

AFRH - G / Master Menus Week of 5 / 27 / 2024 / Cycle 1 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N May 27th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	** MEMORIAL DAY ** ----- Chicken Noodle / Fiesta Ham Soups Boiled Shrimp / Lemon / Cocktail BBQ Ribs / Grilled Burgers with Fixins' Grilled All Beef Hot Dogs Coleslaw / Kernel Corn / Corn on the Cob Potato Salad / Western Baked Beans Whole Green Beans / Assorted Desserts	Fiesta Ham Soup Chicken Noodle Soup Assorted Deli Meats / Cheeses Turkey Pot Pie with Biscuit Top Roasted Red Potatoes Steamed Broccoli Florets Grilled Veggie Blend Assorted Rolls / Corn Muffin
T U E S May 28th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Clam Chowder Vegetable Beef & Barley Soup Chicken Caesar Wrap Philly Cheesesteak Casserole with Penne Pasta - New Roasted Fresh Asparagus Spears Creamed Cauliflower Slider Roll / Cornbread / Corn Muffin	Clam Chowder Vegetable Beef & Barley Soup Assorted Deli Meats / Cheeses Rosemary Garlic Pork Chop Baked Sweet Potato Sautéed Cabbage Green Peas & Carrots Yeast Roll / Corn Muffin
W E D May 29th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chicken Tortilla Soup Kansas City Steak Soup Assorted Thin Crust Pizza Chicken Cordon Bleu / Light Cream Sce Cream Cheese Mashed Potatoes Green Lima Beans Cape Cod Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup Kansas City Steak Soup Assorted Deli Meats / Cheeses Fish Almandine / Lemon / Tartar Herb Baked Chicken / Rice Pilaf Seasoned Cut Green Beans Orange Glazed Beets Brown & Serve Roll / Corn Muffin
T H U R May 30th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Apple Topping Pork Bacon / Biscuits / Country Gravy	Chili with Beans / Pimento Cheese Egg Drop Soup Seafood Salad Sweet & Sour Pork Ribs Lo Mein Noodles / Fried Egg Rolls Pacific Rim Vegetable Blend Sugar Snap Peas / Cornbread Parker House Roll / Corn Muffin	Chili with Beans / Pimento Cheese Italian Wedding Soup Assorted Deli Meats / Cheeses Country Fried Steaks/ White Gravy Mashed Potatoes / Brown Gravy Navy Beans with Ham Roasted Brussel Sprouts Yeast Roll / Corn Muffin
F R I May 31st	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Chicken & Rice Soup Split Pea Soup Hot Tamales / Sour Cream & Taco Sauce Fried Shrimp / Cocktail & Tartar Hashbrown Casserole Sautéed Fresh Thick Cut Squash Spinach Vrazel Hushpuppies / Cornbread / Corn Muffin	Chicken & Rice Soup Split Pea Soup Assorted Deli Meats / Cheeses Beef Stew with Potatoes & Carrots over Steamed Rice Stewed Tomatoes Tuscan Vegetable Blend Slider Roll / Corn Muffin
S A T Jun 1st	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Knickerbockers Soup Loaded Potato Soup Cheesy Chicken Fritter w/ Dip Ground Meat and Tomato Sauce Spaghetti / Cheesy Rosemary Bread Buttered Whole Kernel Corn Sautéed Fresh Thick Cut Zucchini Garlic Bread / Cornbread / Corn Muffin	Knickerbockers Soup Loaded Potato Soup Assorted Deli Meats / Cheeses BBQ Beef Short Ribs Potato Salad Boston Baked Beans Sautéed Whole Green Beans Dinner Roll / Corn Muffin
S U N Jun 2nd	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order / Cheesy Diced Potatoes Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Pineapple Topping Biscuits / Country Gravy	Cream of Broccoli Soup Home Style Vegetable Soup Corn Dogs with Mustard Fried Chicken Macaroni & Cheese Collard Greens Sautéed Rutabagas with Ham Parker House Roll / Cornbread / Corn Muffin	Cream of Broccoli Soup Home Style Vegetable Soup Assorted Deli Meats / Cheeses Meatloaf with Gravy on the Side Mashed Potatoes w/Gravy Green Peas Buttered Sliced Carrots Brown & Serve Roll / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

	<u>DESSERTS - REGULAR LINE</u>	<u>DESSERTS - DIET LINE</u>	
Mon	Holiday Desserts	NSA Holiday Desserts	* Grilled Hamburger * Grilled All Beef Hot Dog
Tue	Oatmeal & Raisin Cookies	Assorted SF Cookies	* Grilled Skinless, Boneless Chicken Breast
Wed	MS Mud Cake	Fresh Fruit Cups	* Grilled Cheese * Grilled Ham & Cheese
Thu	Cheesecake w/Drizzle	Sponge Cake with Blueberries	* Breaded Cod Filet * Bacon * Cheese * Chili
Fri	Coconut Meringue Pie	NSA Coconut Cream Pie	* Buns * Flour Tortillas * White & Wheat Bread
Sat	Sugar Cookies	Assorted SF Cookies	* French Fries * Sweet Potato Fries
Sun	Cherry Cobbler	Tropical Fruit Cups	* Beer Battered Onion Rings (Wed Only) * Condiment Stations Available