

AFRH - G / Master Menus Week of 6 / 8 / 2026 / Cycle 5 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Jun 8th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Tomato Cream Cheese Soup Red Bean Soup Beef Nachos with Chili / Queso / Toppings Shrimp & Grits Whole Green Bean Almandine Sautéed Fresh Cut Squash Yeast Roll / Cornbread / Corn Muffin	Tomato Cream Cheese Soup Red Bean Soup Assorted Deli Meats / Cheeses New - Smoked Beef Brisket / BBQ Sauce Potato Salad Stewed Cabbage Sliced Baked Beets with Shallots Slider Roll / Corn Muffin
T U E S Jun 9th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Turkey Noodle Soup Italian Wedding Soup Ham & Cheese Wraps Chicken Parmesan w/ Marinara Sauce Angel Hair Pasta Roasted Fresh Asparagus Spears Normandy Vegetable Blend Garlic Bread / Cornbread / Corn Muffin	Turkey Noodle Soup Italian Wedding Soup Assorted Deli Meats / Cheeses Country Fried Steak / White Gravy Mashed Potatoes / Brown Gravy Butter Beans Stewed Tomatoes Brown & Serve Roll / Corn Muffin
W E D Jun 10th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Potato, Sausage & Kale Soup Chili with Beans Assorted Pizza Slices Chicken & Dumplings Baked Sweet Potato Sugar Snaps Peas Grape Salad Dinner Roll / Cornbread / Corn Muffin	* * BREAKFAST NIGHT * * ----- Chili / Potato, Sausage & Kale Soup Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Waffles Scrambled Eggs with Sausage Grits / Oatmeal / Hash Brown Patty Biscuits / Country Gravy
T H U R Jun 11th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Pineapple Topping Pork Bacon / Biscuits / Country Gravy	Pasta Fagioli Soup Split Pea Soup Tuna Salad / Mini Croissant Fried Chicken Macaroni & Cheese Green Bean Casserole Whole Kernel Corn Slider Roll / Cornbread / Corn Muffin	Pasta Fagioli Soup Split Pea Soup Assorted Deli Meats / Cheeses Smoked Sausage Louisiana-Style Red Beans / Rice Baked Okra / Turnip Greens Yeast Roll / Corn Muffin
F R I Jun 12th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Beef, Spinach & Pasta Soup Chicken & Rice Soup Turkey Pot Pie w/ Golden Flakey Crust Fried Catfish Cocktail / Tartar / Lemon Bada-Bing, Bada-Bang Potatoes Field Peas / Spinach Vrazel Hushpuppies / Cornbread / Corn Muffin	Beef, Spinach & Pasta Soup Chicken & Rice Soup Assorted Deli Meats / Cheeses Baked Pork Chop with Onions & Pork Gravy Baked Potato / Squash Casserole Glazed Sliced Carrots Parker House Roll / Corn Muffin
S A T Jun 13th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Lobster Bisque Home-Style Vegetable Soup Sloppy Joe Chicken Tetrzzini with Linguini Pasta Steamed Broccoli Florets Capri Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Lobster Bisque Home-Style Vegetable Soup Assorted Deli Meats / Cheeses Sliced Roast Beef / Beef Gravy Sour Cream & Chive Mashed Potatoes Steakhouse Mushrooms Creamed Cauliflower Assorted Rolls / Corn Muffin
S U N Jun 14th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Apple Topping Biscuits / Country Gravy	Chicken Tortilla Soup White Bean & Wheat Berry Soup Beef Ravioli in Tomato Sauce Grilled Ham with Grilled Pineapple Scalloped Potatoes Roasted Fresh Cut Zucchini Bermuda Vegetable Blend Yeast Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Roasted Chicken / with Stewed Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Brown & Serve Roll / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

Mon Lemon Meringue
Tue Peanut Butter Cookies
Wed **Honey Bun Cake - New**
Thu Red Velvet Cake
Fri Pecan Pie
Sat Chocolate Chip Cookies
Sun Apple Cobbler / Assortment

DESSERTS - DIET LINE

NSA Apple Pie
Assorted NSA Cookies
Fresh Fruit Cups
Sponge Cake with Diced Pears
NSA Chocolate Parfait
Assorted NSA Cookies
Tropical Fruit Cups / NSA Assortment

* Hamburger * Cheeseburger * Sliced Spam
* Grilled All Beef Hot Dog * Breaded Cod Filet
* Grilled Skinless, Boneless Chicken Breast
* Grilled Cheese * Grilled Ham & Cheese
* French Fries * Sweet Potato Fries * Chili
* Onion Rings (Wed Only) * Bacon * Cheese
* Buns * Flour Tortillas * White & Wheat Bread
* Condiment Stations Available