

AFRH - G / Master Menus Week of 2 / 23 / 2026 / Cycle 2 - REGULAR LINE (Revision 2)

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Feb 23rd	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Tomato Cream Cheese Soup Corn & Potato Chowder Gourmet Turkey Salad / Mini Croissant Smoked Pork Butt Blackeyed Peas / Steamed Rice Stewed Cabbage Sugar Snap Peas Slider Roll / Cornbread / Corn Muffin	Tomato Cream Cheese Soup Corn & Potato Chowder Assorted Deli Meats / Cheeses American-Style Tomato & Beef Goulash w/ Macaroni Prince Edward Vegetable Blend Cauliflower / Cheese Sauce Garlic Bread / Corn Muffin
T U E S Feb 24th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Chili with Beans Vegetable Barley Soup Chicken, Broccoli & Rice Casserole Hot Rueben on Rye Crinkle Cut Fries Stewed Okra & Tomatoes Southwest Stuffed Poblano Peppers Dinner Roll / Cornbread / Corn Muffin	Chili with Beans Vegetable Barley Soup Assorted Deli Meats / Cheeses Swedish Meatballs over Curly Egg Noodles Roasted Fresh Asparagus Spears Sautéed Spinach Parker House Roll / Corn Muffin
W E D Feb 25th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Loaded Potato Soup Chicken & Rice Soup Cajun Baked Red Fish Fried Pork Chop Baked Sweet Potato Squash Casserole Sautéed Brussel Sprouts Yeast Roll / Cornbread / Corn Muffin	** BREAKFAST NIGHT ** Loaded Potato & Chicken & Rice Soups Breakfast Breads, Pastries & Fruits Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Scrambled Eggs with Cheese Pancakes Cheezy Grits / Hash Brown Patty Oatmeal / Biscuits / Country Gravy
T H U R Feb 26th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Banana Topping Pork Bacon / Biscuits / Country Gravy	Turkey Noodle Soup Egg Drop Soup Beef Pot Pie with Golden Flakey Crust General Tso's Chicken Stir-Fried Rice / Egg Rolls Steamed Broccoli Florets Teriyaki Baby Carrots Slider Roll / Cornbread / Corn Muffin	Turkey Noodle Soup Lobster Bisque Assorted Deli Meats / Cheeses Salisbury Steak / Gravy Mashed Potatoes / Field Peas Baked Parmesan Tomato Brown & Serve Rolls / Corn Muffin
F R I Feb 27th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Zesty Italian Soup White Bean Chicken Chili Jumbo Cheese Ravioli w/ Red Sauce Fried Catfish / Cocktail / Tartar / Lemon Hashbrown Casserole Whole Kernel Corn / Corn on the Cob Mustard Greens / Cornbread Hush Puppies / Corn Muffin	White Bean Chicken Chili Tuna Salad / Zesty Italian Soup Assorted Deli Meats / Cheeses Italian Sausage w/ Peppers & Onions Roasted Red Potatoes Sautéed Cabbage Normandy Vegetable Blend Hoagie Roll / Corn Muffin
S A T Feb 28th	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Navy Bean Soup Kielbasa Cabbage Soup Nachos with Ground Beef & Fixins Blackened Shrimp Baked Potato / Butter / Sour Cream Sautéed Mushrooms Bermuda Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Navy Bean Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Roasted Chicken / with Stewed Potatoes, Carrots & Celery Steamed Rice Green Peas / Sautéed Rutabagas Parker House Roll / Corn Muffin
S U N Mar 1st	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Strawberry Topping Biscuits / Country Gravy	Cheeseburger Broccoli Chowder Knickerbocker Soup Fried Chicken Wings / Ranch BBQ Country-Style Pork Ribs Mac & Cheese / Potato Salad Carolina BBQ Baked Beans Seasoned Cut Green Beans Brown & Serve / Cornbread / Corn Muffin	Cheeseburger Broccoli Chowder Knickerbocker Soup Assorted Deli Meats / Cheeses Grilled Beef Tips w/ Onions & Peppers Mashed Potatoes Sautéed Fresh Cut Zucchini Sliced Harvard Beets Yeast Roll / Corn Muffin

GRILL OPTIONS (LUNCH ONLY)

DESSERTS - REGULAR LINE

Mon	Peach Pie
Tue	Royale Cookies
Wed	Carrot Cake
Thu	Chocolate Cake
Fri	Butterscotch Parfait
Sat	Rocky Road Cookies
Sun	Pineapple Bread Pudding / Assortment

DESSERTS - DIET LINE

NSA Apple Pie
Assorted NSA Cookies
Fresh Fruit Cups
NSA Chocolate Parfait
Angel Cake with Peaches
Assorted NSA Cookies
Tropical Fruit Cups / NSA Assortment

* Hamburger	* Cheeseburger	* Sliced Spam
* All Beef Hot Dog	* Breaded Cod Filet	
* Grilled Skinless, Boneless Chicken Breast		
* Grilled Cheese	* Grilled Ham & Cheese	
* French Fries	* Sweet Potato Fries	* Chili
* Onion Rings (Wed Only)	* Bacon	* Cheese
* Buns	* Flour Tortillas	* White & Wheat Bread
* Condiment Stations Available		