

**AFRH - G / Master Menus Week of 6 / 22 / 2026 / Cycle 1 - REGULAR LINE ( Revision 2 )**

	<b>BREAKFAST - 0700 - 0830</b>	<b>LUNCH - 1130 - 1300</b>	<b>DINNER - 1630 - 1800</b>
<b>M O N</b>  <b>Jun 22nd</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Chili with Beans Vegetable Beef Soup Club Sandwich Quarters / Chips Smoked Sausage Louisiana-Style Red Beans / Rice Fried Okra Corn Casserole Brown & Serve / Cornbread / Corn Muffin	Chili with Beans Vegetable Beef Soup Assorted Deli Meats / Cheeses Herb Roasted Chicken Gouda Cheese Grits Sugar Snap Peas Bermuda Vegetable Blend Assorted Rolls / Corn Muffin
<b>T U E S</b>  <b>Jun 23rd</b>	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Pork Bacon / Lyonnaise Potatoes Biscuits / Country Gravy	Minestrone Soup Clam Chowder Chicken Caesar Wrap Philly Cheesesteak Casserole with Penne Pasta Roasted Fresh Asparagus Spears Creamed Cauliflower Slider Roll / Cornbread / Corn Muffin	Minestrone Soup Clam Chowder Assorted Deli Meats / Cheeses Rosemary Garlic Pork Chop Baked Sweet Potato Green Peas & Carrots Sautéed Cabbage Yeast Roll / Corn Muffin
<b>W E D</b>  <b>Jun 24th</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Grilled Ham Steaks Baked Beans / Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Chicken Tortilla Soup Kansas City Steak Soup Assorted Pizza Slices Chicken Cordon Bleu Rice Pilaf / Béchamel Sauce Steamed Broccoli Florets Key Biscayne Vegetable Blend Dinner Roll / Cornbread / Corn Muffin	Chicken Tortilla Soup Kansas City Steak Soup Assorted Deli Meats / Cheeses Turkey Pot Pie w/ Golden Flakey Crust Roasted Red Potatoes Green Baby Lima Beans Normandy Vegetable Blend Brown & Serve Roll / Corn Muffin
<b>T H U R</b>  <b>Jun 25th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Sausage Patties / Hash Browns Pancakes / Apple Topping Pork Bacon / Biscuits / Country Gravy	Chicken & Wild Rice Soup Egg Drop Soup Seafood Salad / Mini Croissant <b>Char Siu Pork - New</b> Asian-Style Noodles / Egg Rolls Stir-Fried Asian Vegetable Blend Whole Green Beans / Cornbread Parker House Roll / Corn Muffin	Chicken & Wild Rice Soup Italian Wedding Soup Assorted Deli Meats / Cheeses Country Fried Steaks/ White Gravy Mashed Potatoes / Brown Gravy Navy Beans with Ham Roasted Brussel Sprouts Yeast Roll / Corn Muffin
<b>F R I</b>  <b>Jun 26th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Creamed Ground Beef Pork Bacon / Home Fried Potatoes Biscuits / Country Gravy	Split Pea Soup Turkey Noodle Soup Hot Tamale Pie / Enchilada Sauce Fried Shrimp / Cocktail / Tartar / Lemon Baked Potato / Butter / Sour Cream Sautéed Fresh Cut Squash Spinach Vrazel Hushpuppies / Cornbread / Corn Muffin	Split Pea Soup Turkey Noodle Soup Assorted Deli Meats / Cheeses Home-Style Beef Stew over Steamed Rice Stewed Tomatoes Orange Glazed Beets Slider Roll / Corn Muffin
<b>S A T</b>  <b>Jun 27th</b>	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Corned Beef Hash Pork Bacon / Hash Browns Biscuits / Sausage Gravy	Chicken & Sausage Gumbo / Rice Cream of Broccoli Soup Smoked Chicken Wings Ground Meat and Tomato Sauce Spaghetti / Garlic & Cheddar Muffin Buttered Whole Kernel Corn Sautéed Fresh Cut Zucchini Garlic Bread / Cornbread / Corn Muffin	Chicken & Sausage Gumbo / Rice Cream of Broccoli Soup Assorted Deli Meats / Cheeses BBQ Beef Short Ribs Potato Salad Boston Baked Beans Seasoned Cut Green Beans Dinner Roll / Corn Muffin
<b>S U N</b>  <b>Jun 28th</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits / Cheesy Diced Potatoes TO ORDER: Eggs / Sliced Spam Eggs - Scrambled / Hard Boiled Pork Bacon / Smoked Rope Sausage Waffles / Pineapple Topping Biscuits / Country Gravy	Loaded Potato Soup Home-Style Vegetable Soup Corn Dogs with Mustard Fried Chicken Macaroni & Cheese Collard Greens Sautéed Rutabagas with Ham Parker House Roll / Cornbread / Corn Muffin	Loaded Potato Soup Home-Style Vegetable Soup Assorted Deli Meats / Cheeses Meatloaf with Gravy on the Side Mashed Potatoes w/Gravy Green Peas Buttered Sliced Carrots Brown & Serve Roll / Corn Muffin

**GRILL OPTIONS (LUNCH ONLY)**

**DESSERTS - REGULAR LINE**

<b>Mon</b>	Banana Pudding
<b>Tue</b>	Oatmeal & Raisin Cookies
<b>Wed</b>	MS Mud Cake
<b>Thu</b>	Cheesecake w/Drizzle
<b>Fri</b>	Pecan Pie
<b>Sat</b>	Sugar Cookies
<b>Sun</b>	Cherry Cobbler / Assortment

**DESSERTS - DIET LINE**

NSA Banana Pudding
Assorted NSA Cookies
Fresh Fruit Cups
Sponge Cake with Blueberries
NSA Peach Pie
Assorted NSA Cookies
Tropical Fruit Cups / NSA Assortment

* Hamburger	* Cheeseburger	* Sliced Spam
* All Beef Hot Dog	* Breaded Cod Filet	
* Grilled Skinless, Boneless Chicken Breast		
* Grilled Cheese	* Grilled Ham & Cheese	
* French Fries	* Sweet Potato Fries	* Chili
* Onion Rings (Wed Only)	* Bacon	* Cheese
* Buns	* Flour Tortillas	* White & Wheat Bread
* Condiment Stations Available		