Dill Sauce Prime Rib / Bordelaise Sauce / Au Jus Baked Potato / Butter / Sour Cream Creamy Country Corn Broccoli Florets / Parker House Roll	Navy Bean Soup Zesty Italian Soup Assorted Deli Meats / Cheeses Skillet Smoked Sausage and Skillet Red Potatoes Carrot Soufflé Steamed Buttered Cauliflower Brown & Serve Roll / Corn Muffin
W E D Jun 17th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chili with Beans Cream of Broccoli Soup Chicken Tenders / Assorted Dips Hungarian Beef Goulash with Steamed Rice Green Baby Lima Beans Sautéed Fresh Cut Squash Slider Roll / Cornbread / Corn Muffin	Chili with Beans Cream of Broccoli Soup Assorted Deli Meats / Cheeses Salmon Croquettes / Tartar / Lemon Baked Potato Butter / Sour Cream Italian Green Beans Bermuda Vegetable Blend Yeast Roll / Corn Muffin
T H U R Jun 18th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Blueberry Topping Pork Bacon / Biscuits / Country Gravy	Beef, Barley, Mushroom Soup / Taco Soup Egg Salad / Mini Croissant Beef & Cheese Quesadillas with Grilled Onions & Peppers Spanish Rice / Refried Beans Southwestern Egg Rolls Mexican Chopped Salad / Cornbread Mexican Cornbread / Corn Muffin	Beef, Mushroom & Barley Soup Cheesy Taco Soup Assorted Deli Meats / Cheeses BBQ Chicken Macaroni & Cheese Fried Okra Sautéed Cabbage Yeast Roll / Corn Muffin
F R I Jun 19th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Pasta, Wh Bean & Sun Dried Tom Soup Corn & Potato Chowder Western Beans with Ground Beef Fried Catfish / Cocktail / Tartar / Lemon Mashed Potatoes / Brown Gravy Skillet Corn with Bacon Mustard Greens Hushpuppies / Cornbread / Corn Muffin	Pasta, Wh Bean & Sun Dried Tom Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses Glazed Pork Chop Cilantro Lime Rice Speckled Butter Beans Creamed Spinach Brown & Serve Roll / Corn Muffin
S A T Jun 20th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Chicken & Wild Rice Soup Vegetable Beef Soup Turkey Casserole w/ Penne Pasta Pot Roast 'n Gravy Garlic Smashed Red Potatoes Green Peas / Harvard Beets Parker House Roll / Cornbread / Corn Muffin	Chicken & Wild Rice Soup Vegetable Beef Soup Assorted Deli Meats / Cheeses Lemon Pepper Roasted Chicken Baked Sweet Potato Sautéed Fresh Cut Zucchini Broccoli Florets Dinner Roll / Corn Muffin
S U N Jun 21st	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Peach Topping Biscuits / Country Gravy	** HAPPY FATHER'S DAY ** Chicken & Sausage Gumbo / Rice Creamy Lobster Soup w/ Lobster Meat The Beautiful Salad Blackened Shrimp Skewers Grilled, Bone-In Pork Chops Loaded Potato Casserole Whole Green Bean Almandine Stemmed Baby Carrots Yeast Roll / Cornbread / Corn Muffin	Chicken & Sausage Gumbo / Rice Creamy Lobster Soup w/ Lobster Meat Assorted Deli Meats / Cheeses Chopped Steak / Onions / Gravy Mashed Potatoes / Beef Gravy Sautéed Sliced Mushrooms Stewed Tomatoes Brown & Serve Roll / Corn Muffin

DESSERTS - REGULAR LINE

DESSERTS - DIET LINE

Mon	Strawberry Dump Cake / Assortment
Tue	Birthday Desserts
Wed	Coconut Cake
Thu	Chocolate Brownie
Fri	Boston Cream Pie
Sat	Heath Bar Crunch Cookies
Sun	Holiday Desserts

Mon	NSA Cherry Pie
Tue	NSA Birthday Desserts
Wed	Fresh Fruit Cups
Thu	Angel Cake with Crushed Pineapple
Fri	NSA Apple Pie
Sat	Assorted NSA Cookies
Sun	NSA Holiday Desserts

* Hamburger	* Cheeseburger	* Sliced Spam
* Grilled All Beef Hot Dog	* Breaded Cod Filet	
* Grilled Skinless, Boneless Chicken Breast		
* Grilled Cheese	* Grilled Ham & Cheese	
* French Fries	* Sweet Potato Fries	* Chili
* Onion Rings (Wed Only)	* Bacon	* Cheese
* Buns	* Flour Tortillas	* White & Wheat Bread
* Condiment Stations Available		

GRILL OPTIONS (LUNCH ONLY)